

May 2022

Reminisce News

Arbor House Reminisce | 151 48th Ave SW Norman, Ok 73072 | (405) 310-2499



Shaye Donica
COO / Administrator

Cristen Willoughby
Director of Nursing

Shelly Jones
RN Consultant

Blake Faubion
Administrative Assistant

Stephanie Cottrell
Engagement Coordinator

Kimberly Vincent
Marketing / Admissions

Kasey Davis
Dietary Manager

Carla Flores
Housekeeping Manager

An Inventive Month

May is Inventors Month, a good time to consider where we would be without the ingenuity of inventors. Our everyday life is filled with innovative products. Thanks to internet connectivity, we can speak to smart assistants that both turn on our coffee makers and dial our loved ones for a video chat. In many ways, it seems as if the future is already here, but there are plenty more mindboggling innovations just over the horizon.

One of the hottest technological buzzwords of the moment is *metaverse*. What is the metaverse? It is an alternate online virtual world. Using elements of virtual reality and augmented reality, people will use digital avatars to “live” in an online environment where they can interact, communicate, work, and play. Imagine going on a virtual trip to a faraway country with some friends, or attending a virtual meeting in a digital boardroom with colleagues from all around the country. You can even visit digital clothing stores to buy expensive new clothes for your virtual self. These are just small examples of the burgeoning metaverse.

One arena of invention we often forget about is food. In a fast-growing world with limited food resources, finding new ways of feeding the population is necessary. It is becoming more common for food to be grown in a lab. Steaks have already been grown cell-by-cell. Scientists are also improving methods of replicating milk, ice cream, cheese, and eggs. With the dairy industry responsible for more carbon emissions than air travel and shipping combined, these innovations offer a green alternative.

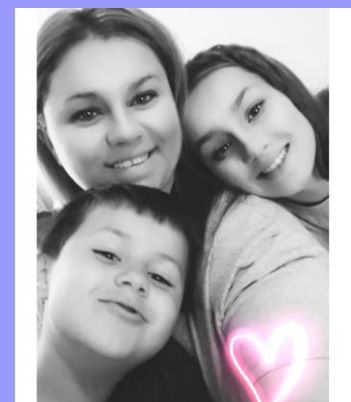

Concrete is the second-most-consumed material on Earth after water. Scientists have invented a living concrete made of sand, gel, and bacteria. They envision an environmentally friendly concrete that can heal its own cracks, absorb dangerous toxins from the air, and glow on command. While your vision of the future might be filled with flying cars and vacations to outer space, a more accurate version might be one filled with lab-grown food, living buildings, and an expansive virtual world.



ALL THAT I AM,
— OR —
HOPE
TO BE,
I OWE TO MY ANGEL
mother.
— ABRAHAM LINCOLN



*Mothers
hold their
children's hands
for a while,
but their hearts
forever.*



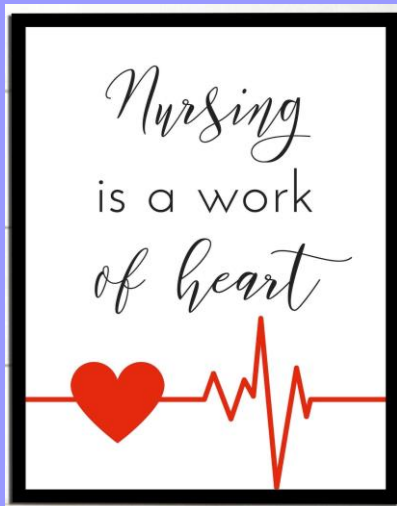
Happy Nurses Week

May 6th – 12th



Thank you for **EVERYTHING** you
do.

We Love YOU!



Motherhood: Priceless



How will you show Mom that you care on this Mother's Day, May 8? In its early days, Mother's Day was celebrated by attending church and sending mom a handwritten letter.

Today, Mother's Day is a \$28 billion industry. As well it should be! After all, if we were to pay Mom for the various tasks she performs, that salary would be over \$116,000 a year. The least we can do is shower her with gifts! Mothers aren't the only ones who look forward to the holiday. It is the busiest day of the year for restaurants, with 80 million people dining out. Jewelry stores make out big, too. Shoppers spend \$5 billion on new bling for Mom. When Mother's Day began in 1914, the floral industry declared that carnations were the best way to honor mothers: red carnations for moms still living, and white for those who had passed. Today, the tradition of gifting flowers lives on. Mother's Day is the number one day for floral sales, which total \$2.66 billion.



Residents

Sophie Elden 05/04

Staff

Kathy B. 05/29

Cristen W. 05/30

Haley W.