



# Arbor House

Assisted Living & Independent Living

Marble Falls TX DECEMBER 2021

## Meet Your Arbor House Team

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**Arbor House of Marble Falls**

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## What's Happening...

### Gift Exchange Game & Ugly Sweater

December 20th we will have a Gift Exchange between Friends.

Please Provide a Gift that your loved one can exchange

( if female Resident provide female gift and if male Resident provide male gift \$20 limit )

### Christmas Light Tour

December 20th -21st

5:30—7:30 p.m.

### Christmas Happy Hour



# Christmas Secret Shape

Find all the listed words in this grid - they can run in any direction, even backwards or diagonally, but always in a straight line. Then colour in the left-over letter squares to discover a hidden shape!

T	B	P	F	E	S	S	R	A	T	S	C	T	O	G
N	A	E	C	I	F	C	A	R	D	A	S	U	N	M
E	P	S	L	E	D	M	A	N	H	C	R	I	B	M
S	D	V	E	L	U	Y	X	T	T	T	S	I	L	A
E	E	B	W	I	S	H	A	U	R	A	E	P	V	R
R	E	F	W	S	M	D	L	W	V	A	N	S	E	I
P	C	R	I	A	F	J	P	Y	D	N	I	G	H	T
D	O	A	T	R	W	G	A	A	B	P	N	E	V	E
E	W	T	N	O	T	R	P	D	R	A	K	F	W	W
C	E	E	I	D	O	I	E	I	M	W	U	T	O	A
E	L	T	X	B	Y	N	R	L	U	N	O	B	L	E
M	G	S	E	M	S	C	H	O	R	S	E	V	L	E
B	N	O	K	R	A	H	A	H	D	O	V	E	S	E
E	I	P	E	E	H	S	T	N	E	M	A	N	R	O
R	J	B	E	T	H	L	E	H	E	M	E	R	C	Y

AWE  
 BAUBLE  
 BELLS  
 BETHLEHEM  
 CANDY CANE  
 CARD  
 CRIB  
 DECEMBER  
 DOVES  
 DRUM  
 ELVES  
 EVE  
 FAIR  
 FIR  
 FUN  
 GRINCH  
 HARK  
 HOLIDAY  
 ICE  
 JINGLE  
 LIST  
 MANGER  
 MERCY  
 NIGHT  
 NOBLE  
 ORNAMENTS  
 PAPER HAT  
 PEAR  
 POST  
 PRESENT  
 RITE  
 ROBE  
 SANTA  
 SHEEP  
 SILVER  
 SING  
 SLED  
 STARS  
 SUN  
 TOP  
 TOYS  
 TRAYS  
 TREE  
 WISH  
 WRAP  
 XMAS  
 YULE

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# *Life in Motion*

## **Sharing Stories with Friends**



## ***Bible Study With Lane***



## ***Painting with Wine***

# ***IT'S A CHRISTMAS PARTY***

December 20th we will be hosting an Ugly Sweater & Gift Exchange Happy Hour Party @ 2:30PM

## **UGLY SWEATER**

Wear a Sweater that will get the crowd talking. The funnier the better.



## **Gift Exchange**

Bring a gift

Females bring a female gift and males bring a male gift

( \$20 limit )

# Special Thanks To

LIFE Church of Marble Falls

Irene with Texas Home Health

Liza with Texas  
Home Health Hospice

Cindy with Encompass  
Home Health

Julie with New Century Hospice

Sharon Chinn ~ Volunteering and  
Donations

Jane Corley ~ Volunteering

Scott Payne, Glenn Pederson,  
Entertainers

All of our Care Friends

*Happy Birthday*



Jesus  
+ is the  
reason

FOR THE  
SEASON



FIND US ON

FACEBOOK

@ arborhousemarblefalls

Arbor House Assisted Living, provides a beautiful home for you in a friendly, secure and supportive environment. Your privacy, dignity, and independence will be respected and promoted by a warm and caring staff. Your sunlit home includes a flowering courtyard, movie theater, and coffee shop where neighbors share friendships and good times.

Residents enjoy the comfort of being catered to with services such as three delicious meals each day served restaurant style, weekly laundry and housekeeping, planned group activities, and assistance as needed with personal care such as bathing, dressing, grooming and walking.

Arbor House also has a dedicated community for residents with memory care needs. Our Evergreen community has been designed based on the most common and relevant studies and is dedicated to creating an environment that promotes independence and dignity for those managing dementia-causing diseases such as Alzheimer's. For example, we use orange dining ware, which studies tells us improves appetite. In addition, a person's ability to visually process the food on the plate can be affected by the journey of the disease, and this contrast can make eating easier and reduce mealtime stress.

For people managing dementia a structured and purpose-filled day reduces stress and "sun downing". Our engagement program "Life in Motion", offers a consistent routine to increase independence and to provide our residents joy, purpose, and connection.

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