



Your Arbor House Leadership Team

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Arbor House Arbor Gardens Waco, Texas

SEPTEMBER

2021



HAPPY GRANDPARENT'S DAY!



September brings a change in the season. Summer is winding down and fall is right around the corner.

We are all excited for the cooler weather to come! Everyone in Arbor Gardens is looking forward to a great month.

Grandparents are one of the most important people in our lives. They are truly a blessing for all of us. We have wonderful grandparents that we would love to celebrate. Our Grandparent's Day party will on Sept.16 @ 2:30 p.m. Mr. One Man Band will be serenading our loving grandmas & grandpas.

In Arbor Gardens, we always make sure that our residents are enjoying their stay with us with all the engagements we do. It is important to create meaningful engagements for our residents.

We are extremely grateful to be a part of all of our residents' lives. We thank all families and friends for your trust in us! Thank you all for your support and God Bless as all!!!

Suella Gibson

Arbor Gardens, Engagement Assistant

FRIENDSHIP DAY

There are friends, there is a family,
and then there are FRIENDS that
become FAMILY!



Thank you for sharing your loved ones
with us! We are blessed to have them!
- Arbor Gardens Management & Staff



Arbor Gardens,
What a beautiful
place to be with
friends!
- GRANNY JUNE



FRIENDS
are the
FAMILY
you choose!
- JOHNNIE



LIFE in MOTION

Game was good today!
I didn't know I can still play!
- JIM



I had been wanting to have red nail polish! Thank you to my friend, Sue, for making my dream come true!
- PAT



My baby keeps me busy. I enjoyed playing with her!
- WELDON

I am really good doing crafts! I always enjoyed doing this activity with Christy!
- MIKI



Note from the DON, Kristi Burger



What is the best support for COVID depression in geriatrics?

Over the past year and a half, we have seen a rise in depression in our elderly population due to being isolated from social gatherings, family, and friends. A great way to battle COVID depression is to add value to each interaction. From more frequent phone calls to mailing voice recorded cards, adding the extra touch and time can go a long way for them. There are also many devices available now that allow you to virtually interact with loved ones that are easy to use and require very little knowledge of technology.
Make each phone call count!



At Arbor House Assisted Living Waco, our personalized services are designed for those who desire the finer things in life. Since we believe life improves with age, we have created special services and carefree environment that promotes independence and dignity without all of the concerns associated with maintaining a home. The array of fine services we offer reflect our goal of enhancing quality of life for our residents. Most importantly, our services are delivered with respect and sensitivity. We understand that individual needs vary, so our personalized services are tailored to meet the

specific needs of each resident. Whether it be a hobby, exercise, or leisure, we offer our residents the opportunity to pursue individual desires. Arbor House offers a choice of private suites designed to meet diverse needs and tastes. Our spacious and inviting accommodations await and welcome the personal touches and cherished collectibles that truly make a house a home. Our residents enjoy the outdoors in our beautifully appointed courtyards. All the best in life in the company of good friends, the indulgence of gracious amenities, and the security of caring, personalized services await you at Arbor House. We invite you to become a part of our special residence dedicated to providing you with the best in life.



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