



## Your Arbor House Leadership Team

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License #106574

# Arbor Gardens Happenings Waco, Texas



I have spent most of my life surrounded by food and family. Born and raised in Waco Texas, I attended the Texas State Technical College of Waco, where I graduated with an

associate degree, and later received my state license as an Executive Chef. I have worked as a sous chef and head chef pretty much all over Texas and New Mexico (there is no job too big or too small that I cannot do). I plan to go back to school to get my Masters in Dietitian. But while I am here at Arbor House, I plan to give your taste buds a ride around the world with different cuisine. I'm very happy to be a part of the Arbor House Family.

*Chef Dee*

Dietary Manager

*Thankful*

The leaves are changing colors and Thanksgiving is just around the corner. The Cooler weather is finally here! October was a wonderful month full of many blessings, and we are excited to see what November brings. We are extremely blessed to have the opportunity to spend so much time with each and every one of our residents. We thank all the

families and friends for trusting us to care for your loved ones. We love what we do and we are thankful for our Arbor Gardens Family!

**Happy Thanksgiving to all!!!**

*Christy Ocampo*

**Arbor Gardens Coordinator & Engagement Coordinator**



I enjoyed making our fall centerpieces with Tamavia!  
- Ginger



Martha, feeling purposeful by helping do manicure with other residents.

Are you all craving for my famous lemon cake?  
- Zella



Treats & Topics is my favorite time of the day! Food and people around me are awesome!



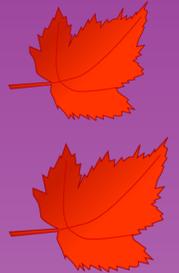
We always get pampered here in Arbor Gardens! We are blessed to have caring friends here at home!  
- John

Balloon Volleyball is so much fun!  
- Rose





We know this year has been rough, but we see your strength & wish you all the best!  
Happy Thanksgiving!



### **Note from the DON, Kristi Burger**

Most of our residents' families are under the impression that the legal documents their loved ones have in place honor their wishes. The confusing part of Advanced Directives is that on the Living Will or Directive to Physicians it states their wishes. This form is legally acceptable in a hospital setting, if they do not wish to have CPR administered.

Unfortunately, anywhere outside of the hospital including Arbor House, the State of Texas requires a different form. The form required to not have CPR administered is called "Out Of Hospital Do Not Resuscitate (OOH-DNR) Order." By signing this form, they still get any medical treatment they wish to pursue. This form simply stops CPR from being administered, if someone's heart were to stop in their sleep or suddenly. This form can also be revoked at any time. Arbor House would like to make sure you have the correct legal documents in place, so that their wishes are upheld. If you have any questions or concerns, please feel free to contact me.



At Arbor House Assisted Living Waco, our personalized services are designed for those who desire the finer things in life. Since we believe life improves with age, we have created special services and carefree environment that promotes independence and dignity without all of the concerns associated with maintaining a home. The array of fine services we offer reflect our goal of enhancing quality of life for our residents. Most importantly, our services are delivered with respect and sensitivity. We understand that individual needs vary, so our personalized services are tailored to meet the

specific needs of each resident. Whether it be a hobby, exercise, or leisure, we offer our residents the opportunity to pursue individual desires. Arbor House offers a choice of private suites designed to meet diverse needs and tastes. Our spacious and inviting accommodations await and welcome the personal touches and cherished collectibles that truly make a house a home. Our residents enjoy the outdoors in our beautifully appointed courtyards. All the best in life in the company of good friends, the indulgence of gracious amenities, and the security of caring, personalized services await you at Arbor House. We invite you to become a part of our special residence dedicated to providing you with the best in life.



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