

*Hello  
June*

# Arbor House

Assisted Living & Independent Living

Marble Falls TX

June 2021

## Meet Your Arbor House Team

### **Rhonda Tedford**

*Rhonda@arborhouseliving.com*  
Executive Director

### **Leasha Holmes**

*Leasha@arborhouseliving.com*  
Director of Nursing

### **Janell Hopper**

*Janell@arborhouseliving.com*  
Engagement Coordinator

### **Jessica Robbins**

*Jessica@arborhouseliving.com*  
Community Liaison

### **Kathryn Bryant**

*mfec@arborhouseliving.com*  
Evergreen Engagement Coordinator

### **Anthony Perez**

Director of Maintenance

## Arbor House of Marble Falls

1801 King Road

Marble Falls, Texas 78654

830.613.3260

[www.arborhouseliving.com](http://www.arborhouseliving.com)

License # 105513

## What's Happening...

June is here and before we know it, the first day of summer will arrive. So before the hot days get here we will be going out to our newly decorated pergola to have lemonade and great conversation with our friends. Shown below is the ladies that helped make it a beautiful place to sit and visit. We have two birthdays to celebrate in June, Barbara and Horace, our monthly birthday party will be on the 8th at 3:00. Entertainment will be provided by Wake Eastman. We are looking forward to the wonderful music he provides. Father's Day is on the first day of summer, Sunday June 20th, we will have a afternoon social at 2:30 to honor our dad's. Our out to lunch bunch is back. We will be going out on June 2nd and again on the 23rd, residents that would like to go need to sign up at the front desk, the destination will be determined by the residents and it will be posted on the signup sheet. We look forward to seeing you there.

Pictured below is our pergola, Nina, Dottie, Betty, and Barbara.



# Cinco de Mayo



# Mother's Day



# Life in Motion



*Happy Hour*



*LRC Winner*



## *LRC Happy Hour*

You can find us on Friday afternoon at Happy Hour having a drink and playing games. Polly was the big winner of LRC and some of the gang trying not to let her win. Top left is Shirlene, right is Cathrine, Bottom left Bev, on the right is Betty.

# *Life in Motion*



## *May Day Craft*

The ladies made beautiful May Day Cone Baskets . Top left is Kathrine, next to her is Nina, Bottom left is Beverly and next we have Dottie. They all did a great job.

# Welcome New Friends



**We welcome our new friends Shirlene, Jackie, Bill, Hazel and Cathrine to your new home.**

# Under the Shade Tree

## Special Thanks To

**First Baptist Church of  
Marble Falls**

**First United Methodist Church  
Irene with Texas Home Health**

**Liza with Texas  
Home Health Hospice**

**Cindy with Encompass  
Home Health**

**Sharon Chinn ~ Volunteering and  
Donations**

**Jane Corley~Volunteering**

**Luke Holmquist, Scott Payne,  
Glenn Pederson, & Wake  
Eastman Entertainers**

**All of our Care Friends**



**We're on  
Facebook !!**

**@arborhousemarblefalls**

We're expanding our social media presence and invite everyone to visit & like us there! Stay tuned as we add more posts to share with our Arbor House family & friends.

## In The Know

**Attention Residents**

Gather up your Arbor Bucks and join us for the Arbor House Sale on June 29th at 3:00pm in the dining room.

Arbor House Assisted Living, provides a beautiful home for you in a friendly, secure and supportive environment. Your privacy, dignity, and independence will be respected and promoted by a warm and caring staff. Your sunlit home includes a flowering courtyard, movie theater, and coffee shop where neighbors share friendships and good times.

Residents enjoy the comfort of being catered to with services such as three delicious meals each day served restaurant style, weekly laundry and housekeeping, planned group activities, and assistance as needed with personal care such as bathing, dressing, grooming and walking.

Arbor House also has a dedicated community for residents with memory care needs. Our Evergreen community has been designed based on the most common and relevant studies and is dedicated to creating an environment that promotes independence and dignity for those managing dementia-causing diseases such as Alzheimer's. For example, we use orange dining ware, which studies tells us improves appetite. In addition, a person's ability to visually process the food on the plate can be affected by the journey of the disease, and this contrast can make eating easier and reduce mealtime stress.

For people managing dementia a structured and purpose-filled day reduces stress and "sun downing". Our engagement program "Life in Motion", offers a consistent routine to increase independence and to provide our residents joy, purpose, and connection.

**Arbor House of Marble Falls**

**1801 King Rd**

**Marble Falls, Tx 78654**

**Main:820-613-3062**

**Fax: 830-613-3263**

**[www.arborhouseliving.com](http://www.arborhouseliving.com)**

**License # 105513**



@ arborhousemarblefalls