

Arbor House of Marble Falls

August 2022

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|---|---|--|
| | 1 | 2 | 3 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Out to Lunch 2:00 Dominoes 4:00 Bible Study w/ Lane 6:00 Movie Night | 4 Katie 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Dominoes 2:00 Health Talk w/ Elisa 3:00 Bingo 4:00 Table Games w/ Friends | 5 Shirley 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Dominoes 2:00 Happy Hour 4:00 Games w/ Friends | 6 9:45 Devotion 10:00 Exercise w/ Friends 2:00 Coffee Chat 4:00 Dominoes 6:00 Saturday Night Movie |
| 7 10:00 TV Church Service 11:00 Table games w/friends 2:30 Sunday Movie Matinee 3:00 Coffee Talk | 8 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 1:00- 4:00 Nails 2:00 Dominoes 4:00 Games w/ Friends 6:00 Movie Matinee | 19 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise w/ Cindy 11:00 Dominoes 2:00 Craft Corner 3:00 Bingo 4:00 Games w/ Friends | 10 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Dominoes 2:00 Exercise your Brain 4:00 Bible Study w/ Lane 6:00 Movie Night | 11 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Dominoes 2:00 Craft Corner 3:00 Bingo 4:00 Table Games w/ Friends | 12 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Dominoes 2:00 Birthday Happy Hour 4:00 Games w/ Friends | 13 9:45 Devotion 10:00 Exercise w/ Friends 2:00 Coffee Chat 4:00 Dominoes 6:00 Saturday Night Movie |
| 14 10:00 TV Church Service 11:00 Table games w/friends 2:30 Sunday Movie Matinee 3:00 Coffee Talk | 15 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 1:00- 4:00 Nails 2:00 Dominoes 4:00 Games w/ Friends 6:00 Movie Matinee | 16 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise w/ Cindy 11:00 Dominoes 2:00 Craft Corner 3:00 Bingo 4:00 Games w/ Friends | 17 Dean 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Dominoes 2:00 Shopping 4:00 Bible Study w/ Lane 6:00 Movie Night | 18 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Dominoes 2:00 Craft Corner 3:00 Bingo 4:00 Table Games w/ Friends | 19 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Dominoes 2:00 Ice Cream sundaes Happy Hour 4:00 Games w/ Friends | 20 Bobbie 9:45 Devotion 10:00 Exercise w/ Friends 2:00 Coffee Chat 4:00 Dominoes 6:00 Saturday Night Movie |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|--|--|--|
| 21 10:00 TV Church Service 11:00 Table games w/friends 2:30 Sunday Movie Matinee 3:00 First Baptist Church of Marble Falls | 22 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 1:00- 4:00 Nails 2:00 Dominoes 4:00 Games w/ Friends 6:00 Movie Night | 23 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise w/ Cindy 11:00 Dominoes 2:00 Craft Corner 3:00 Bingo 4:00 Games w/ Friends | 24 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Dominoes 2:00 Exercise your Brain 4:00 Bible Study w/ Lane 6:00 Movie Night | 25 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Dominoes 2:00 Craft Corner 3:00 Bingo 4:00 Table Games w/ Friends | 26 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Dominoes 2:00 Painting with a Twist Happy Hour 4:00 Games w/ Friends | 27 9:45 Devotion 10:00 Exercise w/ Friends 2:00 Coffee Chat 4:00 Dominoes 6:00 Saturday Night Movie |
| 28 10:00 TV Church Service 11:00 Table games w/friends 2:30 Sunday Movie Matinee 3:00 Coffee Talk | 29 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 1:00- 4:00 Nails 2:00 Dominoes 4:00 Games w/ Friends 6:00 Movie Matinee | 30 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise w/ Cindy 11:00 Dominoes 2:00 Craft Corner 3:00 Bingo 4:00 Games w/ Friends | 31 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 11:00 Out to Lunch 2:00 Dominoes 4:00 Bible Study w/ Lane 6:00 Movie Night |  |  | Please Note: The Schedule is subject to change to meet the needs of the residents. |