

Arbor House Assisted Living & Memory Care
1501 W Campbell
Garland Texas 75044

Postage
Information

Your Mailing Address
Street Number and Name
City, State ZIP Code

At Arbor House Assisted Living and Memory Care of Garland our mission is to give new meaning to life to seniors by providing high-quality service in a comfortable, secure environment given with a spirit promoting dignity and respect.

When you choose our Assisted Living, you will see that it is all about personal freedom and choices. Residents choose more than just an apartment, they choose to live in a carefree, comfortable home all while maintaining their dignity and independence.

If Arbor Gardens, our memory care community, is more of a fit for your family you will see that we specialize in caring for our residents who are walking the journey of dementia causing diseases, such as Alzheimer's. We are committed to supporting both the person with the diagnoses and those affected by it.

When it comes to choosing senior living for yourself or your loved one we understand there are many choices which can make it difficult. At Arbor House, our residents all receive 24-hour support and caring tailored to meet their individual needs.

Sincerely, Sharnice Taylor

Executive Director License #146656

FABULOUS REMINDERS

Monday- Tuesday/Thursday -Friday
9:30 Stretch and Flex

Tuesday: 10:30 Food for the Brain

Wednesday: 10:00 Shopping

Thursday: Happy Social Hour

Friday: Lunch Bunch

Friday: Movie

January 2020

LIFE IN MOTION

Arbor House of Garland Assisted Living and Memory Care 1501 W. Campbell Rd. Garland, TX 75044



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Happy New Year Everyone
Welcome to the year 2020

We made it to another decade. Now it's time to put away Christmas decoration, and get ready for a new year and a new endeavor. Now we can make those New Years' resolutions that we usually break within a week. Although there is one resolution we can make and keep. If you meet someone that doesn't have a smile give them yours. If they seem sad or blue give them a pat on the back. Being kind is a virtue. Now back to this decade that just ended. Did you ever think that you would see a smart car? A car that would park itself, or brake when it came to close to another object. A car that has a little screen that lets you know that something is behind you or guides you around the highways to your destinations. And a smart phone, a phone that lets you see the other person you are talking with, no matter how far the distance, miles and miles away. Did you ever think of a lady named Siri or Alexa giving you instant information? To wonder what wonderful medical or, science or space invention will accord in this next decade. Arbor House wishes you happiness for your new endeavors for the new decade.





Riddles/Jokes

A Perfect Marriage?

A man and woman had been married for more than 60 years. They had shared everything. They had talked about everything. They had kept no secrets from each other, except that the little old woman had a shoe box in the top of her closet that she had cautioned her husband never to open or ask her about.

For all of these years, he had never thought about the box, but one day, the little old woman got very sick and the doctor said she would not recover.

In trying to sort out their affairs, the little old man took down the shoe box and took it to his wife's bedside.

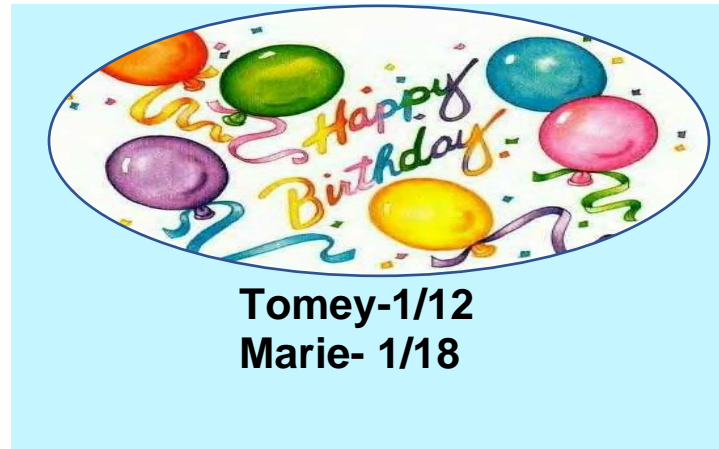
She agreed that it was time that he should know what was in the box. When he opened it, he found two crocheted dolls and a stack of money totaling \$95,000.

He asked her about the contents. "When we were to be married," she said, "my grandmother told me the secret of a happy marriage was to never argue. She told me that if I ever got angry with you, I should just keep quiet and crochet a doll."

The little old man was so moved; he had to fight back tears. Only two precious dolls were in the box. She had only been angry with him two times in all those years of living and loving. He almost burst with happiness.

"Honey," he said, "that explains the dolls, but what about all of this money? Where did it come from?"

"Oh," she said. "That's the money I made from selling the dolls."



Tomey-1/12
Marie- 1/18

Community News:
We have started a Veterans Wall.
We will start placing our
Veterans pictures on the wall. If
you have pictures of yourself in
military uniform, please share
with Nelida



Let's fill this wall with pictures



LIFE IN MOTION

Reindeers came to visit for the last race of the decade. The horse races always bring a lot of fun when they visit.

