July 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS Canada Day	2 7:30 BREAKFAST BUDDIES 9:30 CORD AND MARK 10:00 EXERCISE 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS 5:30 MINDS IN MOTION	3 7:30 BREAKFAST BUDDIES 9:30 EXERCISE 11:00 HELPING HANDS 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS 5:30 MINDS IN MOTION
4 7:30 BREAKFAST BUDDIES 9:30 EXERCISE 11:00 HELPING HANDS 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS 5:30 MINDS IN MOTION Independence Day (US)	5 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	6 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	7 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	8 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	9 7:30 BREAKFAST BUDDIES 9:30 CORD AND MARK 10:00 EXERCISE 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS 5:30 MINDS IN MOTION	10 7:30 BREAKFAST BUDDIES 9:30 EXERCISE 11:00 HELPING HANDS 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS 5:30 MINDS IN MOTION
11 7:30 BREAKFAST BUDDIES 9:30 EXERCISE 11:00 HELPING HANDS 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS 5:30 MINDS IN MOTION	12 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	13 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	14 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	15 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	16 7:30 BREAKFAST BUDDIES 9:30 CORD AND MARK 10:00 EXERCISE 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS 5:30 MINDS IN MOTION	17 7:30 BREAKFAST BUDDIES 9:30 EXERCISE 11:00 HELPING HANDS 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS 5:30 MINDS IN MOTION
18 7:30 BREAKFAST BUDDIES 9:30 EXERCISE 11:00 HELPING HANDS 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS 5:30 MINDS IN MOTION	19 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	20 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	21 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	22 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	23 7:30 BREAKFAST BUDDIES 9:30 CORD AND MARK 10:00 EXERCISE 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS 5:30 MINDS IN MOTION	24 7:30 BREAKFAST BUDDIES 9:30 EXERCISE 11:00 HELPING HANDS 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS 5:30 MINDS IN MOTION
25 7:30 BREAKFAST BUDDIES 9:30 EXERCISE 11:00 HELPING HANDS 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS 5:30 MINDS IN MOTION	26 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	27 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	28 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	29 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION 4:30 DINNER W/ FRIENDS	30 7:30 BREAKFAST BUDDIES 9:30 CORD AND MARK 10:00 EXERCISE 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS 5:30 MINDS IN MOTION	31 7:30 BREAKFAST BUDDIES 9:30 EXERCISE 11:00 HELPING HANDS 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS 5:30 MINDS IN MOTION