

*Hello,
November*

Arbor House

Assisted Living & Independent Living

Marble Falls TX

November 2020

Meet Your Arbor House Team

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Paige Healy

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**Arbor House of Marble
Falls**

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www.arborhouseliving.com

License # 105513

What's Happening...

Hello November....We are so ready for the holiday season. We are patiently waiting for that wonderful turkey dinner on Thanksgiving day. But until then we will be having pumpkin pie for Pie Happy Hour on Tuesday the 3rd. Our November birthday party is on the 10th with lots of birthdays to celebrate, we start off with Retha on the 1st, Beverly on the 9th, Brooks on the 11th, Margaret on the 16th, Betty M on the 17th, and Ivonne on the 23rd. Wow that is a lot of celebrating. We will honor our Veterans on the 11th with a afternoon social.

The residents really enjoy crafting so we will be making Christmas ornaments, what a wonderful gift for a friend. And speaking of Christmas, this year we will be having a gift exchange for our residents. Our residents can't go out to shop so that's where our family and friends come in. We would like for you to provide a gift for your loved one to exchange. If your loved one is a female, please provide a gift suitable for a female and if your loved one is male, your gift should be male appropriate. The exchange will take place at our resident Christmas party. Please bring the gift marked with the name of the resident that is giving the gift by December 15th. Thank you for helping us make this a very special Christmas for our residents.

Friends in Motion

New Friends



Meet our new friends Retha & Betty. Welcome ladies to your new home.

Just for Fun



Ice Cream Social



Congrats Jess & Zack

Friends in Motion



My Favorite Pastime



Barbara spends hours in the courtyard



Nina loves to read



Dottie loves to dance (taken Jan 2020)



Betty enjoys Bingo



Holly enjoys cuddling up and reading



Belle loves to bake

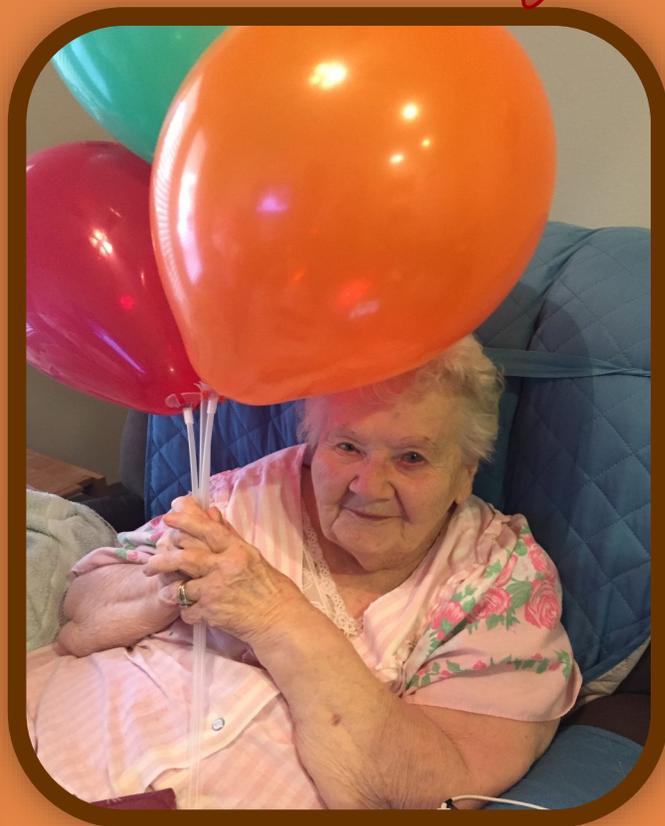
Craft Corner



Craft Corner is always a lot of fun. The ladies did a great job on their fall wreaths and they had a few laughs along the way. From left to right Marge, Dottie, Nina, Ruby, & Kathryn.

Friends in Motion

Oct. Birthdays



Betty
Marge *Jackie*

Under the Shade Tree

Special Thanks To

The Arena of Peace Cowboy Church

St. Peter's Lutheran Church

First Baptist Church of Marble Falls

First United Methodist Church

Terry with Texas Home Health

Cindy with Encompass Home Health

Sharon Chin ~ Volunteering and Donations

Luke Thomas Holmquist ~ Entertainment

Jane Corley—Volunteering

All of our Care Friends

HAPPY BIRTHDAY



Retha 11-01

Beverly 11-09

Brooks 11-11

Margaret 11-16

Betty 11-17

Ivonne 11-23



**We're on
Facebook !!**

@arborhousemarblefalls

We're expanding our social media presence and invite everyone to visit & like us there! Stay tuned as we add more posts to share with our Arbor House family & friends.



Arbor House Assisted Living, provides a beautiful home for you in a friendly, secure and supportive environment. Your privacy, dignity, and independence will be respected and promoted by a warm and caring staff. Your sunlit home includes a flowering courtyard, movie theater, and coffee shop where neighbors share friendships and good times.

Residents enjoy the comfort of being catered to with services such as three delicious meals each day served restaurant style, weekly laundry and housekeeping, planned group activities, and assistance as needed with personal care such as bathing, dressing, grooming and walking.

Arbor House also has a dedicated community for residents with memory care needs. Our Evergreen community has been designed based on the most common and relevant studies and is dedicated to creating an environment that promotes independence and dignity for those managing dementia-causing diseases such as Alzheimer's. For example, we use orange dining ware, which studies tells us improves appetite. In addition, a person's ability to visually process the food on the plate can be affected by the journey of the disease, and this contrast can make eating easier and reduce mealtime stress.

For people managing dementia a structured and purpose-filled day reduces stress and "sun downing". Our engagement program "Life in Motion", offers a consistent routine to increase independence and to provide our residents joy, purpose, and connection.

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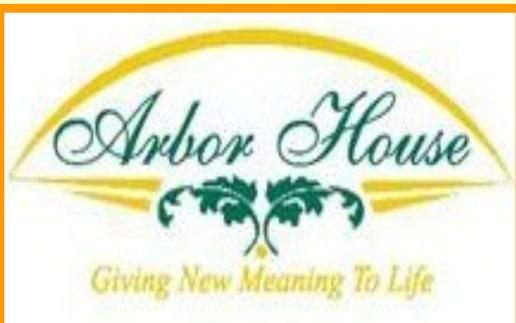
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