

Arbor House Norman



Our Staff

Christi Dobbs
Executive Director

Marki Denton
Director of Nursing

DeAndra Downer
Admissions & Marketing Director

Sarah Dixon
Dietary Supervisor

Jenni Hinkle
Engagement Coordinator

Kimberly Appleby
Wellness Coordinator

Laura Tucker
Administrative Assistant

Shelley Jones
RN Consultant



Labor
Day

September 6

Southern Hospitality

During September in Savannah, Georgia, cooling winds blow away the oppressive, swampy heat of summer, and this “Hostess City of the South” gets to show what its famed Southern hospitality is all about. For non-Southerners, the notion of “Southern hospitality” might seem disingenuous, like a marketing pitch employed by southern businesses. For many Southerners, though, Southern hospitality is truly a way of life.

Southern hospitality is more than welcoming visitors with a neighborly sense of charm. Southern hospitality has six foundational characteristics: 1. *Politeness* and manners matter. When engaging with visitors, polite talk is a sign of respect. 2. Nothing says “Welcome to my home” better than good *home cooking*. Every Southern cook knows a few time-tested recipes that will warm the stomach, heart, and soul, such as peach cobbler, hummingbird cake, fried green tomatoes, or shrimp and grits. 3. *Kindness* extends not just to friends and neighbors but to strangers as well. 4. If someone is lost and needs directions or if a neighbor needs help fixing their lawnmower, one must always offer to *help*. 5. Southern *charm* can be magical. Witty small talk, compliments, and pleasantries put guests at ease and make them feel like old friends. 6. What some might call *charity*, others call the *golden rule*. Do unto others what you would have done unto you, and most importantly, do it freely and without any expectation of reciprocity. These characteristics provide a foundation on which Southern hospitality is built.

For those looking to experience firsthand the best of Southern hospitality, look no further than September in Savannah. The city’s marquee event is Jazz Fest from September 23–26. Savannah’s jazz scene is as old as that in New Orleans, and Jazz Fest has offered the best local acts for 40 years. Savannah’s art walks also begin this month with free tours of galleries in the Historic District. For foodies, the annual Pin Point Seafood Festival features plenty of local dishes, from Gullah Geechee classics to modern cuisine. Everywhere you go, you’re sure to be charmed by this lovely southern city.



Animal of the Month – Dog



Dogs are descended from domesticated wolves. They were domesticated by humans over 15,000 years ago and have become well-suited to living among people. Selective breeding over thousands of years has resulted in a large variety of breeds that have various preferred behaviors, talents, and capabilities.

Dogs come in a range of sizes, shapes, and colors. They specialize in a variety of tasks, such as hunting, herding, safeguarding, therapy, and companionship. Popular breeds include the golden retriever, bulldog, labradoodle, German shepherd, beagle, and pug. Dogs have an amazing sense of smell that is estimated to be 40 times stronger than ours—their wet noses help maximize this ability. Some dogs can even detect medical issues just by a person's smell. Other dogs are super fast runners or excellent swimmers. Dogs are associated with loyalty, protection, and unconditional love—as well as just being downright adorable.



Sept. 4	at Tulane
Sept. 11	Western Carolina
Sept. 18	Nebraska
Sept. 25	W. Virginia
Oct. 2	at Kansas State
Oct. 9	Texas
Oct. 16	TCU
Oct. 23	at Kansas
Oct. 30	Texas Tech
Nov. 13	at Baylor
Nov. 20	Iowa State
Nov. 27	at Oklahoma State

Go Sooners!

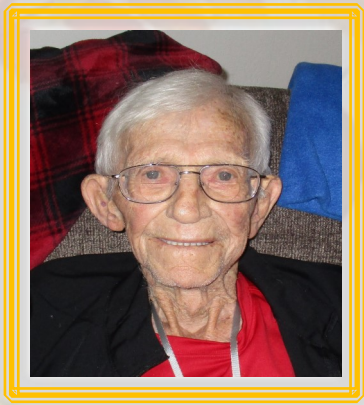
2021 Football Schedule



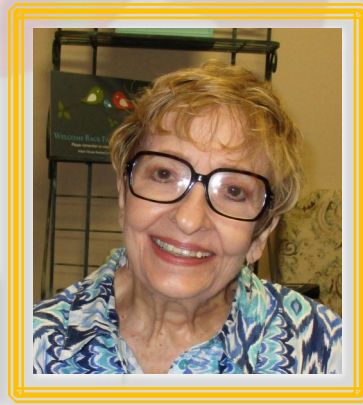
Sept. 4	Missouri State
Sept. 11	Tulsa
Sept. 18	at Boise State
Sept. 25	Kansas State
Oct. 2	Baylor
Oct. 16	at Texas
Oct. 23	at Iowa State
Oct. 30	Kansas
Nov. 6	at West Virginia
Nov. 13	TCU
Nov. 20	at Texas Tech
Nov. 27	Oklahoma

Go Cowboys!

Welcome to Arbor House!



Jack R.



Charlotte C.



Alice P.



Fred M.



National Day of Service & Remembrance

World Gratitude Day



September 21st

Our Philosophy

Giving new meaning to Life

The Arbor House Philosophy is based on the belief that each resident is entitled to the highest quality of life through wellness services that work to promote independence, healthy lifestyles, dignity, and a sense of security.

The right of each resident to determine his/her need is respected at each level of care, and promoted by providing services in ways that recognize individuals needs and preferences.

A partnership exists between residents and staff to promote individual's independence while providing the necessary support to function at his/her highest level.

Arbor House
Assisted Living
4501 W. Main
Norman, OK 73072

(405) 292-9200

Fax: 405-292-5672

www.arborhouseliving.com

Story or article suggestions?
Contact Christi or Email
Christi@arborhouseliving.com



Residents

9 - 4 Mary W.

9 - 5 Sue R.

9 - 9 Wilma S.



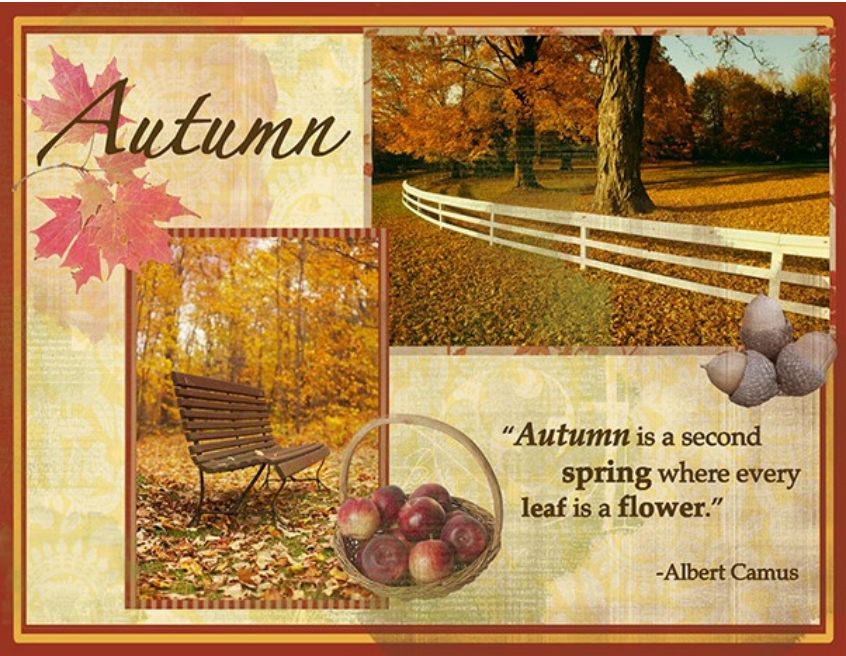
Staff

9 - 3 Moume N.

9 - 8 Machell A.

9 - 9 Kenzie C.

9 - 18 Kameron O.



We'd love your feedback!



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Thank you for
recommending us!