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Arbor House Assisted Living and Certified Memory Care

JULY



Thank you for protecting our country and fighting for our freedom. Vicki Johnston, Hospice Consultant with Texas Home Health and Hospice spoke with one of our residents, Jim Kemp about his time in the army and the teaching career he led afterward.



Jim said, " My military career, compared with others, would seem to be very uneventful. After registering with my draft board in 1950, (I had enrolled in college in 1948), I received the first of several deferments subject to maintaining a satisfactory grade point average" he wrote. However, the draft board told Jim to prepare since he would be called upon soon. While waiting for that call, something else presented itself to him.

"The superintendent of the schools at Mart, Texas, where I lived, approached me about filling a math and physics teaching position at Mart High School," Jim wrote. After a meeting to get deferred once more, Jim was able to teach for one year before going into the Army.

Jim was sent to Ft. Bliss in El Paso, Texas to begin eight weeks of basic training. Afterward, he was presented with the option to have a 20-day leave and report back to Ft. Bliss to attend a nine-month radar maintenance course. "For me the choice was simple. I had become engaged in May and the 20-day leave would allow my fiancée and me to get married now rather than a year or so later." Jim wrote. "That marriage to the most wonderful woman in the world lasted 67 years until she passed away this past year--a decision I have never and will never regret."

Jim spent two years in the Army, he finished radar school (which Jim says "matched up" his math and physics courses from college) and went up in the ranks as a corporal. "I have nothing but fond memories of my time spent in the service. I returned to my teaching job at Mart High School and in June 1989, retired at Mart with 39 years of service (34 years as the high school principal)".

LIFE in MOTION



Bodies in Motion

Joan & Erline, are happy to be able to do some physical activity. Exercise helps residents with their motor skills and improve cognitive function. We do daily physical activity to help our residents stay focused and allow them to lead a higher quality life, with more energy.



Minds in Motion

Celida & Ginger, are challenged to do our daily brain exercises. Trivia helps their memory while providing fun!



Purpose in Motion

Betty & Una love helping with daily chores! It gives them a purpose every day!



Friends in Motion

Miki, Joy, and, Mary, are excited to socialize with other residents. It is part of their daily routine.



Below is a letter Jim wrote.

ATTEND A 9 MONTH RADAR MAINTAINANCE COURSE, (WHICH I HAD ALSO QUALIFIED ON THE BATTERY OF TESTS FOR ME THE CHOICE WAS SIMPLE. I HAD BECOME ENGAGED IN MAY AND THE 20 DAY LEAVE WOULD ALLOW MY FIANCÉE AND ME TO GET MARRIED NOW RATHER THAN A YEAR OR SO LATER. THAT MARRIAGE TO THE MOST WONDERFUL WOMEN IN THE WORLD LASTED 67 YEARS UNTIL SHE PASSED AWAY THIS PAST YEAR. A DECISION I HAVE NEVER AND WILL NEVER REGRET. THE RADAR SCHOOL WAS VERY COMPREHENSIVE AND MATCHED UP WELL WITH MY MATH AND PHYSICS COURSES FROM COLLEGE. AFTER COMPLETION OF RADAR SCHOOL, I WAS ASSIGNED TO THE 58TH RADAR MAINTENANCE BATT. AT FT. BLISS. MY REMAINING 11 MONTHS WERE SPENT REPAIRING AND MAINTAINING SCR-534 RADARS USED IN CONNECTION WITH ANTI-AIRCRAFT ARTILLERY. MY SERVICE LASTED 2 YEARS AND 1 DAY BEFORE I WAS SEPARATED. I LEFT WITH THE RANK OF CORPORAL AND MY ENTIRE SERVICE ENLISTMENT WAS SPENT AT FT. BLISS, TEXAS. I ENJOYED MY 2 YEARS. THE ARMY TREATED ME WELL. THEY FED ME, CLOTHED ME, AND SENT ME TO A VERY EXPENSIVE RADAR SCHOOL. I HAVE NOTHING BUT FOND MEMORIES OF MY TIME SPENT IN THE SERVICE.

I RETURNED TO MY TEACHING JOB AT MART H.S. AND IN JUNE, 1989 RETIRED AT MART WITH 39 YEARS SERVICE (24 YEARS AS HIGH SCHOOL PRINCIPAL)

MY MILITARY CAREER, COMPARED WITH OTHERS, WOULD SEEM TO BE VERY UNEVENTFUL. AFTER REGISTERING WITH MY DRAFT BOARD IN 1950, (I HAD ENROLLED IN COLLEGE IN 1948), I RECEIVED THE FIRST OF SEVERAL DEFERMENTS SUBJECT TO MAINTAINING A SATISFACTORY GRADE POINT AVERAGE. I WAS FORTUNATE ENOUGH TO CONTINUE DEFERMENTS UNTIL JUNE 1952 WHEN I GRADUATED FROM COLLEGE. THE DRAFT BOARD INFORMED ME TO PREPARE TO BE CALLED UP SOON. WHILE WAITING FOR THAT CALL UP, THE Supt. of Schools AT MART, TEXAS WHERE I LIVED APPROACHED ME ABOUT FILLING A MATH AND PHYSICS TEACHING POSITION AT MART HIGH SCHOOL. I EXPLAINED MY DRAFT SITUATION AND HE SUGGESTED MEETING WITH THE BOARD TO SEE ABOUT ONE MORE EXEMPTION ALLOWING HIM TO FILL A DIFFICULT HARD-TO-FIND POSITION. THE BOARD WAS SYMPATHIC AND GRANTED HIS REQUEST WITH THE UNDERSTANDING THAT I HAD RECEIVED MY LAST DEFERMENT AND TO HAVE MY BAGS PACKED IN JUNE.

I COMPLETED MY YEAR OF TEACHING MATH AND PHYSICS AND COACHING AND REPORTED FOR INDUCTION INTO THE ARMY AT FORT SAM HOUSTON, SAN ANTONIO, TEXAS ON JULY 6, 1953. AFTER 3 DAYS OF INDOCTRINATION (SHOTS, HAIRCUT, CLOTHING, ETC.) WE WERE BUSED TO FT. BLISS, EL PASO, TEXAS TO BEGIN 8 WEEKS BASIC TRAINING. WITH THE COMPLETION OF THAT TRAINING, I WAS GIVEN THE CHOICE OF (1) ANOTHER 8 WEEKS OF BASIC AND THEN 9 MONTHS OFFICER CANDIDATE SCHOOL (I HAD QUALIFIED FOR THIS ON THE BATTERY OF TESTS GIVEN RECALLS) OR (2) A 20 DAYS LEAVE AND THEN REPORT BACK TO FT. BLISS TO

I hope you all enjoy getting to know Jim Kemp as much as I did! At Texas Home Health Hospice, we take most pride in being a partner with Veterans.

-Vicki Johnston

Hospice Consultant

with Texas Home Health and Hospice

Texas Home Health

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Note from the DON, Kristi Burger

There are many benefits to staying hydrated. During these warmer months, it can be challenging to take in all the fluid we need to remain healthy. Doctors recommend drinking 64 oz. of water each day. To some, that seems like too much to drink but keep in mind that hydration can come from food we eat as well. Fruits, vegetables, and Jell-O are great ways to supplement hydration. Staying hydrated has many benefits year round. It can reduce the risks of infection, skin break down, constipation, confusion, and it makes you look younger.



At Arbor House Assisted Living Waco, our personalized services are designed for those who desire the finer things in life. Since we believe life improves with age, we have created special services and carefree environment that promotes independence and dignity without all of the concerns associated with maintaining a home. The array of fine services we offer reflect our goal of enhancing quality of life for our residents. Most importantly, our services are delivered with respect and sensitivity. We understand that individual needs vary, so our personalized services are tailored to meet the

specific needs of each resident. Whether it be a hobby, exercise, or leisure, we offer our residents the opportunity to pursue individual desires. Arbor House offers a choice of private suites designed to meet diverse needs and tastes. Our spacious and inviting accommodations await and welcome the personal touches and cherished collectibles that truly make a house a home. Our residents enjoy the outdoors in our beautifully appointed courtyards. All the best in life in the company of good friends, the indulgence of gracious amenities, and the security of caring, personalized services await you at Arbor House. We invite you to become a part of our special residence dedicated to providing you with the best in life.



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