



# Arbor House

Assisted Living & Independent Living

Marble Falls TX

July 2020

## Meet Your Arbor House Team

### **Rhonda Tedford**

Rhonda@arborhouseliving.com  
Executive Director

### **Leasha Holmes**

Leasha@arborhouseliving.com  
Director of Nursing

### **Janell Hopper**

Janell@arborhouseliving.com  
Engagement Coordinator

### **Jessica Robbins**

Jessica@arborhouseliving.com  
Community Liaison

### **Kathryn Bryant**

Evergreen Engagement Coordinator

### **Paige Healy**

Executive Chef

### **Anthony Perez**

Director of Maintenance

### **Arbor House of Marble Falls**

1801 King Road

Marble Falls, Texas 78654

830.613.3260

www.arborhouseliving.com

License # 105513

## WHAT'S HAPPENING...

*I can't believe that July is here already. Time does fly when your having fun. Having fun you say in the middle of the stay at home order!! Oh yes we are, the most fun that everyone has had in a very long time was our Memorial Day parade. I can't tell you how nice it was to have so many families and friends join in our celebration. The residents were talking about it for weeks. And of course the fun just keeps on happening. To kick off July the Marble Falls fireworks show is always a big hit. We will of course be playing bingo, watching movies, playing games, having socials, cooking, crafts, exercising and of course we can't forget about Pie Happy Hour and our Friday afternoon Happy Hour with wine, snacks, and games.*

*The staff is working extra hard to make this trying time as easy on everyone as possible. Many family members and residents have made mention of two special people that have worked very hard to keep everyone safe in the midst of this pandemic. They would like to thank Rhonda and Leasha for all they are doing to keep us safe. They do a great job of entertaining us as well. So THANK YOU ladies for all you do.*



# Memorial Day



# Memorial Day



*Our Memorial Day Parade was absolutely wonderful. The residents have been talking about it for weeks. We would like to thank everyone that participated, you truly made it a very special day for us all.*

# Friends in Motion



Our Memorial Day fun didn't end with the parade. We had a red, white, & blue social to top off the day.



Ruby and Dottie are reading the movie flyer to see what movie they will watch next.



Spinners is the game of choice for Nina, Marge, Kathrine, Dottie



Dottie preparing the lattice crust for our apple pie for pie happy hour.



Marge coloring a beautiful picture.



Nina making the fruit pizza for our afternoon social.



Claudia making her sign for the parade.



To the left is Joe and Claudia at the birthday party trying to guess the Name That Tune song.

# Under the Shade Tree

## Special Thanks To

*The Arena of Peace Cowboy Church*

*St. Peter's Lutheran Church*

*First Baptist Church of Marble Falls*

*First United Methodist Church*

*Terry with Texas Home Health*

*Cindy with Encompass Home Health*

*Sharon Chin ~ Volunteering & Donations*

*Luke Thomas Holmquist ~ Entertainment*

*Jane Corley—Volunteering*

*All of our Care Friends*



**Stan 7/13**

**Fred D 7/18**

**HOMIE**  
**OF ★ THE**  
**FREE**  
**BECAUSE**  
**OF ★ THE**  
**BRAVE**



Arbor House Assisted Living, provides a beautiful home for you in a friendly, secure and supportive environment. Your privacy, dignity, and independence will be respected and promoted by a warm and caring staff. Your sunlit home includes a flowering courtyard, movie theater, and coffee shop where neighbors share friendships and good times.

Residents enjoy the comfort of being catered to with services such as three delicious meals each day served restaurant style, weekly laundry and housekeeping, planned group activities, and assistance as needed with personal care such as bathing, dressing, grooming and walking.

Arbor House also has a dedicated community for residents with memory care needs. Our Evergreen community has been designed based on the most common and relevant studies and is dedicated to creating an environment that promotes independence and dignity for those managing dementia-causing diseases such as Alzheimer's. For example, we use orange dining ware, which studies tells us improves appetite. In addition, a person's ability to visually process the food on the plate can be affected by the journey of the disease, and this contrast can make eating easier and reduce mealtime stress.

For people managing dementia a structured and purpose-filled day reduces stress and "sun downing". Our engagement program "Life in Motion", offers a consistent routine to increase independence and to provide our residents joy, purpose, and connection.

**Arbor House of Marble Falls**

**1801 King Rd**

**Marble Falls, Tx 78654**

**Main:820-613-3062**

**Fax: 830-613-3263**

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