

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Happy Thanksgiving</p>	<p>9:00 Exercise 1</p> <p>9:30 Coffee/Chat</p> <p>10:00 Music</p> <p>11:00 Magazines and Memories</p> <p>12:00 Lunch</p> <p>1:30 Quiet Time</p> <p>2:00 Sing Along</p> <p>3:00 Kick Ball</p> <p>4:00 Comedy Hour</p>	<p>Everything Pumpkin Day 2</p> <p>9:30 Pamela Pumpkin Exercise</p> <p>10:00 Pumpkin Flavored Coffee</p> <p>11:00 Pumpkin Cupcakes</p> <p>12:00 Lunch</p> <p>1:30 Quiet Time</p> <p>2:00 Pumpkin Crafts</p> <p>3:00 Create Thankful Pumpkin</p> <p>4:00 Pumpkin Hunt</p>	<p>9:00 Exercise 3</p> <p>9:30 Coffee/Chat</p> <p>10:00 Music</p> <p>11:00 Memories and Magazines</p> <p>12:00 Lunch</p> <p>1:30 Quiet Time</p> <p>2:00 Gary Parks</p> <p>3:00 Kick Ball</p> <p>4:00 Reminisce</p>	<p>9:00 Exercise 4</p> <p>9:30 Coffee/Chat</p> <p>10:00 Music</p> <p>11:00 Ring Toss</p> <p>12:00 Lunch</p> <p>1:30 Quiet Time</p> <p>2:00 Kelly Almond</p> <p>4:00 Sassy Silver Sneakers</p>	<p>9:00 Exercise 5</p> <p>9:30 Coffee/Chat</p> <p>10:00 Music</p> <p>11:00 Table Games</p> <p>12:00 Lunch</p> <p>1:30 Quiet Time</p> <p>2:00 Cake</p> <p>4:00 Comedy Hour</p>	<p>9:00 Exercise 6</p> <p>9:30 Coffee/Chat</p> <p>10:00 Music</p> <p>11:00 Kick Ball</p> <p>12:00 Lunch</p> <p>1:30 Quiet Time</p> <p>2:00 Trivia</p> <p>3:00 Finish the Sentence</p> <p>4:00 Stretch with Music</p>
<p>9:00 Exercise 7</p> <p>9:30 Coffee/Chat</p> <p>10:00 Music</p> <p>11:00 Kick Ball</p> <p>12:00 Lunch</p> <p>1:30 Quiet Time</p> <p>2:00 Whack a Noodle</p> <p>3:00 Sing Along</p> <p>4:00 Weekend Walkers</p> <p>Daylight Saving Time Ends</p>	<p>9:00 Exercise 8</p> <p>9:30 Coffee/Chat</p> <p>10:35 Gathan Graham</p> <p>12:00 Lunch</p> <p>1:30 Quiet Time</p> <p>2:00 Sing Along</p> <p>3:00 Kick Ball</p> <p>4:00 Comedy Hour</p>	<p>9:00 Exercise 9</p> <p>9:30 Coffee/Chat</p> <p>10:30 Devotions with Chaplain Nancy "Tender Care"</p> <p>12:00 Lunch</p> <p>1:30 Quiet Time</p> <p>2:00 Residents Birthday Party with Kendra</p> <p>HAPPY BIRTHDAY</p>	<p>9:00 Exercise 10</p> <p>9:30 Crafts w/ Cristen</p> <p>10:00 Music</p> <p>11:00 Memories and Magazines</p> <p>12:00 Lunch</p> <p>1:30 Quiet Time</p> <p>2:00 Christmas Photos</p> <p></p>	<p>9:00 Exercise 11</p> <p>9:30 Coffee/Chat</p> <p>10:00 Music</p> <p>11:00 Ring Toss</p> <p>12:00 Lunch</p> <p>1:30 Quiet Time</p> <p>2:00 Pizza Party / Traditions Celebrating our Veterans</p> <p>Veterans Day Remembrance Day (Canada)</p>	<p>9:00 Exercise 12</p> <p>9:30 Coffee/Chat</p> <p>10:00 Music</p> <p>11:00 Table Games</p> <p>12:00 Lunch</p> <p>1:30 Quiet Time</p> <p>2:00 Cake</p> <p>4:00 Comedy Hour</p>	<p>9:00 Exercise 13</p> <p>9:30 Coffee/Chat</p> <p>10:00 Music</p> <p>11:00 Kick Ball</p> <p>12:00 Lunch</p> <p>1:30 Quiet Time</p> <p>2:00 Trivia</p> <p>3:00 Finish the Sentence</p> <p>4:00 Stretch with Music</p>
<p>9:00 Exercise 14</p> <p>9:30 Coffee/Chat</p> <p>10:00 Music</p> <p>11:00 Kick Ball</p> <p>12:00 Lunch</p> <p>1:30 Quiet Time</p> <p>2:00 Whack a Noodle</p> <p>3:00 Sing Along</p> <p>4:00 Weekend Walkers</p>	<p>9:00 Exercise 15</p> <p>9:30 Coffee/Chat</p> <p>10:00 Magazines and Memories</p> <p>11:00 Music</p> <p>12:00 Lunch</p> <p>1:30 Quiet Time</p> <p>2:00 Baking with Steph</p> <p>4:00 Comedy Hour</p>	<p>9:00 Exercise 16</p> <p>9:30 Coffee/Chat</p> <p>10:00 Music</p> <p>11:00 Kick Ball</p> <p>12:00 Lunch</p> <p>1:30 Quiet Time</p> <p>2:00 Gary Parks</p> <p>3:00 Whack a Noodle</p> <p>4:00 Poetry Club</p>	<p>9:00 Exercise 17</p> <p>9:30 Coffee/Chat</p> <p>10:00 Music</p> <p>11:00 Memories and Magazine</p> <p>12:00 Lunch</p> <p>1:30 Quiet Time</p> <p>2:00 Baking with Steph</p> <p>4:00 Reminisce</p>	<p>9:00 Exercise 18</p> <p>9:30 Coffee/Chat</p> <p>10:00 Music</p> <p>11:00 Ring Toss</p> <p>12:00 Lunch</p> <p>1:30 Quiet Time</p> <p>2:00 Kelly Almond</p> <p>4:00 Sassy Silver Sneakers</p>	<p>9:00 Exercise 19</p> <p>9:30 Coffee/Chat</p> <p>10:00 Music</p> <p>11:00 Table Games</p> <p>12:00 Lunch</p> <p>1:30 Quiet Time</p> <p>2:00 Pie-Palooza</p> <p></p>	<p>9:00 Exercise 20</p> <p>9:30 Coffee/Chat</p> <p>10:00 Music</p> <p>11:00 Kick Ball</p> <p>12:00 Lunch</p> <p>1:30 Quiet Time</p> <p>2:00 Trivia</p> <p>3:00 Finish the Sentence</p> <p>4:00 Stretch with Music</p>
<p>9:00 Exercise 21</p> <p>9:30 Coffee/Chat</p> <p>10:00 Music</p> <p>11:00 Kick Ball</p> <p>12:00 Lunch</p> <p>1:30 Quiet Time</p> <p>2:00 Whack a Noodle</p> <p>3:00 Sing Along</p> <p>4:00 Weekend Walkers</p>	<p>9:00 Exercise 22</p> <p>9:30 Coffee/Chat</p> <p>10:35 Gathan Graham</p> <p>12:00 Lunch</p> <p>1:30 Quiet Time</p> <p>2:00 Baking with Steph</p> <p>4:00 Comedy Hour</p>	<p>9:00 Exercise 23</p> <p>9:30 Coffee/Chat</p> <p>10:30 Devotions with Chaplain Nancy "Tender Care"</p> <p>12:00 Lunch</p> <p>1:30 Quiet Time</p> <p>2:00 Baking with Steph</p> <p>4:00 Poetry Club</p>	<p>9:00 Exercise 24</p> <p>9:30 Coffee/Chat</p> <p>10:00 Music</p> <p>11:00 Memories and Magazines</p> <p>12:00 Lunch</p> <p>1:30 Quiet Time</p> <p>2:00 Pizza Party / Traditions</p> <p>4:00 Reminisce</p>	<p>9:00 Exercise 25</p> <p>9:30 Coffee/Chat</p> <p>10:00 Music</p> <p>11:00 Ring Toss</p> <p>12:00 Lunch</p> <p>Happy Thanksgiving Thanksgiving Day</p>	<p>9:00 Exercise 26</p> <p>9:30 Coffee/Chat</p> <p>10:00 Music</p> <p>11:00 Table Games</p> <p>12:00 Lunch</p> <p>1:30 Quiet Time</p> <p>2:00 Cake</p> <p>4:00 Comedy Hour</p>	<p>9:00 Exercise 27</p> <p>9:30 Coffee/Chat</p> <p>10:00 Music</p> <p>11:00 Kick Ball</p> <p>12:00 Lunch</p> <p>2:00 BEDLAM BATTLE</p> <p></p>
<p>9:00 Exercise 28</p> <p>9:30 Coffee/Chat</p> <p>10:00 Music</p> <p>11:00 Kick Ball</p> <p>12:00 Lunch</p> <p>1:30 Quiet Time</p> <p>2:00 Whack a Noodle</p> <p>3:00 Sing Along</p> <p>4:00 Weekend Walkers</p> <p>Hanukkah Begins</p>	<p>9:00 Exercise 29</p> <p>9:30 Coffee/Chat</p> <p>10:00 Music</p> <p>11:00 Magazines and Memories</p> <p>12:00 Lunch</p> <p>1:30 Quiet Time</p> <p>2:00 Tree Decorating</p> <p></p>	<p>9:00 Exercise 30</p> <p>9:30 Coffee/Chat</p> <p>10:00 Music</p> <p>11:00 Kick Ball</p> <p>12:00 Lunch</p> <p>1:30 Quiet Time</p> <p>2:00 Deck the Halls</p> <p></p>	<h1>November 2021</h1>			

ACTIVITIES ARE SUBJECT TO CHANGE