

## **Arbor House**

Assisted Living & Independent Living

#### Marble Falls TX

#### **August 2022**

#### Meet Your Arbor House Team

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> Anthony Perez Maintenance Director

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## What's Happening...

#### Hello August !

With the weather being so warm we will be having fun indoors. We are going to be doing our part of giving back to our community. This month is National Dog month, so we will be making homemade dog treats to donate to the animal shelter. We will also be putting together small kits of school supplies to pass out to the kids for the start of school.

If you would like to donate or volunteer for either of these projects , please call Teresa Ruddick @ 512-525-0320

Wish list : gallon bags, crayons, markers, highlighters, etc.

















### **Volunteer Fun**

Chris, Janet, Beverly and Jackie helped make stuffed dolls for our memory care residents. We hand delivered them and what a wonderful interaction between old friends. Even stayed for pecan pie























RockPoint Church came out to visit us . We played dominoes, stuffed dolls and they even picked up the community grounds for us.

Karen with her weekly "Exercise your Brain" event.

# Fourth of July Happy Hou

















# **Special Thanks To**

First Baptist Church of Marble Falls

Cindy with Encompass Home Health

Karen Suttra ~ Volunteering and Donations

**Jane Corley ~ Volunteering** 

Scott Payne, Glenn Pederson, Entertainers

**All of our Care Friends** 





FACEBOOK

@ arborhousemarblefalls



Arbor House Assisted Living, provides a beautiful home for you in a friendly, secure and supportive environment. Your privacy, dignity, and independence will be respected and promoted by a warm and caring staff. Your sunlit home includes a flowering courtyard, movie theater, and coffee shop where neighbors share friendships and good times.

Residents enjoy the comfort of being catered to with services such as three delicious meals each day served restaurant style, weekly laundry and housekeeping, planned group activities, and assistance as needed with personal care such as bathing, dressing, grooming and walking.

Arbor House also has a dedicated community for residents with memory care needs. Our Evergreen community has been designed based on the most common and relevant studies and is dedicated to creating an environment that promotes independence and dignity for those managing dementia-causing diseases such as Alzheimer's. For example, we use orange dinning ware, which studies tells us improves appetite. In addition, a persons ability to visually process the food on the plate can be affected by the journey of the disease, and this contrast can make eating easier and reduce mealtime stress.

For people managing dementia a structured and purpose-filled day reduces stress and "sun downing". Our engagement program "Life in Motion", offers a consistent routine to increase independence and to provide our residents joy, purpose, and connection.

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