



Assisted Living Community Waco, Texas June 2019

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Arbor House Happenings



The year has really flown by quickly. Summer sizzling fun in the sun is here.

What a fun Mother's Day celebration we had last month. Ken Elliott, Elvis impersonator, shook up all the amazing moms of our community as he danced and sang a catalog of Elvis hits.

Father's Day is on it's way! We will celebrate with a social and reminiscing, honoring all of the fathers of our community. Save the date, June 20th at 2:30 pm. Let us know if you're coming.

Because Music is life, Minor Changes Duo, will be coming on the 28th at 2:30 to give our residents an afternoon of beautiful old songs. Come join and have fun with us.

Our residents love to scrapbook, it helps refresh their memories as well as keeping their minds and hands busy. They are excited to show off our Engagement Photo Albums to all their family members, relatives & friends visiting us.

A HUGE THANK YOU to the wonderful agencies who volunteer their time to sponsor events and engagements. Interim, Texas Home Health, Encompass, Bluebonnet, and Right at Home, get involved by helping bingo games, devotions, weekly happy hour, monthly birthday celebrations, and arts and crafts engagements.

To all of our volunteers — You help us, GIVE NEW MEANING TO LIFE here at ARBOR HOUSE and we can't say thank you enough! If you'd ever like to jump in and be part of life at Arbor House, don't hesitate to contact

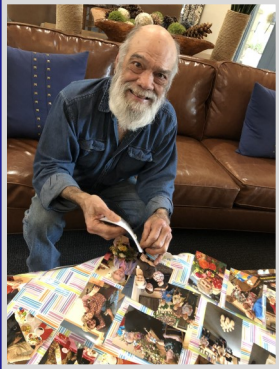
Christy Ocampo!

Enjoy your summer family time
together, have fun & be safe!

Thank you for all your support to
ARBOR HOUSE!



Life in Motion



Thank you Gary for helping Christy O. with our bulletin board.

Yay! Alma found the Golden Egg.
\$50 off her next monthly bill.



Tita, welcoming Buck to Arbor House!

Brenda, feeling purposeful watering the plants everyday.
We appreciate your help!



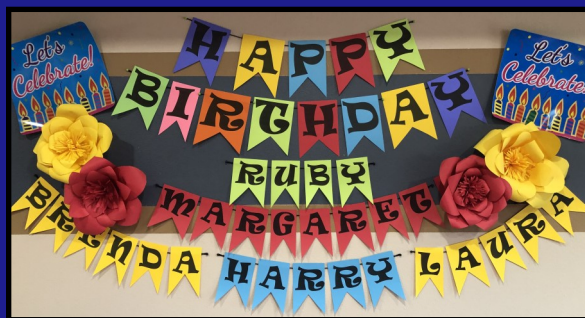
Our residents enjoyed their Saturday afternoon at the courtyard with Mary Ballew's family.

The super Dad's of Arbor House
Assisted Living!



Birthday Month of APRIL

Thank you,
Texas Home Health for
sponsoring our
Monthly Birthday
cake!



We wish you all good
health always and
many more birthday's
to celebrate with your
Arbor House family!



Note from the DON, Kristi Burger

Arbor House is known for providing cutting edge care for individuals diagnosed with cognitive impairment. Eighty- five percent of our residents have a formal diagnosis of a type of dementia. Arbor House is one of the few State Certified Alzheimer's Communities in Central Texas; we call this area of our community Arbor Gardens. Many of our Assisted Living residents and families are aware of where Arbor Gardens is located. We utilize the Best Friend's Approach to care, that allows our residents to remain as independent as possible for as long as possible. We can give our residents the necessary tools and supervision to accomplish everyday tasks such as cooking, cleaning, arts/crafts, games, spiritual programs, and exercising routines. We have found that through our scheduled routine and increased staffing ratio, our loved ones with any level of cognitive impairment are able to achieve and maintain a higher functioning, everyday life. While there is no cure for most cognitive impairments, studies have shown that keeping the mind and body active prevents symptom progression. Without this specialized care, we tend to see increased confusion, agitation, infections, and a decrease in weight and overall health. If you would like more information about Arbor Gardens, please feel free to talk to Carrie or myself.

Mother's Day Celebration with The King



Let's rock, everybody, let's rock!!!



**Oh baby, yes baby,
we're having some fun!**



Our ladies had a great time, especially when Elvis delivered roses!



We're in love, we're all shook up!





At Arbor House Assisted Living Waco, our personalized services are designed for those who desire the finer things in life. Since we believe life improves with age, we have created special services and carefree environment that promotes independence and dignity without all of the concerns associated with maintaining a home. The array of fine services we offer reflect our goal of enhancing quality of life for our residents. Most importantly, our services are delivered with respect and sensitivity. We understand that individual needs vary, so our personalized services are tailored to meet the

specific needs of each resident. Whether it be a hobby, exercise, or leisure, we offer our residents the opportunity to pursue individual desires. Arbor House offers a choice of private suites designed to meet diverse needs and tastes. Our spacious and inviting accommodations await and welcome the personal touches and cherished collectibles that truly make a house a home. Our residents enjoy the outdoors in our beautifully appointed courtyards. All the best in life in the company of good friends, the indulgence of gracious amenities, and the security of caring, personalized services await you at Arbor House. We invite you to become a part of our special residence dedicated to providing you with the best in life.



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