



Arbor House

Assisted Living & Independent Living

Marble Falls TX

March 2021

Meet Your Arbor House Team

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Executive Director

Leasha Holmes

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Director of Nursing

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Resident Service Coordinator

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Evergreen Engagement Coordinator

Paige Healy

Executive Chef

Anthony Perez

Director of Maintenance

Arbor House of Marble Falls

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www.arborhouseliving.com

License # 105513

What's Happening...

The first day of spring can't get here fast enough. We have all had enough of old man winter with his freezing temperatures, and icy roads. As beautiful as the snow was we were so happy to see it melt away. I would like to take a moment to thank our staff for the long hours they put in to take such good care of our residents during the storm. We are so fortunate to have the strong leadership of Rhonda and Leasha, they truly are dedicated to the safety and care of our residents and staff. Thank you to everyone that helped get us thru the worst winter we have had in years.

Now lets get on with the happenings of March. We will be serving up some homemade pie (made by the residents) at our monthly Pie Happy Hour on the 2nd, so come on down to the dining room at 2:30, and enjoy a slice with your friends. I would like to invite all residents to attend the monthly resident council meeting on the 5th at 2:30, this is a time for residents to get together and talk about what is happening in their community. We will be wishing Jim a happy birthday at our March Birthday Party on the 9th. Of course March is not complete without a St Patrick's Day social. Our social will be at 2:00 on the 17th, followed by the fan favorite, Bingo. Hope to see you there.

Friends in Motion

February Birthday Party



We had a wonderful February Birthday Party. Yes that 100 beside Kathrine means she turned 100 on the 9th. Our next birthday girls are Dottie and Belle. Next we have Holly, Ruby, Polly, and Marge enjoying the entertainment provided by our wonderful carefriends Jessika and Leann.

Friends in Motion



Our Valentine's Partiers are, Top: Kathrine, Next is Bev, , our table decorations, then Nina. Bottom row is Betty J, Horace, and Betty McKinney.

Life in Motion



Craft Corner

Top Row Kathrine, Betty, & Marge are making their Valentine Cards. Bottom pictures are the finished cards. They had a great time and what a beautiful gift for them to give.

Life in Motion



Arbor House Sale

Ruby has her basket ready to fill with all kinds of goodies. Marge is making sure she wants to purchase that item. Connie is getting ready to check out, and Pat is looking at the wall decorations. We will be spending the next few months playing, bingo, hoy, & trivia to win Arbor Bucks for the next sale.

Carefriends in Action



Under the Shade Tree

Special Thanks To

The Arena of Peace Cowboy Church

St. Peter's Lutheran Church

First Baptist Church of Marble Falls

First United Methodist Church

Terry with Texas Home Health

Cindy with Encompass Home Health

Sharon Chinn ~ Volunteering and Donations

Luke Thomas Holmquist ~ Entertainment

Jane Corley—Volunteering

All of our Care Friends



**We're on
Facebook !!**

@arborhousemarblefalls

We're expanding our social media presence and invite everyone to visit & like us there! Stay tuned as we add more posts to share with our Arbor House family & friends.

Arbor House Assisted Living, provides a beautiful home for you in a friendly, secure and supportive environment. Your privacy, dignity, and independence will be respected and promoted by a warm and caring staff. Your sunlit home includes a flowering courtyard, movie theater, and coffee shop where neighbors share friendships and good times.

Residents enjoy the comfort of being catered to with services such as three delicious meals each day served restaurant style, weekly laundry and housekeeping, planned group activities, and assistance as needed with personal care such as bathing, dressing, grooming and walking.

Arbor House also has a dedicated community for residents with memory care needs. Our Evergreen community has been designed based on the most common and relevant studies and is dedicated to creating an environment that promotes independence and dignity for those managing dementia-causing diseases such as Alzheimer's. For example, we use orange dining ware, which studies tell us improves appetite. In addition, a person's ability to visually process the food on the plate can be affected by the journey of the disease, and this contrast can make eating easier and reduce mealtime stress.

For people managing dementia a structured and purpose-filled day reduces stress and "sun downing". Our engagement program "Life in Motion", offers a consistent routine to increase independence and to provide our residents joy, purpose, and connection.

Arbor House of Marble Falls

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