Sun	Mon	Tue	Wed	Thu	Fri	Sat
			ARBOR GARDENS OCTOBER 2021 CILANTRO and THYME Calendar	**EVERY THURSDAY @ 2:30 P.M**	**1** 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship with Rick 9:30 Daily Exercise 10:00 Surprise w/ Interim Volunteers 11:30 Helping Hands 12:00 Lunch 1:00– 2:00 *Movie Matinee* 2:30 Bingo / Nail Time 3:30 Ring Toss 4:30 Helping Hands 5:00 One On One 6:00 Cleaning Time 7:00 Quiet Moments/Snack	**2** 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 Fill in the Blanks 10:30 Family Feud 11:30 Helping Hands 12:00 Lunch 1:00– 2:00 *Movie Matinee* 2:30 Bingo / Nail Time 3:30 Golf 4:30 Helping Hands 5:00 Dinner 6:00 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack
3 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 Treats & Topics 10:30 Guessing Game 11:30 Helping Hands 12:00 Lunch 1:00– 2:00 Quiet Moments 2:30 Left Center Right 3:30 Manicures/Pedicures 4:30 Helping Hands 5:00 Dinner 6:30 Cleaning Time 7:00 Quiet Moments/Snack	**4** 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Devotions with Kara (Interim Hospice) 9:30 Chair Exercises 10:00 *Cooking Club* 10:30 Family Feud 11:30 Helping Hands 12:00 Lunch 1:00– 2:00 Matinee Movie 2:30 Magazine Collage 3:30 Pretty Nails 5:00 Dinner 6:00 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack	**5** 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Bodies in Motion 10:00 Left Center Right 10:30 October IQ 11:30 Helping Hands 12:00 Lunch 1:00– 2:00 Matinee Movie 2:30 ICE CREAM SOCIAL 3:30 Guess the Word?? 4:30 Helping Hands 5:00 Dinner 6:00 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack	**6** 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 *Cooking Club* 11:30 Helping Hands 12:00 Lunch 1:00– 2:00 Movie Matinee 2:30 Magazine Collage 3:00 Pretty Nails 4:30 Helping Hands 5:00 Dinner 6:00 One on One 7:00 Quiet Moments/Snack	**7** 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 Spin the Wheel 11:30 Helping Hands 12:00 Lunch 1:00– 2:00 *Movie Matinee* 2:30 HAPPY HOUR 3:00 Left Center Right 4:30 Helping Hands 5:00 Dinner 6:00 One on One 7:00 Quiet Moments/Snack	**8** 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship with Rick 9:30 Daily Exercise 10:00 Surprise w/ Interim Volunteers 11:30 Helping Hands 12:00 Lunch 1:00– 2:00 *Movie Matinee* 2:30 Bingo / Nail Time 3:30 Ring Toss 4:30 Helping Hands 5:00 One On One 6:00 Cleaning Time 7:00 Quiet Moments/Snack	**9** 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 Fill in the Blanks 10:30 Family Feud 11:30 Helping Hands 12:00 Lunch 1:00– 2:00 *Movie Matinee* 2:30 Bingo / Nail Time 3:30 Golf 4:30 Helping Hands 5:00 Dinner 6:00 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack
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