

Arbor House News



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"I'm so glad I live in a world where there are Octobers."

~ L. M. Montgomery,

Anne of Green Gables

Giants Among Us

On October 2, 1969, President Lyndon Johnson signed a bill creating Redwoods National Park in California. While it is estimated that over two million acres of old growth redwoods once existed along California's coast, today 133,000 acres of those remaining forests are protected as national and state parks. The coastal living conditions for these trees are perfect, and they get much of their water from the thick fog that rolls in off the coast. These trees are the tallest on Earth, and as such are the world's tallest living things. Take the redwood known as "Hyperion." Standing at 379 feet tall, it is the tallest known tree in the world. The tree is hidden deep within a rugged and inaccessible section of Redwood National Park and is considered so valuable that its location has not been disclosed so as to discourage visitors and vandals alike.



A Howling Good Time



Falling just a few days before Halloween, October 26 is Howl at the Moon Night. To hear a pack of wolves howling at the moon might make your hair stand on end, but there is really no scientific evidence to show that wolves do howl specifically at the moon. The truth is that wolves howl for a variety of reasons, none of which have to do with the moon. Some howl when they are lonesome. Some howl in confrontation. Others howl to share their location or to warn of danger. The howling of a pack is done to exaggerate their numbers to rivals. Interestingly, wolves have been associated with the moon since ancient times. So, too, have werewolves, that gruesome transformation of people into wolves. Luckily, werewolves are also just a myth.

Thank you to all the families who attended the

Sock Hop & Car Show

Family Night!

The evening was
enjoyed by All!



Halloween Carnival

Wednesday, Oct. 30th, 5:30 to 7:00 p.m.

Arbor House Lobby

Bring the family for Trick or Treating!

Haunted House, Games, Prizes, & FUN!

Dress in your favorite costume!

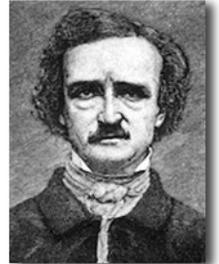
Mysterious in Life and Death

The writer Edgar Allan Poe's most famous works were dark and horrifying, macabre and mysterious. Perhaps it is fitting that Poe's death on October 7, 1849, is as mysterious and strange as the stories he wrote throughout his life.

It was October 3, 1849, election day, when an employee of the *Baltimore Sun* newspaper named Joseph W. Walker discovered a man lying in the gutter outside of his polling station. It was Edgar Allan Poe, but the writer was so delirious that he was unable to move or communicate. Many questions still lingered when Poe died just four days later. The night before his death, still in an incoherent state, Poe repeatedly shouted out the name "Reynolds." Who was Reynolds? Why was Poe discovered wearing another man's clothes? And most importantly, what had befallen Poe to leave him in such a state? There are countless theories about his cause of death, including suicide, murder, cholera, tuberculosis, alcoholism, carbon monoxide poisoning, a brain tumor, the flu, and even rabies.. Others claim that since Poe was discovered delirious on election day, he was the victim of cooping. This is when a person is drugged against their will and forced to vote for a candidate.

Others claim that since Poe was discovered delirious on election day, he was the victim of cooping. This is when a person is drugged against their will and forced to vote for a candidate. Sadly, definitive evidence does not exist to prove any of these theories.

To this day, no one really knows how Poe died. There is yet another twist in the mystery of Poe's death. Every year from 1949 to 2009, on the anniversary of Poe's birth, an unknown person visited Poe's grave. For 60 years they laid three roses on Poe's gravestone and left a bottle of cognac. The person donned black clothes and a large fedora, carried a cane, and covered their head in a white scarf. Sometimes the "Poe Toaster," as they were known, kissed Poe's gravestone or left a note that read, "Edgar, I haven't forgotten you." The disappearance of the Poe Toaster left yet another mystery to be solved, a fitting tribute for such a renowned master of the mysterious.



Life in Motion

McFarlin Line Dancers



Dinner music with Mike Hunter



Music with Shirley Franklin



Meet our new Residents!

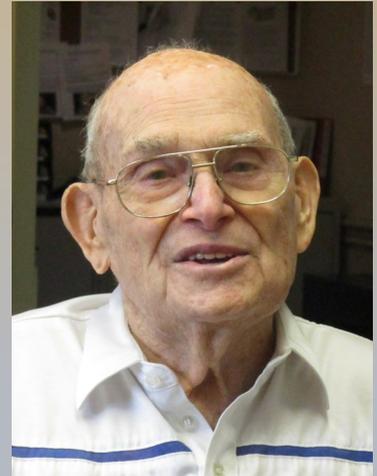
Mary Warren



Marguriete Klugas



James McHughes



Welcome to Arbor House!

Our Philosophy

Giving new meaning to Life

The Arbor House Philosophy is based on the belief that each resident is entitled to the highest quality of life through wellness services that work to promote independence, healthy lifestyles, dignity, and a sense of security.

The right of each resident to determine his/her need is respected at each level of care, and promoted by providing services in ways that recognize individuals needs and preferences.

A partnership exists between residents and staff to promote individual's independence while providing the necessary support to function at his/her highest level.

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Story or article suggestions?

Contact Christi or Email

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@ Arbor House Assisted Living

October Birthdays



RESIDENTS

10/03 — Donna C.
10/09 — Anne P.
10/27 — Arline R.
10/31 — Maureen B.



STAFF

10/14 — Sarah D.
10/21 — Chantal H.
10/25 — Alisha D.
10/31 — Michelle G.

Family & Friends — Join Team Arbor House!



Logon to alz.org/walk. Search for team Arbor House Norman. The Walk to End Alzheimer's is Sat., Oct. 5 at the Bicentennial Park. The party starts at 7:30 a.m. with Ceremony/Walk at 9:00 a.m. There will be lots of booths with give-a-ways and important information. Remember to stop by the Arbor House Booth and say "hi"! See you on Oct. 5th!

