

Arbor House Assisted Living &  
Memory Care  
1501 W Campbell  
Garland Texas 75044

Postage  
Information

Your Mailing Address  
Street Number and Name  
City, State ZIP Code

At Arbor House Assisted Living and Memory Care of Garland our mission is to give new meaning to life to seniors by providing high-quality service in a comfortable, secure environment given with a spirit promoting dignity and respect.

When you choose our Assisted Living, you will see that it is all about personal freedom and choices. Residents choose more than just an apartment, they choose to live in a carefree, comfortable home all while maintaining their dignity and independence.

If Arbor Gardens, our memory care community, is more of a fit for your family you will see that we specialize in caring for our residents who are walking the journey of dementia causing diseases, such as Alzheimer's. We are committed to supporting both the person with the diagnoses and those affected by it.

When it comes to choosing senior living for yourself or your loved one we understand there are many choices which can make it difficult. At Arbor House, our residents all receive 24-hour support and caring tailored to meet their individual needs.

Sincerely, Sharnice Taylor  
L#106663



**Monday:** 10:30 Pathway music/Hangman w/Ken

**Tuesday:** 10:30 Food for the Brain

**Wednesday:** 10:00 Shopping

**Thursday:** Happy Social Hour

**Friday-Lunch Bunch 11:30**  
**DECEMBER Month**

**Secret Santa**  
**Every Friday-Ugly Sweater Day**

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**Arbor House Leadership**  
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**Gabriel Akerele**  
*Maintenance Director*



## December

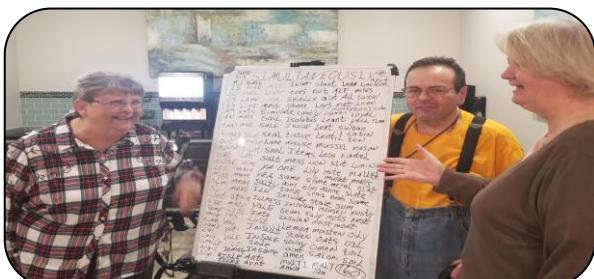
Yaaay for Christmas! Family, Friends, presents, and familiar Christmas songs, and of course, making memories. Every year is a new opportunity to make new memories. We all have our memories: like trying to learn how to ride your new bike. How about trying on your first skates, getting skinned knees from falling over a million times. Getting your first doll, or your first baseball mitt. Great memories like watching fireworks with the family. Watching Santa's go across the TV screen, showing how close he was getting to your town. Memories like helping your mom bake Christmas cookies, and then when you were finished icing them, mom let you lick the spoon. That was a super treat! Good memories that last a lifetime. Also, the recent memories celebrating with your first grand children or the great grandchildren. Arbor House is wishing you and yours the best Holiday memories.





So Proud of our "Food for the Brain" Group. We broke our last record of 150 to 160! All are welcome to join us.

(Food for the Brain)  
Tuesday at 10:30



# WELCOME HOME

Mary & Jim R. 123  
Milima R.310

**Happy Birthday**  
Greg R. 103



### Riddles

If the end of the year is on December 31st, then what is the end of Christmas?

What kind of laundry detergent does Santa use?

A woman gave birth to two sons who were born on the same hour of the same day of the same year but were not twins. How is this possible?

You will know that I am coming from the jingle of my bell, but exactly who I am is not an easy thing to tell. Children, they adore me for they find me jolly, but I do not see them when the halls are decked with holly. My job often leaves me frozen; I am a man that all should know, but I do not do business in times of sleet or ice or snow. But I have a cold and icy treat you know. I travel much on business, but no reindeer haul me around, I do all my traveling firmly on the ground. Who am I?



### LIFE IN MOTION

Paparing For Our Christmas Doors!



In life, you will realize there is a role for everyone you meet. Some will test you; some will use you; some will love you, and some will teach you. But the ones who are truly important are the ones who bring out the best in you. They are the rare and amazing people who remind you why it's worth it.

Submitted by, Clara