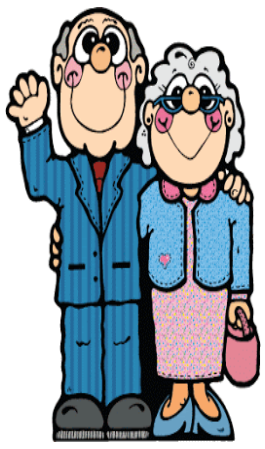
Sun	Mon	Tue	Wed	Thu	Fri	Sat
Arbor Gardens SEPTEMBER 2020 CILANTRO and THYME Calendar	 Happy Grandparent's Day September 13	**1** 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise *10:00 Cooking Club* 10:30 Treats & Topics 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Treats & Topics 3:00 Bingo 4:00 Manicures/Pedicures 4:30 Helping Hands 5:00 Dinner 6:00 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack	**2** 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 Finish The Phrase 10:30 Treats & Topics w/ Encompass Home Health 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Treats & Topics 3:30 Bingo 3:30 Ring Toss 4:30 Helping Hands 5:00 Dinner 6:00 One on One 7:00 Quiet Moments/Snack	**3** 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 10:00 Daily Exercise 10:30 Treats & Topics 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Golf 3:30 Happy Hour 4:00 Magazine Collage 4:30 Helping Hands 5:00 Dinner 6:00 One on One 7:00 Quiet Moments/Snack	**4** 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 10:00 Daily Exercise 10:00 *Cooking Club* 10:30 Treats & Topics 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Treats & Topics 3:00 Bingo 3:30 Finish the Phrase 4:00 Ball Toss 4:30 Helping Hands 5:00 One On One 6:00 Cleaning Time 7:00 Quiet Moments/Snack	**5** 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 *Cooking Club* 10:30 Treats & Topics 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Snacks/Treats 3:30 Spin the Wheel 4:00 Magazine Collage 4:30 Helping Hands 5:00 Dinner 6:00 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack
6 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 Ring Toss 10:30 Magazine Collage 11:00 Outdoor Time 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Treats & Topics 3:00 Balloon Volleyball 3:30 Bingo 4:00 Manicures/Pedicures 4:30 Helping Hands 5:00 Dinner 6:30 Cleaning Time 7:00 Quiet Moments/Snack	**7** 7:00 Getting Ready 8:00 Breakfast 9:00 Chair Exercises 9:30 Daily Devotions 10:00 *Cooking Club* 10:30 Treats & Topics 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Finish the Phrase 3:00 Bingo 4:00 Magazine Collage 4:30 Helping Hands 5:00 Dinner 6:00 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack	**8** 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise *10:00 Cooking Club* 10:30 Treats & Topics 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Treats & Topics 3:00 Bingo 4:00 Manicures/Pedicures 4:30 Helping Hands 5:00 Dinner 6:00 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack	**9** 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 Finish The Phrase 10:30 Treats & Topics w/ Encompass Home Health 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Treats & Topics 3:30 Bingo 3:30 Ring Toss 4:30 Helping Hands 5:00 Dinner 6:00 One on One 7:00 Quiet Moments/Snack	**10** 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 10:00 Daily Exercise 10:30 Treats & Topics 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Golf 3:30 Happy Hour 4:00 Magazine Collage 4:30 Helping Hands 5:00 Dinner 6:00 One on One 7:00 Quiet Moments/Snack	**11** 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 10:00 Daily Exercise 10:00 *Cooking Club* 10:30 Treats & Topics 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Grandparent's Day Celebration 3:00 Bingo 3:30 Finish the Phrase 4:00 Ball Toss 4:30 Helping Hands 5:00 One On One 6:00 Cleaning Time 7:00 Quiet Moments/Snack	**12** 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 *Cooking Club* 10:30 Treats & Topics 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Spin the Wheel 3:30 Magazine Collage 4:00 Balloon Toss 4:30 Helping Hands 5:00 Dinner 6:00 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack
13 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 Ring Toss 10:30 Magazine Collage 11:00 Outdoor Time 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Treats & Topics 3:00 Balloon Volleyball 3:30 Bingo 4:00 Manicures/Pedicures 4:30 Helping Hands 5:00 Dinner 6:30 Cleaning Time 7:00 Quiet Moments/Snack	**14** 7:00 Getting Ready 8:00 Breakfast 9:00 Chair Exercises 9:30 Daily Devotions 10:00 *Cooking Club* 10:30 Treats & Topics 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Finish the Phrase 3:00 Bingo 4:00 Magazine Collage 4:30 Helping Hands 5:00 Dinner 6:00 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack	**15** 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise *10:00 Cooking Club* 10:30 Treats & Topics 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Treats & Topics 3:00 Bingo 4:00 Manicures/Pedicures 4:30 Helping Hands 5:00 Dinner 6:00 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack	**16** 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 Finish The Phrase 10:30 Treats & Topics w/ Encompass Home Health 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Treats & Topics 3:30 Bingo 3:30 Ring Toss 4:30 Helping Hands 5:00 Dinner 6:00 One on One 7:00 Quiet Moments/Snack	**17** 7:00 Getting Ready 8:00 Breakfast 9:00 Devotions 10:00 Daily Exercises 10:30 Treats &Topics 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Golf 3:30 Happy Hour 4:00 Magazine Collage 4:30 Helping Hands 5:00 Dinner 6:00 One on One 7:00 Quiet Moments/Snack	**18** 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 10:00 Daily Exercise 10:00 *Cooking Club* 10:30 Treats & Topics 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Treats & Topics 3:00 Bingo 3:30 Finish the Phrase 4:00 Ball Toss 4:30 Helping Hands 5:00 One On One 6:00 Cleaning Time 7:00 Quiet Moments/Snack	**19** 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 *Cooking Club* 10:30 Treats & Topics 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Spin the Wheel 3:30 Magazine Collage 4:00 Balloon Toss 4:30 Helping Hands 5:00 Dinner 6:00 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack
20 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 Ring Toss 10:30 Magazine Collage 11:00 Outdoor Time 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Treats & Topics 3:00 Balloon Volleyball 3:30 Bingo 4:00 Manicures/Pedicures 4:30 Helping Hands 5:00 Dinner 6:30 Cleaning Time 7:00 Quiet Moments/Snack	**21** 7:00 Getting Ready 8:00 Breakfast 9:00 Chair Exercises 9:30 Daily Devotions 10:00 *Cooking Club* 10:30 Treats & Topics 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Finish the Phrase 3:00 Bingo 4:00 Magazine Collage 4:30 Helping Hands 5:00 Dinner 6:00 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack	**22** 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise *10:00 Cooking Club* 10:30 Treats & Topics 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Birthday Party Texas Home Health & Hospice 4:00 Manicures/Pedicures 4:30 Helping Hands 5:00 Dinner 6:00 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack	**23** 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 Finish The Phrase 10:30 Treats & Topics w/ Encompass Home Health 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Treats & Topics 3:30 Bingo 4:30 Helping Hands 5:00 Dinner 6:00 One on One 7:00 Quiet Moments/Snack	**24** 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 10:00 Daily Exercise 10:30 Treats & Topics 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Golf 3:30 Happy Hour with Interim Hospice 4:00 Magazine Collage 4:30 Helping Hands 5:00 Dinner 6:00 One on One 7:00 Cleaning Time	**25** 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 10:00 Daily Exercise 10:00 *Cooking Club* 10:30 Treats & Topics 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Treats & Topics 3:00 Bingo 3:30 Finish the Phrase 4:00 Ball Toss 4:30 Helping Hands 5:00 One On One 6:00 Cleaning Time 7:00 Quiet Moments/Snack	**26** 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 *Cooking Club* 10:30 Treats & Topics 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Spin the Wheel 3:30 Magazine Collage 4:00 Balloon Toss 4:30 Helping Hands 5:00 Dinner 6:00 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack
27 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 Ring Toss 10:30 Magazine Collage 11:00 Outdoor Time 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Treats & Topics 3:00 Balloon Volleyball 3:30 Bingo 4:00 Manicures/Pedicures 4:30 Helping Hands 5:00 Dinner 6:30 Cleaning Time 7:00 Quiet Moments/Snack	**28** 7:00 Getting Ready 8:00 Breakfast 9:00 Chair Exercises 9:30 Daily Devotions 10:00 *Cooking Club* 10:30 Treats & Topics 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Finish the Phrase 3:00 Bingo 4:00 Magazine Collage 4:30 Helping Hands 5:00 Dinner 6:00 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack	**29** 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise *10:00 Cooking Club* 10:30 Treats & Topics 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Bingo 3:30 Getting to know you 4:00 Manicures/Pedicures 4:30 Helping Hands 5:00 Dinner 6:00 One on One 6:30 Cleaning Time 7:00 Quiet Moments/Snack	**30** 7:00 Getting Ready 8:00 Breakfast 9:00 Daily Worship 9:30 Daily Exercise 10:00 Finish The Phrase 10:30 Treats & Topics w/ Encompass Home Health 11:30 Helping Hands 12:00 Lunch 1:00– 1:45 Quiet Moments 2:30 Treats & Topics 3:30 Bingo 4:30 Helping Hands 5:00 Dinner 6:00 One on One 7:00 Quiet Moments/Snack	Birthday Party	September 22 @ 2:30	Texas Home Health & Hospice
Arbor House						