



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p>ARBOR GARDENS JANUARY 2021 CILANTRO and THYME Calendar</p>						<p>1 7:00 Getting Ready 8:00 Breakfast 9:00 Morning Hymns 9:30 Bodies in Motion 10:00 Magazine Collage 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Movie Matinee or Nap Time 2:30 Bingo / Nail Time 3:30 Golf 4:30 Dinner 5:30 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack</p>	
<p>2 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 Scrapbooking 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Quiet Moments 2:30 Left Center Right 3:30 Manicures/Pedicures 4:30 Dinner 5:30 Helping Hands 6:30 Cleaning Time 7:00 Quiet Moments/Snack</p>	<p>3 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Devotions with NATE (Interim Hospice) 9:30 Chair Exercises 10:00 Cooking Club 10:30 Family Feud 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Matinee Movie 2:30 Pretty Nails 4:30 Dinner 6:00 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack</p>	<p>4 7:00 Getting Ready 8:00 Breakfast 9:00 Morning Hymns 9:30 Bodies in Motion 10:00 Scrapbooking 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Nap Time 2:30 HALLMARK MOVIE w/ Popcorn 3:30 Nail Time 4:30 Dinner 6:00 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack</p>	<p>5 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Scriptures 9:30 Daily Exercises 10:00 Fresh Smoothie Time 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Movie Matinee or Nap Time 2:30 Magazine Collage 3:00 Pretty Nails 4:00 Helping Hands 4:30 Dinner 5:30 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack</p>	<p>6 7:00 Getting Ready 8:00 Breakfast 9:00 Devotions 9:30 Bodies in Motion 10:00 Spin the Wheel 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Movie Matinee or Nap Time 2:30 GAMES w/ AUTUMN BLUEBONNET 3:00 HAPPY HOUR 4:00 Helping Hands 4:30 Dinner 5:30 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack</p>	<p>7 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship with Rick 9:30 Ball Toss 10:00 Surprise w/ Interim Volunteers 11:30 Helping Hands 12:00 Lunch 1:00– 2:00 Movie Matinee or Nap Time 2:30 Bingo / Nail Time 3:30 Ring Toss 4:30 Dinner 5:00 One On One 6:00 Cleaning Time 7:00 Quiet Moments/Snack</p>	<p>8 7:00 Getting Ready 8:00 Breakfast 9:00 Morning Hymns 9:30 Bodies in Motion 10:00 Magazine Collage 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Movie Matinee or Nap Time 2:30 Bingo / Nail Time 3:30 Golf 4:30 Dinner 5:30 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack</p>	
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<p>16 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 Scrapbooking 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Quiet Moments 2:30 Left Center Right 3:30 Manicures/Pedicures 4:30 Dinner 5:30 Helping Hands 6:30 Cleaning Time 7:00 Quiet Moments/Snack</p>	<p>17 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Devotions with NATE (Interim Hospice) 9:30 Chair Exercises 10:00 Cooking Club 10:30 Family Feud 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Matinee Movie 2:30 Pretty Nails 4:30 Dinner 6:00 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack</p>	<p>18 7:00 Getting Ready 8:00 Breakfast 9:00 Morning Hymns 9:30 Bodies in Motion 10:00 Scrapbooking 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Nap Time 2:30 HALLMARK MOVIE w/ Popcorn 3:30 Nail Time 4:30 Dinner 6:00 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack</p>	<p>19 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Scriptures 9:30 Daily Exercises 10:00 Fresh Smoothie Time 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Movie Matinee or Nap Time 2:30 Magazine Collage 3:00 Pretty Nails 4:00 Helping Hands 4:30 Dinner 5:30 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack</p>	<p>20 7:00 Getting Ready 8:00 Breakfast 9:00 Devotions 9:30 Bodies in Motion 10:00 Spin the Wheel 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Movie Matinee or Nap Time 2:30 HAPPY HOUR 3:00 Left Center Right 4:00 Helping Hands 4:30 Dinner 5:30 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack</p>	<p>21 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship with Rick 9:30 Ball Toss 10:00 Surprise w/ Interim Volunteers 11:30 Helping Hands 12:00 Lunch 1:00– 2:00 Movie Matinee or Nap Time 2:30 Bingo / Nail Time 3:30 Ring Toss 4:30 Dinner 5:00 One On One 6:00 Cleaning Time 7:00 Quiet Moments/Snack</p>	<p>22 7:00 Getting Ready 8:00 Breakfast 9:00 Morning Hymns 9:30 Bodies in Motion 10:00 Magazine Collage 11:00 Helping Hands 11:30 Lunch 1:00– 2:00 Movie Matinee or Nap Time 2:30 Bingo / Nail Time 3:30 Golf 4:30 Dinner 5:30 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack</p>	
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