September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 7:30 Breakfast Buddies 9:00 Bodies In Motion 11:00 Helping Hands 1:00 Quiet Moments 2:00 Snack Time 3:00 Bodies In Motion 4:00 Helping Hands 5:30 Quiet Moments 6:30 Minds In Motion	**2** 7:30 Breakfast Buddies 9:00 Bodies in motion 9:30 Patio Chit Chat 10:00 Joyful Noise 11:00 Helping hands 1:45 Creative Cooking 3:00 Bodies In Motion 4:00Helping Hands 5:30 Quiet Moments Labor Day	**3** 7:30 Breakfast Buddies 9:00 Bodies In Motion 11:00 Helping Hands 1:00 Quiet Moments 2:00 Snack Time 3:00 Bodies In Motion 4:00 Helping Hands 5:30 Quiet Moments 6:30 Minds In Motion	**4** 7:30 Breakfast Buddies 9:00 Bodies in motion 9:30 Patio Chit Chat 10:00 Joyful Noise 11:00 Helping hands 1:45 Creative Cooking 3:00 Bodies In Motion 4:00 Gathan Grahem 5:30 Quiet Moments	**5** 7:30 Breakfast Buddies 9:00 Bodies In Motion 11:00 Helping Hands 1:00 Quiet Moments 2:00 Snack Time 3:00 Bodies In Motion 4:00 Helping Hands 5:30 Quiet Moments 6:30 Minds In Motion	**6** 7:30 Breakfast Buddies 9:00 Bodies in motion 9:30 Cord & Marks Music 10:00 Joyful Noise 11:00 Helping hands 1:45 Creative Cooking 3:00 Bodies In Motion 4:00Helping Hands 5:30 Quiet Moments	**7** 7:30 Breakfast Buddies 9:00 Bodies In Motion 11:00 Helping Hands 1:00 Quiet Moments 2:00 Snack Time 3:00 Bodies In Motion 4:00 Helping Hands 5:30 Quiet Moments 6:30 Minds In Motion
8 7:30 Breakfast Buddies 9:00 Bodies In Motion 11:00 Helping Hands 1:00 Quiet Moments 2:00 Snack Time 3:00 Bodies In Motion 4:00 Helping Hands 5:30 Quiet Moments 6:30 Minds In Motion Grandparents' Day	**9** 7:30 Breakfast Buddies 9:00 Bodies in motion 9:30 Patio Chit Chat 10:00 Joyful Noise 11:00 Helping hands 1:45 Creative Cooking 3:00 Bodies In Motion 4:00Helping Hands 5:30 Quiet Moments	**10** 7:30 Breakfast Buddies 9:00 Bodies In Motion 11:00 Helping Hands 1:00 Quiet Moments 2:00 Snack Time 3:00 Bodies In Motion 4:00 Helping Hands 5:30 Quiet Moments 6:30 Minds In Motion	**11** 7:30 Breakfast Buddies 9:00 Bodies in motion 9:30 Patio Chit Chat 10:00 Joyful Noise 11:00 Helping hands 1:45 Creative Cooking 3:00 Bodies In Motion 5:30 Quiet Moments 6:15 Minds In Motion	**12** 7:30 Breakfast Buddies 9:00 Bodies In Motion 11:00 Helping Hands 1:00 Quiet Moments 2:00 Snack Time 3:00 Bodies In Motion 4:00 Helping Hands 5:30 Quiet Moments 6:30 Minds In Motion	**13** 7:30 Breakfast Buddies 9:00 Bodies in motion 9:30 Patio Chit Chat 10:00 Joyful Noise 11:00 Helping hands 1:45 Creative Cooking 3:00 Bodies In Motion 4:00Helping Hands 5:30 Quiet Moments	**14** 7:30 Breakfast Buddies 9:00 Bodies In Motion 11:00 Helping Hands 1:00 Quiet Moments 2:00 Snack Time 3:00 Bodies In Motion 4:00 Helping Hands 5:30 Quiet Moments 6:30 Minds In Motion
15 7:30 Breakfast Buddies 9:00 Bodies In Motion 11:00 Helping Hands 1:00 Quiet Moments 2:00 Snack Time 3:00 Bodies In Motion 4:00 Helping Hands 5:30 Quiet Moments 6:30 Minds In Motion	**16** 7:30 Breakfast Buddies 9:00 Bodies in motion 9:30 Patio Chit Chat 10:00 Joyful Noise 11:00 Helping hands 1:45 Creative Cooking 3:00 Bodies In Motion 4:00Helping Hands 5:30 Quiet Moments	**17** 7:30 Breakfast Buddies 9:00 Bodies In Motion 11:00 Helping Hands 1:00 Quiet Moments 2:00 Snack Time 3:00 Bodies In Motion 4:00 Helping Hands 5:30 Quiet Moments 6:30 Minds In Motion	**18** 7:30 Breakfast Buddies 9:00 Bodies in motion 9:30 Patio Chit Chat 10:00 Joyful Noise 11:00 Helping hands 1:45 Creative Cooking 3:00 Bodies In Motion 5:30 Quiet Moments 6:15 Minds In Motion	**19** 7:30 Breakfast Buddies 9:00 Bodies In Motion 11:00 Helping Hands 1:00 Quiet Moments 2:00 Snack Time 3:00 Bodies In Motion 4:00 Helping Hands 5:30 Quiet Moments 6:30 Minds In Motion	**20** 7:30 Breakfast Buddies 9:00 Bodies in motion 9:30 Cord & Marks Music 10:00 Joyful Noise 11:00 Helping hands 1:45 Creative Cooking 3:00 Bodies In Motion 4:00Helping Hands 5:30 Quiet Moments	**21** 7:30 Breakfast Buddies 9:00 Bodies In Motion 11:00 Helping Hands 1:00 Quiet Moments 2:00 Snack Time 3:00 Bodies In Motion 4:00 Helping Hands 5:30 Quiet Moments 6:30 Minds In Motion Oktoberfest Begins
22 7:30 Breakfast Buddies 9:00 Bodies In Motion 11:00 Helping Hands 1:00 Quiet Moments 2:00 Snack Time 3:00 Bodies In Motion 4:00 Helping Hands 5:30 Quiet Moments 6:30 Minds In Motion	**23** 7:30 Breakfast Buddies 9:00 Bodies in motion 9:30 Patio Chit Chat 10:00 Joyful Noise 11:00 Helping hands 1:45 Creative Cooking 3:00 Bodies In Motion 4:00Helping Hands 5:30 Quiet Moments Autumn Begins	**24** 7:30 Breakfast Buddies 9:00 Bodies In Motion 11:00 Helping Hands 1:00 Quiet Moments 2:00 Snack Time 3:00 Bodies In Motion 4:00 Helping Hands 5:30 Quiet Moments 6:30 Minds In Motion	**25** 7:30 Breakfast Buddies 9:00 Bodies in motion 9:30 Patio Chit Chat 10:00 Joyful Noise 11:00 Helping hands 1:45 Creative Cooking 3:00 Bodies In Motion 5:30 Quiet Moments 6:15 Minds In Motion	**26** 7:30 Breakfast Buddies 9:00 Bodies In Motion 11:00 Helping Hands 1:00 Quiet Moments 2:00 Snack Time 3:00 Bodies In Motion 4:00 Helping Hands 5:30 Quiet Moments 6:30 Minds In Motion	**27** 7:30 Breakfast Buddies 9:00 Bodies in motion 9:30 Patio Chit Chat 10:00 Joyful Noise 11:00 Helping hands 1:45 Creative Cooking 3:00 Bodies In Motion 4:00Helping Hands 5:30 Quiet Moments	**28** 7:30 Breakfast Buddies 9:00 Bodies In Motion 11:00 Helping Hands 1:00 Quiet Moments 2:00 Snack Time 3:00 Bodies In Motion 4:00 Helping Hands 5:30 Quiet Moments 6:30 Minds In Motion
29 7:30 Breakfast Buddies 9:00 Bodies In Motion 11:00 Helping Hands 1:00 Quiet Moments 2:00 Snack Time 3:00 Bodies In Motion 4:00 Helping Hands 5:30 Quiet Moments 6:30 Minds In Motion	**30** 7:30 Breakfast Buddies 9:00 Bodies in motion 9:30 Patio Chit Chat 10:00 Joyful Noise 11:00 Helping hands 1:45 Creative Cooking 3:00 Bodies In Motion 4:00Helping Hands 5:30 Quiet Moments Rosh Hashanah (first day)					

Arbor House Assisted Living-Reminisce Calendar