

HELLO
June

Under the Shade Tree

Arbor House Memory Care

Marble Falls April 2022



Meet Your Arbor House Team

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www.arborhouseliving.com
License # 105513

What's Happening...

Happy June from our home to yours!

Thank you for sticking with us!

Here at Evergreen we have been treating everyday as an opportunity. Opportunities for new conversations, new memories, and new friends. May was filled with smiles, laughter, holidays, good food, singing, dancing, and just about everything in-between. We will also be celebrating all residents who are fathers this month in their own special way!

As the Texas weather begins to show its true colors, please remember to hydrate and use sunscreen. We will continue to keep your loved ones cool, comfortable, and under the shade tree.

HAPPY ★★★★★

Father's
DAY



Friends in Motion



Life in Motion



Ask the Experts

Today, it is believed that "Alzheimer's disease (AD) is the most common form of Dementia among older people. Dementia is a brain disorder that seriously affects a person's ability to carry out daily activities.

AD begins slowly. It first involves the parts of the brain that control thought, memory and language. People with AD may have trouble remembering things that happened recently or names of people they know. A related problem, mild cognitive impairment (MCI), causes more memory problems than normal for people of the same age. Many, but not all, people with MCI will develop AD.

In AD, over time, symptoms get worse. People may not recognize family members or have trouble speaking, reading or writing. They may forget how to brush their teeth or comb their hair. Later on, they may become anxious or aggressive, or wander away from home. Eventually, they need total care. This can cause great stress for family members who must care for them.

AD usually begins after age 60. The risk goes up as you get older. Your risk is also higher if a family member has had the disease. No treatment can stop the disease. However, some medications may help keep symptoms from getting worse for a limited time.

EVERGREEN WISH LIST

Hello Family and Friends

Below is a list of items that we would be more than happy to have if you are spring cleaning :)

- ***Old Movies***
- ***Board Games***
- ***Costume Jewelry***
- ***Magazines***
- ***Outside yard games: golf clubs, rackets, footballs, baseball mitts, anything that we can enjoy.***
- ***Music CD'S– jazz, oldies, country; music your loved ones would love to hear.***
- ***Art supplies– paint, water-color paper, water colors, colored pencils, large beads***
- ***Cooking Kitchen Supplies for our daily cooking time.***

If you have any questions, please feel free to contact Brennon Diggs for more information

(512) 694-9085



FUN JUNE DAYS!

3rd - National Egg Day

4th - Hug Your Cat Day

10th - National Iced Tea Day

18th - International Sushi Day

27th - National Bingo Day

30th - Work From Home Day

30th- Asteroid Day

Attention Volunteers

If you have a special talent or skill that you would like to share with us, we invite you to join our Evergreen Volunteer Program!

Contact Brennon Diggs

for more information

(512) 694-9085

Arbor House Assisted Living, specializes in Alzheimer's and Memory Care. Our community has been designed based on the most current and relevant studies dedicated to creating environments that promote independence and dignity for those managing dementia causing diseases like Alzheimer's.



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Arbor Houses Design Response

Our community is comprised of two houses, each which offer 8 bedrooms, 2 living areas, dining room, and courtyard.

We use red dinnerware, which studies tell us, helps people experiencing visual processing problems, navigate their plate better.

We practice "social dining", a technique in which the care team dines with our residents to promote conversation and provide socially appropriate cueing and assistance.

Our engagement program boosts a minimum of 10 programs a day, which offers a consistent routine to increase independence and are designed to touch 8 key areas of interest, engagements, and vocation.

Our 1:6 staffing ratio and designated care team per house allow for strong relationships to grow. This ratio does not include administration staff.



@ Arbor House Assisted Living

