

MUSTANG ARBOR HOUSE TIMES



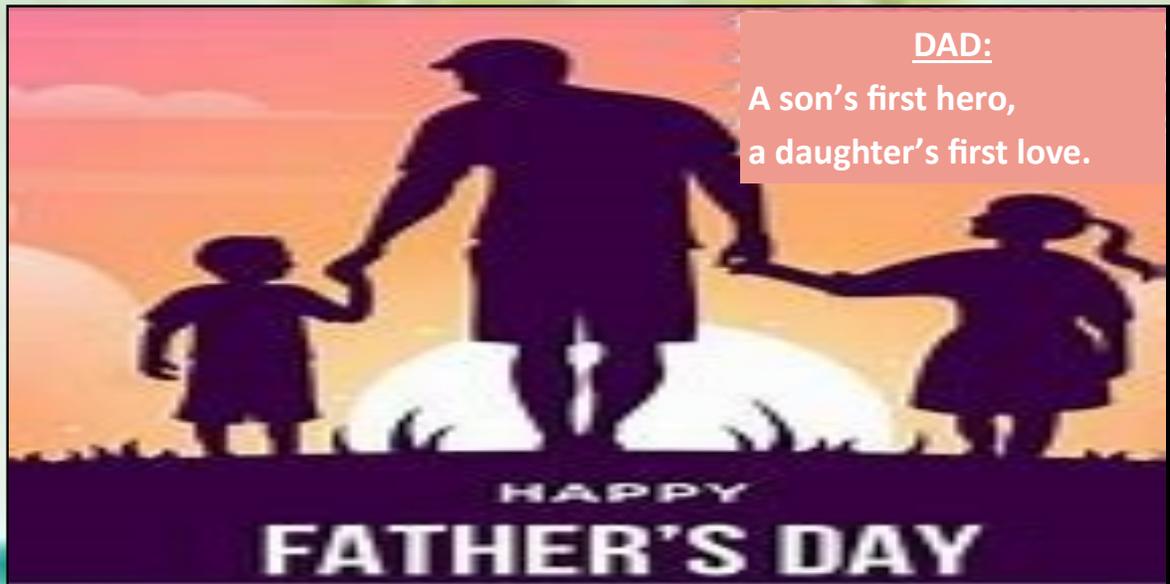
June 2022

6/14 Flag Day

6/16 - 6/23 CNA Appreciation Week

6/19 Father's Day

6/21 Summer Begins



DAD:

A son's first hero,
a daughter's first love.

Father's Day is celebrated annually in June on the 3rd Sunday of the month. It is a relatively new holiday, having only become "official" in 1972. There are two main stories about how Father's Day was founded. The holiday's first inspiration came from a man named, William Jackson Smart, from Arkansas who was twice-widowed and a father of 14. He was also a double-Civil War veteran—meaning he fought for both sides. At 19 he was driving a supply wagon for the Confederacy when he was captured by the U.S. at the Battle of Pea Ridge in 1862. Rather than languish in a prisoner of war camp, he reemerged as a soldier fighting for the union instead. He was more than one of 100,000 southerners who rejected the confederacy and fought for the U.S. during the civil war. Due to this William was indicated as a "Reb" first before he was considered a "Yank". After the war, William married his first wife, Elizabeth and had five children. Elizabeth died in 1878 and he remarried and moved to Washington in 1880. His second wife, Ellen was already a widower and had three children with a previous husband. Together they had six more children before his second wife, Ellen passed away making him a widow for the second time at age 56. In 1909, Ellen and Williams daughter, Sonora Smart Dodd was listening to a sermon at church on mother's day when she wondered, why not have a day honoring and celebrating fathers? She recalled her father as a "great home person" and a man who exemplified fatherly love and protection. She stated "He was both a father and a mother to me and my brothers and sisters." In 1910 on the 5th of June in recognition of her father's birthday, Sonora brought a petition before the Spokane Ministerial Alliance to recognize the courage and devotion of all fathers. The local clergy liked the idea of a special Father's Day service, but couldn't pull something together so quickly. They settled for June 19, 1910 and according to some, it is considered to be the nation's first Father's Day. Sonora continued on and spent much of the next 60 years pushing for the official recognition of Father's Day as a national holiday. In 1916, President Wilson honored the day by using telegraph signals to unfurl a flag in Spokane when he pressed a button Washington, D.C. In 1924, President Calvin Coolidge suggested that Father's Day should become a national holiday and urged state governments to observe it. In 1966, Lyndon B. Johnson designated the third Sunday of June as the official date to celebrate Father's Day and made a request that flags be flown on all government buildings that day in honor of fatherhood. However, it only became officially recognized as a national holiday in 1972, when President Richard Nixon, while in the midst of his re-election campaign, signed a Congressional resolution finally making Father's Day a federal holiday. Today, Father's Day is celebrated by over 50 countries. The second story about the origin of Father's Day comes from a few years prior on July 5, 1908 in Fairmont, West Virginia at a church. A lady named Grace Golden Clayton suggested to the local church that they should hold services to commemorate the fathers who died in a fatal mine explosion nearby. Her father was one of the 361 men who passed in the mining disaster. The pastor agreed, on behalf of her request and approximately 1000 other children the disaster had left fatherless. Her request resulted in the first public sponsored sermon honoring the memories of the fathers who had died at the Fairmont Coal Company mines.

Happy Birthday!!!

6/4 Jimmie Corbitt

6/5 Erlene Davis

6/9 Caroline Stewart

6/10 Emberlyn Leiting

6/11 Sarah Ross

6/26 Frankie Schaefer

God Made a CNA

And on the 8th day, God looked down on his planned paradise and said, "I need a caregiver of the people."

God said, "I need somebody willing to get up before dawn, or stay up through the night to answer call lights, work on their feet for a whole shift, stay over when someone calls off, then go home to cook dinner, help with homework, do laundry, give baths, all in order to take care of their own family even when the whole body aches from work. Just to go to sleep, then get back up and do it all over again." So God made a CNA.

God said "I need somebody willing to work at double speed for 8, 12, or 16 hours. I need somebody willing to spend Easter, Thanksgiving, and Christmas holidays with them instead of their own family, someone who will keep smiling and display a positive attitude throughout the entire shift." So God made a CNA.

God said "I need somebody with arms strong enough to pick them up and put them to bed, but yet gentle enough to reposition without waking them in the middle of the night. I need somebody to give showers, change briefs, dress them, comb hair, trim and paint nails, walk with or push them to where they want to go, feed the hungry, fill water pitchers, get snacks and then change yet another brief to get them through each day. I need somebody who, while doing this, can take the time to listen, and talk with a caring heart, and a kind voice. I need somebody who is patient and sincere." So God made a CNA

God said, "I need somebody willing to comfort, provide care, and hold a hand in times of need. Somebody who is empathetic and can provide love to those at the end of life. I need somebody who can comfort the family members with a hug and tell them that their loved ones will be missed, all while not letting them see you dry your eyes." So

God made a CNA.

God said, "It had to be somebody who was dedicated and hard-working and would not cut corners. It had to be somebody willing to monitor, assist, transfer, lift, turn, bathe, feed, run, hug, hold, love, notify, ambulate, pass the trays, engage and interact with the residents and their families. Who would laugh, then sigh, and then reply with smiling eyes when someone says "I could not do what you do."

So God made a CNA.

Thank you to all of our hardworking CNA's and Med Aide's for giving the utmost care and compassion to all of our residents at Arbor House.

Abby Anglin –CNA

Abi Tucker –CNA/MAT

Allison Shepherd -ACMA

Amanda Crawford –ACMA

Angie McGuire –CNA

Anitha Theophiles –ACMA

Ashley LeStarge –CNA/MAT

Brianna Rankin –CNA/MAT

Carlita Philips –CNA

Carolyn Laney –ACMA

Cathy Johnston –ACMA

Cornel Milsap –CMA

Doug McCollough –ACMA

Emberlyn Leiting –CNA/MAT

Heather Cravatt –CNA/MAT

Isabel Enriquez –CNA/MAT

Jennifer Wells –ACMA

Jinette Pacheco –CNA

Katie Hale –CNA/MAT

Kyara Matos –CNA

Lauren Brewer –MAT

Lauren Radford –CNA

Megan Gateley –CNA

Miracle Dawson –CNA

Myesha Russell –CNA/MAT

Rachel Wietelman –CNA

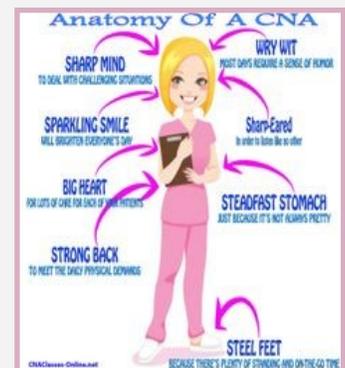
Rebecca Lilly –CNA

Sandra Aguilera –CMA

Sara Way –ACMA

Sarah Ross –CNA/MAT

Tonda Morris –ACMA



Fathers Day Word Search

Find the hidden words.

S S D S S R L G Z T X K R L B
T E F L W E A L H I I A G N A
R K U O E T X O A S P H U G S
O O N O E H U U S B T R A E H
P J N T T G D E V O T E D G V
S T Y O H U S L S U M O N M G
F V C T H A W E R O Z O O N W
V I F E G L I E H Q R L I F H
D U S I P R T C E T O R P L O
L A F H O S F N S V A J G A L
E T D M I U E A E C G U I I I
S I E D J N Z R T R W N V C D
A M T L Y Z G O I H A E I E A
F A M I L Y B R A V E P N P Y
N E R D L I H C Q B B R G S O

BBQ	FATHER	HOLIDAY	LAUGHTER	SPECIAL
BRAVE	FISHING	HOME	LOVE	SPORTS
CARING	FOOTBALL	HONOR	MEMORIES	STRONG
CHILDREN	FUNNY	HUGS	NURTURE	SWEET
DADDY	GIFTS	JOKES	PARENT	THOUGHTFUL
DEVOTED	GIVING	JUNE	PROTECT	TIE
FAMILY	HEART	KISSES	RESPECT	TOOLS

The Arbor House Philosophy is based on the belief that each resident is entitled to the highest quality of life through wellness services that work to promote each individuals: independence, healthy lifestyles, dignity, and a sense of security.

The right of each resident to determine his/her need is respected at each level of care, and promoted by providing services in ways that recognize individuals needs and preferences. A partnership exists between residents and staff to promote individual's independence while providing the necessary support to function at his/her highest level.



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405-376-2872

Our Staff

- Executive Director.....Cristy Davis
- Director of Nursing.....Lynne Zepeda
- Rn Consultant.....Shelly Jones
- Wellness Coordinator.....Tonda Morris
- Executive Assistant.....Allison Shepherd
- Engagement Coordinator.....Douglas McCollough
- Dietary Manager.....Kevin Laughlin
- Maintenance.....Jamey Foote
- Housekeeping.....Esther Gomez/Shawanna Hilling
- Laundry Attendant.....Angie McGuire