

Arbor House Norman



Our Staff

Judy Kirkland
Executive Director

Marki Denton
Director of Nursing

Kimberly Vincent
Admission & Marketing

Sarah Dixon
Dietary Supervisor

Andy Start
Maintenance Supervisor

Kimberly Appleby
Wellness Coordinator

Laura Tucker
Administrative Assistant

Shelley Jones
RN Consultant



The Gold Rush

On August 16, 1896, prospector George Carmack and his family were looking for gold along Rabbit Creek, a tributary of the Klondike River in Canada's Yukon Territory. Gold was discovered in vast quantities, and Carmack immediately filed claims to mine the land. Word of the find quickly spread, and by the end of August, the length of the entire creek had been claimed by gold miners. Not even winter could stop the miners, and prospectors raced by dog sled to the Klondike and the newly renamed Bonanza Creek.

It wasn't until July of 1897 that the first shipments of Klondike gold arrived in the cities of Seattle and San Francisco. The gold shipments were valued at \$1.13 million. (That's over one billion of today's dollars!) Word of the gold spread like wildfire, and soon prospectors from all over the world were flooding the West Coast and preparing for the journey north. A great economic boom hit cities like Seattle and San Francisco, which birthed outfitting and supply industries for the prospectors.

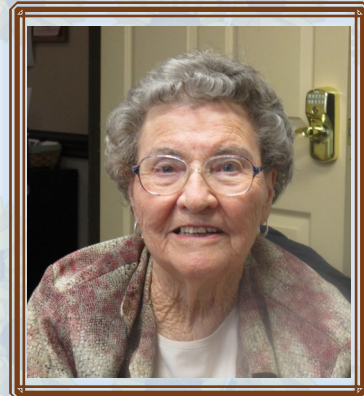
It is estimated that 100,000 people attempted the trip into the Klondike between the summers of 1897 and 1898. Many gold-seekers had no experience whatsoever in mining or prospecting. Mass resignations occurred across the country as people left their livelihoods behind to search for riches. Even Seattle's mayor left his post to try his luck. Of the 100,000 aspiring gold miners, only 30,000 eventually made it to the Klondike.

Travel to the Yukon proved treacherous thanks to mountainous terrain and unpredictable weather. The Canadian government issued strict food and equipment requirements for prospectors in an attempt to prevent death from exposure and starvation. Of the 30,000 who made it to the Yukon, only 4,000 struck gold. And of these 4,000, only a few hundred became rich. By the summer of 1898, the word *Klondike* was spoken with scorn. As rumors of gold found in other northern locales spread, the Klondike was abandoned, and the gold rush was over.

Welcome to Arbor House!



Wilma M.



Ruth C.



Decorating for July 4th!



Finish the Sayings

These well-known sayings have had all of the vowels (A, E, I, O, and U) removed. Can you replace them and reveal the sayings?

EXAMPLE

__ T, DR __ NK, __ ND B __ M __ RRY
(EAT, DRINK, AND BE MERRY)



1. G __ _ D TH __ NGS C __ M __ T __ TH __ S __ WH __ W __ _ T.

2. TW __ WR __ NGS D __ N'T M __ K __ _ R __ GHT.

3. Y __ _ C __ N L __ _ D __ H __ RS __ T __ W __ T __ R, B __ T
Y __ _ C __ NN __ T M __ K __ H __ M DR __ NK.

4. __ P __ NNY S __ V __ D __ S __ P __ NNY __ _ RN __ D.

5. __ V __ R TH __ M __ _ N

6. __ B __ D W __ RKM __ N __ LW __ YS BL __ M __ S H __ S
T __ _ LS.

7. T __ _ _ CH H __ S __ WN.

Our Philosophy

Giving new meaning to Life

The Arbor House Philosophy is based on the belief that each resident is entitled to the highest quality of life through wellness services that work to promote independence, healthy lifestyles, dignity, and a sense of security.

The right of each resident to determine his/her need is respected at each level of care, and promoted by providing services in ways that recognize individuals needs and preferences.

A partnership exists between residents and staff to promote individual's independence while providing the necessary support to function at his/her highest level.

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 **AUGUST** 



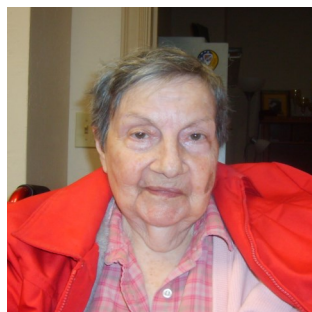
8- 5 Charlotte C.



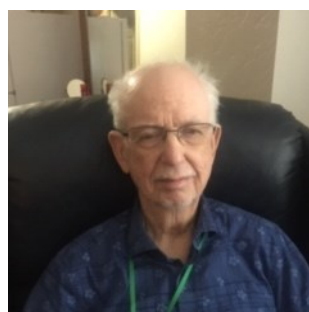
8- 15 Ruth B.



8- 16 Wanda G.



8- 23 Doris H.



8- 31 Clayton P.



8-31 Wayne M.



Staff

8 - 16 Amber P.



Flower of the month – Gladiolus

Gladiolus are August's flower. This lovely flower represents strength and integrity—not surprising when you consider that its name comes from the Latin word for sword, gladius. While its sword-shaped stems might imply Roman gladiators, its romantic flowers are capable of piercing a heart with their beauty. This might be why infatuation is another of this flower's meanings. Gladiolus, or “glads” as they are commonly called, come in a range of colors and sizes, making them a versatile mainstay in floral bouquets.

Birthstone – Peridot

In 1912, the American National Association of Jewelers adopted the peridot as the official birthstone for August. The pronunciation of this gem is often confused: it is correctly pronounced PAIR-uh-doh, not PAIR-uh-dot. Peridot is a green gemstone that is as popular today as it was in the past. It has been found in ruins of ancient Egypt and Greece. It was often called the “evening emerald” by ancient Romans, who noticed that its green color shone even more vividly in lamplight, resembling deep green emeralds.

