

MUSTANG ARBOR HOUSE TIMES



August 2021

1st– International Friendship Day

2nd– National Ice Cream Sandwich Day

3rd– National Watermelon Day

6th- National Root Beer Float Day

DOGust 1st– Universal Birthday for shelter dogs

This dog “birthday” applies to dogs who don’t have an official record of birth in place. Shelter workers can estimate a dog’s age, but they can never know precisely when they were born and nobody wants to see a dog go without a birthday!

When these dogs are adopted, their new family might give them a new birthday, but for those without a home, this date serves as a universal celebration.

Interesting Facts about August

- ◆ It's a no brainer for why August is full of back to school party events if you look at the national days that are included at the first of the month. Many back to school or meet the teacher events include root beer floats and ice cream socials.
- ◆ August is also a little bit unique, most of the time at least . In a standard year, there is no other month that begins on the same day of the week as August. In a leap year, however, August begins on the same day of the week as February.
- ◆ Back in the days of Anglo-Saxon, the month was called Weod Monath. Its translation of "weed month" is quite literal in this month weeds and other plants grow the fastest in the northern hemisphere.
- ◆ On August 1st, Lammas Day is celebrated as the first day of harvest in the UK. Traditionally it was the day in which harvested wheat would be baked into bread and given to the church. The bread was used as the communion bread for special mass to celebrate the beginning of the harvest. This tradition ended when Henry VIII broke away from the catholic church.
- ◆ On August 6, 1762, the first ever sandwich was created, at least with such a name. It was named the Earl of sandwich when he requested a dish involving meat between two pieces of bread. As the story goes, he requested it as he was in the middle of a gambling game and didn't want to interrupt it.
- ◆ There are some pretty fascinating holidays spread throughout August which are celebrated in different parts of the world. On August 1st, we have World Scout Scarf Day, as well as Official Birthday and Coronation of The King of Tonga. August 5th is National Underwear Day (US),. August 11th is Mountain Day (Japan). August 16th is National Rum Day (US) and August 20th is World Mosquito Day.
- ◆ August has two birthstones: Peridot and Sardonyx. Peridot is among the oldest known gemstones and is green in color. Sardonyx, which is lesser known, is a white and brown banded gemstones once believed to have mystical powers. The official flower for August is the gladiolus. These vertical growing flowers were named from the Latin "gladius" meaning sword.
- ◆ Some famous people born in August include Martha Stewart, Martin Sheen, Jeff Gordon, Deion Sanders , Barack Obama and Halle Berry.

HAPPY BIRTHDAY!!

8/6 Joy Wilson

8/10 Abigail Tucker

8/18 Verona Burke

8/24 June Rowe

8/26 Jean Pitts &
Melynna Owens





AUGUST



The peridot stone signifies **beauty, strength and morality**. Some believe that the green peridot crystals found in volcanic ashes were the tears of the volcano goddess, **Pele**.



HAPPY
Friendship
day

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AUGUST
Gladiolus



Strength, moral integrity
and infatuation

Named after their sword-shaped leaves, offering a bouquet of gladioli represents piercing the recipients heart with passion.



Flower Power



ASTER
CROCUS
DAFFODIL
DAISY
GERANIUM

HONEYSUCKLE
LAVENDER
LILAC
LILY
MARIGOLD

ORCHID
PANSY
SUNFLOWER
TULIP
VIOLET

The Arbor House Philosophy is based on the belief that each resident is entitled to the highest quality of life through wellness services that work to promote each individuals: independence, healthy lifestyles, dignity, and a sense of security.

The right of each resident to determine his/her need is respected at each level of care, and promoted by providing services in ways that recognize individuals needs and preferences. A partnership exists between residents and staff to promote individual's independence while providing the necessary support to function at his/her highest level.



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Our Staff

- Executive Director.....Cristy Davis
- Director of Nursing.....Lynne Zepeda
- Rn Consultant.....Shelly Jones
- Wellness Coordinator.....Tonda Morris
- Executive Assistant.....Allison Shepherd
- Engagement Coordinator.....Douglas McCollough
- Dietary Manager.....Gwen Van Horn
- Maintenance.....Jamey Foote
- Housekeeping.....Esther Gomez/Shawwna Hilling
- Laundry Attendant.....Angie McGuire