January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS New Year's Day
2 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 HYMNALS/DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 CRAFT TIME 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	3 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 STORIES/TRIVIA/DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 CRAFT TIME 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	4 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA/DEVOTION 11:30 LUNCH DATE 1:30 CRAFT TIME 2:00 HOT CHOCALATE SOCIAL 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	5 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/DEVOTION 11:00 GAMES/MUSIC 11:30 LUNCH DATE 1:30 CRAFT TIME 2:00 POPCORN SOCIAL 4:30 DINNER W/ FRIENDS	6 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/DEVOTION 11:00 GAMES/MUSIC 11:30 LUNCH DATE 1:30 CRAFT TIME 2:00 POPCORN SOCIAL 4:30 DINNER W/ FRIENDS	7 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS	8 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS
9 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 HYMNALS/DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 CRAFT TIME 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	10 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 STORIES/TRIVIA/DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 CRAFT TIME 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	11 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA/DEVOTION 11:30 LUNCH DATE 1:30 CRAFT TIME 2:00 HOT CHOCALATE SOCIAL 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	12 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/DEVOTION 11:00 GAMES/MUSIC 11:30 LUNCH DATE 1:30 CRAFT TIME 2:00 POPCORN SOCIAL 4:30 DINNER W/ FRIENDS	13 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/DEVOTION 11:00 GAMES/MUSIC 11:30 LUNCH DATE 1:30 CRAFT TIME 2:00 POPCORN SOCIAL 4:30 DINNER W/ FRIENDS	14 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS	15 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS
16 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 HYMNALS/DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 CRAFT TIME 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	17 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 STORIES/TRIVIA/DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 CRAFT TIME 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS Martin Luther King Jr. Day	18 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA/DEVOTION 11:30 LUNCH DATE 1:30 CRAFT TIME 2:00 HOT CHOCALATE SOCIAL 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	19 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/DEVOTION 11:00 GAMES/MUSIC 11:30 LUNCH DATE 1:30 CRAFT TIME 2:00 POPCORN SOCIAL 4:30 DINNER W/ FRIENDS	20 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/DEVOTION 11:00 GAMES/MUSIC 11:30 LUNCH DATE 1:30 CRAFT TIME 2:00 POPCORN SOCIAL 4:30 DINNER W/ FRIENDS	21 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS	22 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS
23 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 HYMNALS/DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 CRAFT TIME 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS Activity Professionals Week	24 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 STORIES/TRIVIA/DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 CRAFT TIME 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	25 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA/DEVOTION 11:30 LUNCH DATE 1:30 CRAFT TIME 2:00 HOT CHOCALATE SOCIAL 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	26 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/DEVOTION 11:00 GAMES/MUSIC 11:30 LUNCH DATE 1:30 CRAFT TIME 2:00 POPCORN SOCIAL 4:30 DINNER W/ FRIENDS Australia Day (observed)	27 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/DEVOTION 11:00 GAMES/MUSIC 11:30 LUNCH DATE 1:30 CRAFT TIME 2:00 POPCORN SOCIAL 4:30 DINNER W/ FRIENDS	28 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS	29 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS
30 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 HYMNALS/DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 CRAFT TIME 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	31 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 STORIES/TRIVIA/DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 CRAFT TIME 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS					

ARBOR HOUSE
REMINISCE