

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2021

						7:30 BREAKFAST BUDDIES 9:30 CORD AND MARK 10:00 EXERCISE 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS 5:30 MINDS IN MOTION	1	7:30 BREAKFAST BUDDIES 9:30 EXERCISE 11:00 HELPING HANDS 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS 5:30 MINDS IN MOTION	2				
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7:30 BREAKFAST BUDDIES 9:30 EXERCISE 11:00 HELPING HANDS 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS 5:30 MINDS IN MOTION	10	7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	11	7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	12	7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:30 GATHEN GRAHAM 4:30 DINNER W/ FRIENDS	13	7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	14	7:30 BREAKFAST BUDDIES 9:30 CORD AND MARK 10:00 EXERCISE 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS 5:30 MINDS IN MOTION	15	7:30 BREAKFAST BUDDIES 9:30 EXERCISE 11:00 HELPING HANDS 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS 5:30 MINDS IN MOTION	16
7:30 BREAKFAST BUDDIES 9:30 EXERCISE 11:00 HELPING HANDS 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS 5:30 MINDS IN MOTION	17	7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	18	7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	19	7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:30 GATHEN GRAHAM 4:30 DINNER W/ FRIENDS	20	7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	21	7:30 BREAKFAST BUDDIES 9:30 CORD AND MARK 10:00 EXERCISE 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS 5:30 MINDS IN MOTION	22	7:30 BREAKFAST BUDDIES 9:30 EXERCISE 11:00 HELPING HANDS 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS 5:30 MINDS IN MOTION	23
7:30 BREAKFAST BUDDIES 9:30 EXERCISE 11:00 HELPING HANDS 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS 5:30 MINDS IN MOTION	24	7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	25	7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	26	7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:30 GATHEN GRAHAM 4:30 DINNER W/ FRIENDS	27	7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	28	7:30 BREAKFAST BUDDIES 9:30 CORD AND MARK 10:00 EXERCISE 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 HALLOWEEN PARTY 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS 5:30 MINDS IN MOTION	29	7:30 BREAKFAST BUDDIES 9:30 EXERCISE 11:00 HELPING HANDS 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS 5:30 MINDS IN MOTION	30
7:30 BREAKFAST BUDDIES 9:30 EXERCISE 11:00 HELPING HANDS 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS 5:30 MINDS IN MOTION	31												

## ARBOR HOUSE REMINISCE

