May 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 7:30 BREAKFAST BUDDIES 9:30 EXERCISE 11:00 HELPING HANDS 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS May Day
2 7:30 BREAKFAST BUDDIES 9:30 EXERCISE 11:00 HELPING HANDS 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS	**3** 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION	**4** 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION	**5** 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION Cinco de Mayo	**6** 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION	**7** 7:30 BREAKFAST BUDDIES 9:30 CORD AND MARK 10:00 EXERCISE 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS	**8** 7:30 BREAKFAST BUDDIES 9:30 EXERCISE 11:00 HELPING HANDS 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS
9 7:30 BREAKFAST BUDDIES 9:30 EXERCISE 11:00 HELPING HANDS 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS Mother's Day	**10** 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION	**11** 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION	**12** 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION	**13** 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION	**14** 7:30 BREAKFAST BUDDIES 9:30 CORD AND MARK 10:00 EXERCISE 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS	**15** 7:30 BREAKFAST BUDDIES 9:30 EXERCISE 11:00 HELPING HANDS 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS Armed Forces Day
16 7:30 BREAKFAST BUDDIES 9:30 EXERCISE 11:00 HELPING HANDS 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS Shavuot Begins	**17** 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION	**18** 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION	**19** 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION	**20** 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION	**21** 7:30 BREAKFAST BUDDIES 9:30 CORD AND MARK 10:00 EXERCISE 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS	**22** 7:30 BREAKFAST BUDDIES 9:30 EXERCISE 11:00 HELPING HANDS 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS
23 7:30 BREAKFAST BUDDIES 9:30 EXERCISE 11:00 HELPING HANDS 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS	**24** 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION Victoria Day (Canada)	**25** 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION	**26** 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION	**27** 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 10:00 EXERCISE 10:30 STORIES/TRIVIA 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION	**28** 7:30 BREAKFAST BUDDIES 9:30 CORD AND MARK 10:00 EXERCISE 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS	**29** 7:30 BREAKFAST BUDDIES 9:30 EXERCISE 11:00 HELPING HANDS 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS
30 7:30 BREAKFAST BUDDIES 9:30 EXERCISE 11:00 HELPING HANDS 11:30 LUNCH DATE 1:00 QUIET MOMENTS 2:00 SNACKTIME 3:00 BODIES IN MOTION 4:00 HELPING HANDS 4:30 DINNER W/ FRIENDS	**31** 7:30 BREAKFAST BUDDIES 9:00 QUIET MOMENTS 9:30 EXERCISE 10:30 MINDS IN MOTION 11:00 DEVOTION 11:30 LUNCH DATE 1:30 SNACKTIME 2:00 BODIES IN MOTION 3:00 MINDS IN MOTION Memorial Day					

ARBOR HOUSE REMINISCE