




Arbor House of Marble Falls

September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Happy Birthday! Shirlene 9/1 Barbara C. 9/11 Maurine 9/13 Hazel 9/16			1 Shirlene 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Dominoes 2:00 Health Talk w/ Elisa 3:00 Bingo 4:00 Table Games w/ Friends	2 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Dominoes 2:00 End of Summer Happy Hour 4:00 Games w/ Friends	3 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise w/ Friends 2:00 Coffee Chat 4:00 Dominoes 6:00 Saturday Night Movie
4 10:00 TV Church Service 11:00 Table games w/friends 2:30 Sunday Movie Matinee 3:00 Coffee Talk	5 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Mexican Train 1:00- 4:00 Nails 2:00 Dominoes 4:00 Games w/ Friends 6:00 Movie Matinee	6 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise w/ Cindy 11:00 Dominoes 2:00 Craft Corner 3:00 Bingo 4:00 Games w/ Friends	7 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Out to Lunch 2:00 Exercise your Brain 4:00 Bible Study w/ Lane 6:00 Movie Night	8 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Dominoes 2:00 Craft Corner 3:00 Bingo 4:00 Table Games w/ Friends	9 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Dominoes 2:00 Birthday Happy Hour 4:00 Games w/ Friends	10 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise w/ Friends 2:00 Coffee Chat 4:00 Dominoes 6:00 Saturday Night Movie
11 Barbara C. 10:00 TV Church Service 11:00 Table games w/friends 2:30 Sunday Movie Matinee 3:00 Coffee Talk	12 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Mexican Train 1:00- 4:00 Nails 2:00 Dominoes 4:00 Games w/ Friends 6:00 Movie Matinee	13 Maurine 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise w/ Cindy 11:00 Dominoes 2:00 Craft Corner 3:00 Bingo 4:00 Games w/ Friends	14 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Resident Council 1:00 Food Committee 2:00 Dominoes 4:00 Bible Study w/ Lane 6:00 Movie Night	15 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Dominoes 2:00 Craft Corner 3:00 Bingo 4:00 Table Games w/ Friends	16 Hazel 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Dominoes 2:00 Auction Happy Hour 4:00 Games w/ Friends	17 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise w/ Friends 2:00 Coffee Chat 4:00 Dominoes 6:00 Saturday Night Movie

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 10:00 TV Church Service 11:00 Table games w/friends 2:30 Sunday Movie Matinee 3:00 First Baptist Church of Marble Falls	19 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Mexican Train 1:00- 4:00 Nails 2:00 Dominoes 4:00 Games w/ Friends 6:00 Movie Matinee	20 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise w/ Cindy 11:00 Dominoes 2:00 Craft Corner 3:00 Bingo 4:00 Games w/ Friends	21 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Dominoes 2:00 Exercise your Brain 4:00 Bible Study w/ Lane 6:00 Movie Night	22 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Dominoes 2:00 Craft Corner 3:00 Bingo 4:00 Table Games w/ Friends	23 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Dominoes 2:00 Mexican Train Happy Hour 4:00 Games w/ Friends	24 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise w/ Friends 2:00 Coffee Chat 4:00 Dominoes 6:00 Saturday Night Movie
25 10:00 TV Church Service 11:00 Table games w/friends 2:30 Sunday Movie Matinee 3:00 Coffee Talk	26 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Mexican Train 1:00- 4:00 Nails 2:00 Dominoes 4:00 Games w/ Friends 6:00 Movie Matinee	27 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise w/ Cindy 11:00 Dominoes 2:00 Craft Corner 3:00 Bingo 4:00 Games w/ Friends	28 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Out to Lunch 2:00 Dominoes 4:00 Bible Study w/ Lane 6:00 Movie Night	29 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Dominoes 2:00 Craft Corner 3:00 Bingo 4:00 Table Games w/ Friends	30 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Dominoes 2:00 Painting with a Twist Happy Hour 4:00 Games w/ Friends	Please Note: The Schedule is subject to change to meet the needs of the residents.