



# Arbor House Assisted Living Community Waco, Texas

## Your Arbor House Leadership Team

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### **Arbor House of Waco**

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License #106574



Hello

JUNE



Welcome, Summer! Things are looking bright at Arbor House as we move into a new season. We are so happy to be able to allow visiting hours and see our families again! We look forward to more outings such as Lunch Bunch, picnics, and shopping trips. We look forward to our first Lunch Bunch at Cracker Barrel! We are also honoring my Oma and planning a Strawberry party this month! We, as always, appreciate your support as we provide the best environment possible for your loved ones, and ours!

Arbor House loves you!

*Hanna Fisher*

Community Relations Director



**No language can express the power,  
beauty and heroism of a mother's love!**

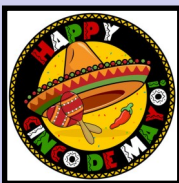
**We had fun celebrating the beautiful mom's of  
Arbor House.**



**Mother's Day Bingo was exciting!  
Thank you, Cecil for donating the prizes!**



## **CINCO de MAYO Celebration!**



### **Note from the DON, Kristi Burger**

Arbor House is known for providing cutting edge care for individuals diagnosed with cognitive impairment. Eighty- five percent of our residents have a formal diagnosis of a type of dementia. Arbor House is one of the few State Certified Alzheimer's Communities in Central Texas; we call this area of our community Arbor Gardens. Many of our Assisted Living residents and families are aware of where Arbor Gardens is located. We utilize the Best Friend's Approach to care, that allows our residents to remain as independent as possible for as long as possible. We can give our residents the necessary tools and supervision to accomplish everyday tasks such as cooking, cleaning, arts/crafts, games, spiritual programs, and exercising routines. We have found that through our scheduled routine and increased staffing ratio, our loved ones with any level of cognitive impairment are able to achieve and maintain a higher functioning, everyday life. While there is no cure for most cognitive impairments, studies have shown that keeping the mind and body active prevents symptom progression. Without this specialized care, we tend to see increased confusion, agitation, infections, and a decrease in weight and overall health. If you would like more information about Arbor Gardens, please feel free to talk to Carrie or myself.



At Arbor House Assisted Living Waco, our personalized services are designed for those who desire the finer things in life. Since we believe life improves with age, we have created special services and carefree environment that promotes independence and dignity without all of the concerns associated with maintaining a home. The array of fine services we offer reflect our goal of enhancing quality of life for our residents. Most importantly, our services are delivered with respect and sensitivity. We understand that individual needs vary, so our personalized services are tailored to meet the

specific needs of each resident. Whether it be a hobby, exercise, or leisure, we offer our residents the opportunity to pursue individual desires. Arbor House offers a choice of private suites designed to meet diverse needs and tastes. Our spacious and inviting accommodations await and welcome the personal touches and cherished collectibles that truly make a house a home. Our residents enjoy the outdoors in our beautifully appointed courtyards. All the best in life in the company of good friends, the indulgence of gracious amenities, and the security of caring, personalized services await you at Arbor House. We invite you to become a part of our special residence dedicated to providing you with the best in life.



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