




Arbor House of Marble Falls March 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Please Note: The schedule is subject to change to meet the needs of our residents.	1 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 2:30 Movie Matinee w/popcorn 2:30 Manicures	2 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 10:45 What's Cooking Pies 2:00 Set up Social 2:30 Pie Happy Hour 3:30 Trivia	3 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 1:00 Food Committee 1:30 Helping Hands Set up Bingo 2:00 Bingo 3:30 Skipbo	4 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise with Terri 2:30 Thursday Movie Matinee 2:30 Game on w/friends	5 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 2:00 Resident Council 3:30 Hoy Happy Hour	6 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 1:30 Helping Hands Set up Bingo 2:00 Bingo 6:00 Saturday Night Movie	
	7 9:00 Silver Sneakers 10:TV Church Service 2:30 Sunday Movie Matinee 3:00 Game on w/friends	8 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 2:30 Movie Matinee w/popcorn 2:30 Manicures	9 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 2:00 Helping Hands Set up B-Day Party 3:00 March Birthday Party 3:30 Name that Tune	10 Jim 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 1:30 Helping Hands Set up Bingo 2:00 Bingo 3:30 Dominoes	11 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise with Terri 2:30 Thursday Movie Matinee 2:30 Game on w/friends	12 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 2:00 Rummy K 3:30 Dice game Happy Hour	13 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 1:30 Helping Hands Set up Bingo 2:00 Bingo 6:00 Saturday Night Movie
	14 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 2:30 Sunday Movie Matinee 3:00 Game on w/friends Daylight Savings Time Begins	15 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 2:30 Movie Matinee w/popcorn 2:30 Manicures	16 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 2:00 Set up Social 2:30 Ice Cream Social 3:30 Cranium Crunches	17 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 1:30 Helping Hands Set up Social 2:00 St Patrick's Day Social 3:00 Bingo	18 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise with Terri 2:30 Thursday Movie Matinee 2:30 Game on w/friends	19 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 2:30 Spinners 3:30 Hoy Happy Hour	20 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 1:30 Helping Hands Set up Bingo 2:00 Bingo 6:00 Saturday Night Movie Spring Begins

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 9:00 Silver Sneakers 10:00 TV Church Service 2:30 Sunday Movie Matinee 3:00 Game on w/friends	22 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 2:30 Movie Matinee w/popcorn 2:30 Manicures	23 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 2:00 Helping Hands Set up Volleyball Net 2:30 Volleyball Game 3:30 Spinners	24 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 1:30 Helping Hands Set up Bingo 2:00 Bingo 3:30 Uno	25 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise with Terri 2:30 Thursday Movie Matinee 2:30 Game on w/friends	26 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 2:30 Uno Attack 3:30 Dice Game Happy Hour	27 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 1:30 Helping Hands Set up Bingo 2:00 Bingo 6:00 Saturday Night Movie
28 Palm Sunday 9:00 Silver Sneakers 10:00 TV Church Service 2:30 Sunday Movie Matinee 3:00 Game on w/friends	29 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 2:30 Movie Matinee w/popcorn 2:30 Manicures	30 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 2:00 Set up for Craft 2:30 Craft Corner	31 9:00 Silver Sneakers 9:45 Devotion 10:00 Exercise 1:30 Helping Hands Set up Bingo 2:00 Bingo 3:30 Rummy K		<i>Happy Birthday</i>  <i>Jim 3/10</i>	DAYLIGHT SAVING TIME  BEGINS MARCH 14, 2021