Sun	Mon	Tue	Wed	Thu	Fri	Sat
Arbor Gardens JANUARY 2021 CILANTRO and THYME Calendar				**Birthday Celebration with Texas Home Health & Hospice January 26th @ 2:30 P.M**	1 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 10:00 Daily Exercise 10:00 *Cooking Club* 10:30 Treats & Topics 11:30 Helping Hands 12:00 Lunch 1:00– 2:00 *Movie Matinee* 2:30 Treats & Topics 3:00 Bingo 3:30 Finish the Phrase 4:00 Ball Toss 4:30 Helping Hands 5:00 One On One 6:00 Cleaning Time 7:00 Quiet Moments/Snack	2 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 *Cooking Club* 10:30 Treats & Topics 11:30 Helping Hands 12:00 Lunch 1:00– 2:00 *Movie Matinee* 2:30 Spin the Wheel 3:30 Manicures/Pedicures 4:30 Helping Hands 5:00 Dinner 6:00 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack
3 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 Ring Toss 10:30 Magazine Collage 11:00 Outdoor Time 11:30 Helping Hands 12:00 Lunch 1:00– 2:00 Hallmark Movie 2:30 Treats & Topics 3:00 Balloon Volleyball 3:30 Bingo 4:00 Manicures/Pedicures 4:30 Helping Hands 5:00 Dinner 6:30 Cleaning Time 7:00 Quiet Moments/Snack	4 7:00 Getting Ready 8:00 Breakfast 9:00 Chair Exercises 9:30 Daily Devotions 10:00 *Cooking Club* 10:30 January IQ 11:30 Helping Hands 12:00 Lunch 1:00– 2:00 Hallmark Movie 2:30 Snack Time 3:00 Bingo 4:00 Magazine Collage 4:30 Helping Hands 5:00 Dinner 6:00 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack	5 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 Finish The Phrase 10:30 Treats w/ Texas Home health & Hospice 11:30 Helping Hands 12:00 Lunch 1:00– 2:00 Hallmark Movie 2:30 NEW YEAR'S PARTY 3:00 Fill in the Blank 4:00 Manicures/Pedicures 4:30 Helping Hands 5:00 Dinner 6:00 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack	6 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 *Cooking Club* 10:30 Treats & Topics w/ Encompass Home Health 11:30 Helping Hands 12:00 Lunch 1:00– 2:00 *Movie Matinee* 2:30 Spin the Wheel 3:30 Bingo 3:30 Ring Toss 4:30 Helping Hands 5:00 Dinner 6:00 One on One 7:00 Quiet Moments/Snack	7 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 10:00 Daily Exercise 10:30 Family Feud 11:30 Helping Hands 12:00 Lunch 1:00– 2:00 *Movie Matinee* 2:30 Golf 3:30 Happy Hour 4:00 Magazine Collage 4:30 Helping Hands 5:00 Dinner 6:00 One on One 7:00 Quiet Moments/Snack	8 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 10:00 Daily Exercise 10:00 *Cooking Club* 10:30 Treats & Topics 11:30 Helping Hands 12:00 Lunch 1:00– 2:00 *Movie Matinee* 2:30 Treats & Topics 3:00 Bingo 3:30 Finish the Phrase 4:00 Ball Toss 4:30 Helping Hands 5:00 One On One 6:00 Cleaning Time 7:00 Quiet Moments/Snack	9 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 *Cooking Club* 10:30 Treats & Topics 11:30 Helping Hands 12:00 Lunch 1:00– 2:00 *Movie Matinee* 2:30 Spin the Wheel 3:30 Manicures/Pedicures 4:30 Helping Hands 5:00 Dinner 6:00 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack
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