

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# December 2022

## Arbor House Reminisce

<p>7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 REST &amp; REFLECTION 3:00 MINDS IN MOTION</p>	<p>7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENT 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 SNOWFLAKE CRAFTS 3:00 BODIES IN MOTION</p>	<p>7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 CRAFT TIME 2:00 REFRESHMENTS 3:00 MINDS IN MOTION</p>	<p>7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 WHITE BOARD GAMES 3:00 BODIES IN MOTION</p>	<p>7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 CRAFT TIME 2:00 CRANBERRY REFRESHMENTS 3:00 MINDS IN MOTION</p>	<p>7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 JOYFUL NOISE W/ CORD 10:30 EXERCISE/STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 WHITE BOARD GAMES 3:00 BODIES IN MOTION</p>	<p>7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 REST &amp; REFLECTION 3:00 MINDS IN MOTION</p>
<p>7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 REST &amp; REFLECTION 3:00 MINDS IN MOTION</p>	<p>7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENT 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 CHRISTMAS TREE CRAFTS 3:00 BODIES IN MOTION</p>	<p>7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 CRAFT TIME 2:00 REFRESHMENTS 3:00 MINDS IN MOTION</p>	<p>7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 WHITE BOARD GAMES 3:00 BODIES IN MOTION</p>	<p>7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 CRAFT TIME 2:00 HOT COCOA &amp; MARSHMELLOWS 3:00 MINDS IN MOTION</p>	<p>7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 JOYFUL NOISE W/ CORD 10:30 EXERCISE/STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:30 CHRISTMAS PARTY WITH SANTA 3:00 BODIES IN MOTION</p>	<p>7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 REST &amp; REFLECTION 3:00 MINDS IN MOTION</p>
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<p>7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 CHRISTMAS LUNCHEON 1:30 SNACKTIME 2:00 REST &amp; REFLECTION 3:00 MINDS IN MOTION</p> <p>Christmas</p>	<p>7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENT 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 WINTER CRAFTS 3:00 BODIES IN MOTION</p> <p>Boxing Day (Canada) Kwanzaa Begins</p>	<p>7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 CRAFT TIME 2:00 REFRESHMENTS 3:00 MINDS IN MOTION</p>	<p>7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 WHITE BOARD GAMES 3:00 BODIES IN MOTION</p>	<p>7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 NEW YEARS EVE CRAFTS 2:00 REFRESHMENTS 3:00 MINDS IN MOTION</p>	<p>7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 JOYFUL NOISE W/ CORD 10:30 EXERCISE/STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 WHITE BOARD GAMES 3:00 BODIES IN MOTION</p>	<p>7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 NEW YEARS EVE SNACKS 2:00 REST &amp; REFLECTION 3:00 MINDS IN MOTION</p> <p>New Year's Eve</p>