

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
			7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 WHITE BOARD GAMES 3:00 BODIES IN MOTION	1 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 REFRESHMENTS 3:00 MINDS IN MOTION Groundhog Day	2 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 JOYFUL NOISE W/ CORD 10:30 EXERCISE/STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 CRAFT TIME 2:00 WHITE BOARD GAMES 3:00 BODIES IN MOTION	3 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 REST & REFLECTION 3:00 MINDS IN MOTION	4 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 REST & REFLECTION 3:00 MINDS IN MOTION
7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 REST & REFLECTION 3:00 MINDS IN MOTION	5 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENT 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 VALENTINE'S CRAFTS 3:00 BODIES IN MOTION	6 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 CRAFT TIME 2:00 REFRESHMENTS 3:00 MINDS IN MOTION	7 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 WHITE BOARD GAMES 3:00 BODIES IN MOTION	8 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 WHITE BOARD GAMES 3:00 BODIES IN MOTION	9 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 CRAFT TIME 2:00 REFRESHMENTS 3:00 MINDS IN MOTION	10 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 WHITE BOARD GAMES 3:00 BODIES IN MOTION	11 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 REST & REFLECTION 3:00 MINDS IN MOTION
7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 REST & REFLECTION 3:00 MINDS IN MOTION	12 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENT 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 MARDI GRAS CRAFTS 3:00 BODIES IN MOTION	13 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 VALENTINE'S DAY PARTY 3:00 MINDS IN MOTION Valentine's Day	14 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 CRAFT TIME 2:00 WHITE BOARD GAMES 3:00 BODIES IN MOTION	15 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 WHITE BOARD GAMES 3:00 BODIES IN MOTION	16 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 CRAFT TIME 2:00 REFRESHMENTS 3:00 MINDS IN MOTION	17 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 JOYFUL NOISE W/ CORD 10:30 EXERCISE/STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 WHITE BOARD GAMES 3:00 BODIES IN MOTION	18 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 REST & REFLECTION 3:00 MINDS IN MOTION
7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 REST & REFLECTION 3:00 MINDS IN MOTION	19 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENT 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 PRESIDENTS DAY COLORING 3:00 BODIES IN MOTION Presidents' Day (US)	20 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 CRAFT TIME 2:00 MARDI GRAS PARTY 3:00 MUSIC W/ GATHAN GRAHAM Mardi Gras	21 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 WHITE BOARD GAMES 3:00 BODIES IN MOTION	22 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 WHITE BOARD GAMES 3:00 BODIES IN MOTION Ash Wednesday	23 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 CRAFT TIME 2:00 REFRESHMENTS 3:00 MINDS IN MOTION	24 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 WHITE BOARD GAMES 3:00 BODIES IN MOTION	25 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 REST & REFLECTION 3:00 MINDS IN MOTION
7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 REST & REFLECTION 3:00 MINDS IN MOTION	26 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENT 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 COLORING FUN 3:00 BODIES IN MOTION	27 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 CRAFT TIME 2:00 REFRESHMENTS 3:00 MINDS IN MOTION	28 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 CRAFT TIME 2:00 REFRESHMENTS 3:00 MINDS IN MOTION	<h1 style="color: red;">February 2023</h1> <h2 style="color: blue;">Arbor House Reminisce</h2>			