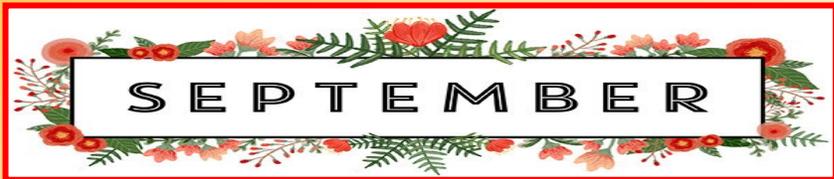




Arbor House Assisted Living Community Waco, Texas



Your Arbor House Leadership Team

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Arbor House of Waco

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License #106574

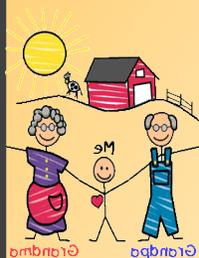
**“ A Grandparent is a little bit parent,
a little bit teacher and a little bit best
friend. ”**

**Don't lose the legacy — write it down!
Grandparents are the greatest treasure we can
have. They give us the history of our family and
have the traditions of generations gone by.
Grandparents are a trusted support for parents
and grandchildren. They leave a legacy of their
experiences that enable their children and
grandchildren, values, respect and empathy.
The endearing relationship with grandparents
benefits everyone. Family ties are strengthened
through the influence and mediation of
grandparents. Relationships between
grandparents and grandchildren bring
motivation, respect, encouragement and most
of all, value.**

**Grandparents are special, essential and
irreplaceable in the lives of family members.
They hold our hearts for just a little while, but
are in our hearts forever.**

Rebecca Keene

AL- Engagement Assistant



**Grandparents Day
Drive through Parade
On September 18th @ 11 am
RSVP to Christy Ocampo
at 254-230-8147
on or before September 15th.**

FRIENDSHIP DAY

There are friends, there is family, and then there are FRIENDS that become FAMILY!



MEN'S LUNCH

"IT IS NOT WHAT HE HAS, OR EVEN WHAT HE DOES WHICH EXPRESSES THE WORTH OF A MAN, BUT WHAT HE IS."
-Henry Frederic Amiel



LIFE in MOTION

I enjoyed our letter writing for our wonderful care friends. I am blessed to have them!
- LOUISE



It's always fun playing Left, Center, Right with Autumn!
- NELVA



Kick the ball engagement is a good exercise for us in the morning!
- PEGGY

Let's start the game and see who's brains are working!
- PATSY



Note from the DON, Kristi Burger



What is the best support for COVID depression in geriatrics?

Over the past year and a half, we have seen a rise in depression in our elderly population due to being isolated from social gatherings, family, and friends. A great way to battle COVID depression is to add value to each interaction. From more frequent phone calls to mailing voice recorded cards, adding the extra touch and time can go a long way for them. There are also many devices available now that allow you to virtually interact with loved ones that are easy to use and require very little knowledge of technology.
Make each phone call count!



At Arbor House Assisted Living Waco, our personalized services are designed for those who desire the finer things in life. Since we believe life improves with age, we have created special services and carefree environment that promotes independence and dignity without all of the concerns associated with maintaining a home. The array of fine services we offer reflect our goal of enhancing quality of life for our residents. Most importantly, our services are delivered with respect and sensitivity. We understand that individual needs vary, so our personalized services are tailored to meet the

specific needs of each resident. Whether it be a hobby, exercise, or leisure, we offer our residents the opportunity to pursue individual desires. Arbor House offers a choice of private suites designed to meet diverse needs and tastes. Our spacious and inviting accommodations await and welcome the personal touches and cherished collectibles that truly make a house a home. Our residents enjoy the outdoors in our beautifully appointed courtyards. All the best in life in the company of good friends, the indulgence of gracious amenities, and the security of caring, personalized services await you at Arbor House. We invite you to become a part of our special residence dedicated to providing you with the best in life.



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