

August 2019

Arbor House News



Our Staff

Christi Dobbs
Executive Director

Marki Denton
Director of Nursing

DeAndra Downer
Admissions & Marketing Director

Sarah Dixon
Dietary Supervisor

Katie Williams
Engagement Coordinator

Amber Hughes
Wellness Coordinator

Laura Tucker
Administrative Assistant

Shelley Jones
RN Consultant

"Let every man be respected as an individual and no man idolized." ~
Albert Einstein

It Be Arr-gust, Matey

Yarr, Matey, Arr-gust be International Pirate Month. But you don't have to talk like a pirate to appreciate the fascinating history and characters from the Golden Age of Piracy.



Spanning from 1650 to the late 1720s, piracy's golden age left an impression on historians and pirate fans alike. Many factors contributed to this era becoming such a golden age. For starters, many of the most famous pirates of this age were former sailors from European navies, with valuable training and experience. Secondly, this was a period when prized cargoes, such as gold and newly discovered tradable goods, were shipped via boat between the New World and Europe. Thirdly, European powers were unable to stretch their influence all the way across the Atlantic to the New World, leaving the North American colonies and sea routes vulnerable to attack. Furthermore, enlistment in the Navy was akin to indentured servitude, with hard labor and little freedom. Piracy, on the other hand, was more democratic and far better paying when successful. These factors made the era ripe for lawlessness and thievery.

Perhaps the grandest prize sought by pirates were the Spanish galleons bringing gold and silver back through the Caribbean to Europe. The English, French, and Dutch—all enemies of Spain—commissioned pirates called privateers to attack Spanish ships. Perhaps the most famous privateer in history was Sir Francis Drake, nicknamed "my pirate" by Queen Elizabeth I herself. Others, too, sought such valuable prizes. Captain William Kidd was initially hired to hunt down pirates, only to turn a pirate himself. John "Calico Jack" Rackham and Anne Bonny roamed the Caribbean like a pirate-era Bonnie and Clyde. Edward Teach, better known as Blackbeard, was one of the most feared pirates of the era and chief inspiration for popular depictions

of pirates in books like *Treasure Island* and movies like *Pirates of the Caribbean*. The romantic legacy left by the pirates is worth billions today.



Bake Sale

*Arbor House Lobby
3rd week in August*

*Place your order now for
Sarah's Cinnamon Rolls*



Mums – Fall Favorites

Fall is just around the corner and we're once again partnering with Marcum's Nursery for the Sale of Mums. We will have them available in a variety of colors in September. The Mums are in 2/gal. pots for \$20/ea.

Every fall many of us purchase Mums for our homes and offices. This year, please consider buying them from Arbor House. Proceeds benefit the End of Alzheimer's.

Thank you for your support!



Join Team Arbor House!
2018 Walk to End Alzheimer's
Oct. 5th — Bicentennial Park
Party starts at 7:30 a.m.
Ceremony/Walk at 9:00 a.m.



Family Night

You're invited!

Sock Hop & Car Show

September 27th

5:30 P.M.



Fourth of July Fun!



Our Philosophy

Giving new meaning to Life

The Arbor House Philosophy is based on the belief that each resident is entitled to the highest quality of life through wellness services that work to promote independence, healthy lifestyles, dignity, and a sense of security.

The right of each resident to determine his/her need is respected at each level of care, and promoted by providing services in ways that recognize individuals needs and preferences.

A partnership exists between residents and staff to promote individual's independence while providing the necessary support to function at his/her highest level.

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Story or article suggestions?

Contact Christi or Email

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August Birthdays

RESIDENTS

8/12 — Pat B.

8/15 — Ruth B.

8/18 — Sue S.

8/23 — Doris H.

8/26 — Augustine K.

8/26 — Linda B



STAFF

8/2 — DeAndra

8/27 — Anngie



Fun Fact

"Happy Birthday to You" was the first song to be performed in outer space. The *Apollo 9* astronauts sang the tune in March 1969.

