

# MUSTANG ARBOR HOUSE TIMES



## July 2020

### 4th– Independence Day

In 1775, people in New England began fighting the British for their independence. On July 2, 1776, the Congress secretly voted for independence from Great Britain. Two days later, on July 4, 1776, the final wording of the Declaration of Independence was approved, and the document was published. The first description of how Independence Day would be celebrated was in a letter from John Adams to his wife Abigail on July 3, 1776. He described it as a day that “out to be solemnized with Pomp and Parade, with Shews, Games, Sports, Guns, Bells, Bonfires, and Illuminations from one end of this continent to the other from this time forward forever more.”

## Interesting Facts about July

The month of July is often referred to as the “dog days of summer.” This phrase was brought about by the ancient Greek’s and Romans who believed Sirius’ (Seirios) was the God of the Dog star (the chief star of the Canis Major constellation.) They believed that Sirius along with the Sun radiated extra heat toward the Earth, making the days hotter. This deemed the “Dog Days” to begin in July (July 3-Aug 11) the time when Sirius began to appear just before sunrise.

The Continental Congress adopted a resolution on July 2, 1776 severing ties with the Kingdom of Great Britain. The final wording of the formal Declaration of Independence was not approved until the 4th of July.

On July 2 in 1839, 53 African slaves took over the Slave ship the Amistad. Also on July 2 but in 1937 Amelia Earhart and navigator Fred Noonan were last heard from over the Pacific Ocean while attempting to make the first equatorial round-the-world flight.

Dow Jones and Company published its first stock average on July 3, 1884. The company is one of the largest business & financial news companies in the world and was founded by three reporters: Charles Dow, Edward Jones, and Charles Bergstresser.

The USS Vincennes mistook Iran Air Flight 655 as one of Iran’s F-14 fighter jets holding missiles that could strike their ship over the Persian Gulf. The captain gave orders to shoot down the airline -killing all 290 people aboard on July 3 1988.

On July 4, 1987 Former Gestapo chief Klaus "Butcher of Lyon" Barbie was extradited from Bolivia and convicted of 177 crimes against humanity. He was sentenced to life imprisonment in France but died in 1990 from cancer.

On July 8, 1800 Benjamin Waterhouse, a Harvard professor of medicine, performed the first U.S. vaccinations on his children and servants. He had received the vaccine from England on threads soaked in cowpox lymph. Some time after vaccinating his children, he challenged them with small-pox and showed them to be immune.

Chinese archeologists announced the uncovering of a 3-acre burial mound concealing 6000 clay statues of warriors. The "Terracotta Army" and their regalia dating from 221 to 206 BC, near the ancient capital of Xian on July 11, 1975.

July 16, 1969 Apollo 11 was launched from the Kennedy Space Center.

The zodiac signs of July are of the Cancer (June 22– July 22) and of the Leo (July 23-August 22).

**HAPPY BIRTHDAY!!!**



**7/9 John Knuppel**

**7/10 Alei Lopez**

**7/12 Ashley Lestarge**

**7/13 Norma Miller**

**7/15 Joann Nitzel**

**7/25 Angie McGuire**

**7/27 Linda Titterington**

**7/28 Billie Lundgren**



**Birthstone:**

**Ruby**

**Birth Flower:**

**Larkspur**



Y A D I L O H Y E S R E J W E N J N Y K  
 Y T R E B I L N O S R E F F E J A Z D R  
 R I G H T S R E R A W A L E D J M X S O  
 W B F J A N I L O R A C H T R O N B T Y  
 M A R Y L A N D F O U R T H D A A G N W  
 M A S S A C H U S E T T S E N C I P E E  
 N O I T A R A L C E D D E I E I N H M N  
 T A P I C N I C F V N R L L N V A I N C  
 H M I D T U E I P A F O E D H S V L R R  
 I E T N H U R W L P R B E S E S L A E E  
 R R A Q I E C S H A R P Y L Y E Y D V V  
 T I H I W G I I C A E C P L U I S E O O  
 E C G O G E R H T N M I O C U T N L G L  
 E A R O D R T I D C C P E L R J N P X U  
 N K M O P U O E V N E B S I O M E H S T  
 S G H I O N N E I I R N P H G N P I T I  
 A R Y S H C T R G A H E N B I D I A A O  
 G A L F E O P X B P S L W O R R A E R N  
 Z S E T A T S D E T I N U W C M E M S G  
 X E L B A N E I L A N U Y T I L A U Q E

America	government	Philadelphia
barbecue	holiday	picnic
celebration	independence	principles
colonies	Jefferson	revolution
Connecticut	July	Rhode island
declaration	liberty	rights
Delaware	Maryland	South Carolina
equality	Massachusetts	stars
fireworks	New Hampshire	stripes
flag	New jersey	thirteen
fourth	New York	unalienable
freedom	North Carolina	United States

The Arbor House Philosophy is based on the belief that each resident is entitled to the highest quality of life through wellness services that work to promote each individuals: independence, healthy lifestyles, dignity, and a sense of security.

The right of each resident to determine his/her need is respected at each level of care, and promoted by providing services in ways that recognize individuals needs and preferences. A partnership exists between residents and staff to promote individual's independence while providing the necessary support to function at his/her highest level.



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Our Staff

- Executive Director.....Cristy Davis
- Director of Nursing.....Lynne Zepeda
- Rn Consultant.....Shelly Jones
- Wellness Coordinator.....Tonda Morris
- Executive Assistant.....Allison Shepherd
- Engagement Coordinator.....Douglas McCollough
- Dietary Manager.....Alethea Lopez
- Maintenance.....Jamey Foote
- Housekeeping.....Gwendolynn Vanhorn
- Laundry Attendant.....Aline Overstreet