

MUSTANG ARBOR HOUSE TIMES



September 2020



The zodiac signs of September are of the Virgo (August 23 -September 22) whose symbol is of the Virgin. It is also of the Libra (September 23-October 22) whose symbol is of the scales.



World Alzheimer's Day is celebrated yearly on September 21st. Alzheimer's Disease is the 6th leading cause of death in the US that has no cure or prevention. The color purple represents mystery and since a cure for Alzheimer's is considered a mystery in itself, it is fitting to also represent awareness for Alzheimer's. Alzheimer's is a type of dementia that affects one's memory, thinking and behavior. It's a progressive disease with symptoms that eventually grow severe enough to interfere with one's daily tasks or functions. Today, there is a worldwide effort under way to find better ways to treat the disease, delay its onset, and prevent it from developing.



What we remember in September

September includes quite a few important dates: Grandparents day is celebrated on Sept 13th, Labor Day is on Sept 7th, on 9/11 we give remembrance to those that were affected during the Sept 11th terrorist attacks and have coined it Patriot day.

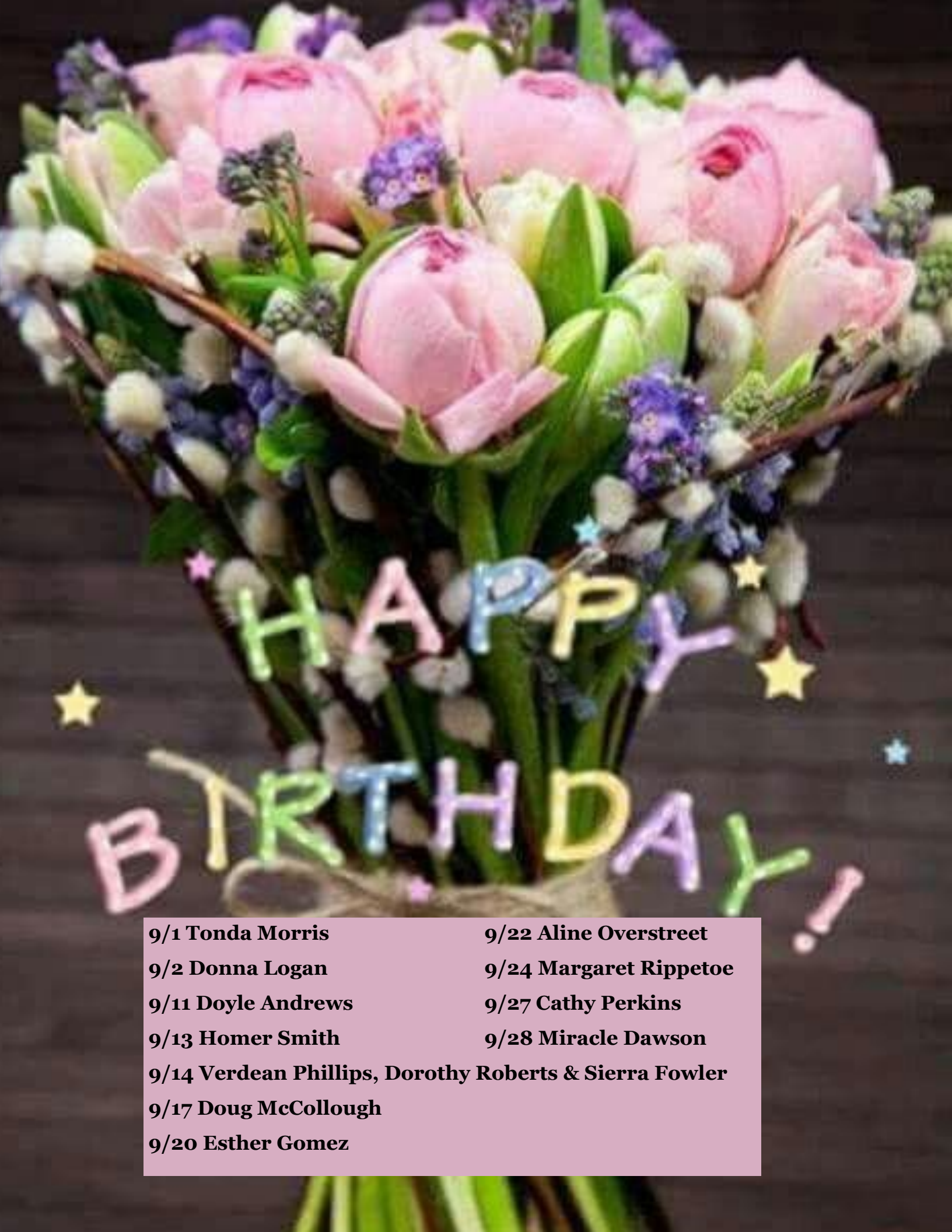
The month of September is also known as the autumn equinox for the Northern Hemisphere which starts on September 22nd. During this time the chances to see the aurora borealis display increases for those located on high Northern Hemisphere latitudes. In the Southern Hemisphere September is known for the opposite being the spring equinox.

The origin of National Grandparents Day can be traced back to 1973 when West Virginian homemaker, Marian Lucille Herndon McQuade wanted to declare Grandparents Day as a family day. She and her husband Joseph McQuade, after 60 years of marriage had a total of 15 children, 43 grandchildren, 10 great-grandchildren, and 1 great-great grandchild. It wasn't until 1979 that President Jimmy Carter proclaimed the first Sunday after Labor Day each year as National Grandparents Day .

Labor day is a US national holiday that is continually held on the first Monday of September. The first Labor Day parade was held on Tuesday, Sept 5th, 1882, in New York City. Labor Day is a creation of the labor movement that sought to create a day off work for citizens whom were typically working 12 hour days 7 days a week for low wages and in poor conditions. Mondays were set for the holiday to allow workers to have a continued 3 day weekend off work in celebration of all their labors.

Patriot Day which is not to be confused with Patriot's Day (held in April often with the Boston Marathon as the commemoration of the battles of Lexington and Concord near Boston, Massachusetts) is a day of observance to remember all who died during the terrorist attacks on September 11th 2001.

Native American day is observed in California on the 4th Friday of September. It is considered to be a public holiday in South Dakota and in California, instead of Columbus Day. In 1989 the South Dakota legislature unanimously passed legislation to proclaim 1990 as the "Year of Reconciliation" for Native Americans and to change Columbus Day to Native American Day. In addition in 1998 the California Assembly declared Native American Day as an official annual statewide day of observance. This day celebrates the heritage of Native Americans and for both native and non-native cultures to unite, so the many aspects of native culture can be shared. Gold Star Mother's Day is an observance day held on the last Sunday of September. It is not a holiday but the US president calls on all Americans to display the nation's flag and hold appropriate meetings to publicly express their love, sorrow, and reverence towards Gold Star Mothers and their families. Government buildings are also required to display the flag in observance. The name the Gold Star Mothers was incorporated in 1929 and derives from the custom that military families follow of putting up a service flag near their front window. The flag featured a star for each family member serving in their country – living members were denoted in blue but gold stars honored family members who were killed while in duty.



9/1 Tonda Morris

9/2 Donna Logan

9/11 Doyle Andrews

9/13 Homer Smith

9/14 Verdean Phillips, Dorothy Roberts & Sierra Fowler

9/17 Doug McCollough

9/20 Esther Gomez

9/22 Aline Overstreet

9/24 Margaret Rippetoe

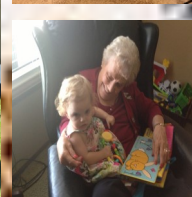
9/27 Cathy Perkins

9/28 Miracle Dawson

A grandparent
is a little
bit parent,
a little bit
teacher,
and a little
bit best friend



Grandparents
are a delightful blend of
Laughter,
Caring deeds,
Wonderful stories,
and Love!







A hand is holding a bouquet of flowers against a wooden background. The bouquet features a large white dahlia with a yellow center, several purple flowers, pink flowers, and green foliage. The background is a wooden wall with vertical planks.

Aster & Morning Glory



September 11

Word Search

DIRECTIONS: Find and circle the vocabulary words in the grid. Look for them in all directions including backwards and diagonally.

AFGHANISTAN
AL QAEDA
ATTACK
BIN LADEN
COLLAPSE
CRASH
EMERGENCY
FIREMEN
GEORGE W. BUSH
GROUND ZERO
HEROES
HIZACK
MEMORIES
MOURNING
NEW YORK
OBSERVANCE
PATRIOTISM
PENNSYLVANIA
PENTAGON
PELOTS
POLICE
REMEMBRANCE
SHANKSVILLE
TALIBAN
TERRORISM
TWIN TOWERS
VICTIMS
WASHINGTON D.C.
WORLD TRADE CENTER



The Arbor House Philosophy is based on the belief that each resident is entitled to the highest quality of life through wellness services that work to promote each individuals: independence, healthy lifestyles, dignity, and a sense of security.

The right of each resident to determine his/her need is respected at each level of care, and promoted by providing services in ways that recognize individuals needs and preferences. A partnership exists between residents and staff to promote individual's independence while providing the necessary support to function at his/her highest level.



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