

# Arbor House of Marble Falls May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Legend:</b>  <b>BO</b> Body  <b>DR</b> Dreams  <b>FL</b> Feeling  <b>FR</b> Friends  <b>HR</b> Heart  <b>MI</b> Mind  <b>PR</b> Purpose  <b>Q</b> Quiet</p>	<p><b>May Birthdays</b>  <b>Peggy A.....5-9</b>  <b>Charlene A.....5-28</b></p>		<p><b>May Day</b> <b>1</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            11:00 <b>FR</b> Lunch Out            02:00 <b>HR</b> Bible Study            02:15 <b>PR</b> Helping Hands : Set up for Bingo            03:00 <b>FR</b> Bingo            04:00 <b>PR</b> Helping Hands</p>	<p><b>2</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            12:30 <b>PR</b> Food Council Meeting            02:30 <b>DR</b> Matinee Movie            03:00 <b>DR</b> Color Your World            04:00 <b>PR</b> Helping Hands</p>	<p><b>3</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            11:00 <b>FR</b> MFalls Senior Center            02:00 <b>MI</b> Learn To Play            03:30 <b>FR</b> Happy Hour            04:00 <b>PR</b> Helping Hands</p>	<p><b>4</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            02:15 <b>PR</b> Helping Hands : Set up for Bingo            03:00 <b>FR</b> Bingo            04:00 <b>PR</b> Helping Hands</p>
<p><b>Cinco De Mayo</b> <b>5</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            11:00 <b>MI</b> Game-On            02:30 <b>HR</b> Arena of Peace Cowboy Church Service            04:00 <b>PR</b> Helping Hands            06:00 <b>DR</b> Sunday Night Movie</p>	<p><b>6</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            11:00 <b>FR</b> MFalls Senior Center            01:30 <b>PR</b> Shopping            02:30 <b>FR</b> Pie Happy Hour @ Bluebonnet Cafe            04:00 <b>PR</b> Helping Hands</p>	<p><b>7</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            01:30 <b>PR</b> Helping Hands : Set up for Crafts            02:30 <b>PR</b> Craft Corner            03:00 <b>DR</b> Color Your World            04:00 <b>PR</b> Helping Hands</p>	<p><b>8</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            11:00 <b>FR</b> Lunch Out            02:00 <b>HR</b> Bible Study            02:15 <b>PR</b> Helping Hands : Set up for Bingo            03:00 <b>FR</b> Bingo            04:00 <b>PR</b> Helping Hands</p>	<p><b>Peggy A. Birthday</b> <b>9</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            01:30 <b>PR</b> Helping Hands : Set up for birthday party            03:00 <b>FR</b> Monthly Birthday Party w/Luke Holmquist            04:00 <b>PR</b> Helping Hands            06:00 <b>DR</b> Movie Night</p>	<p><b>10</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            11:00 <b>FR</b> MFalls Senior Center            02:00 <b>MI</b> Learn To Play            03:30 <b>FR</b> LCR Happy Hour            04:00 <b>PR</b> Helping Hands</p>	<p><b>11</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            02:15 <b>PR</b> Helping Hands : Set up for Bingo            03:00 <b>FR</b> Bingo            04:00 <b>PR</b> Helping Hands</p>
<p><b>Mother's Day</b> <b>12</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            11:00 <b>MI</b> Game-On            11:00 <b>FR</b> St. Peter's Lutheran Church Service            04:00 <b>PR</b> Helping Hands            06:00 <b>DR</b> Sunday Night Movie</p>	<p><b>13</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            11:00 <b>FR</b> MFalls Senior Center            01:30 <b>PR</b> Shopping            02:00 <b>FR</b> Game-On            03:30 <b>MI</b> Manicures            04:00 <b>PR</b> Helping Hands</p>	<p><b>14</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            02:30 <b>FR</b> Cooking w/April            03:00 <b>DR</b> Color Your World            04:00 <b>PR</b> Helping Hands</p>	<p><b>15</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            11:00 <b>FR</b> Lunch Out            02:00 <b>HR</b> Bible Study            02:15 <b>PR</b> Helping Hands : Set up for Bingo            03:00 <b>FR</b> Bingo            04:00 <b>PR</b> Helping Hands</p>	<p><b>16</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            02:30 <b>DR</b> Matinee Movie            03:00 <b>DR</b> Color Your World            04:00 <b>PR</b> Helping Hands</p>	<p><b>17</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            11:00 <b>FR</b> MFalls Senior Center            02:00 <b>MI</b> Learn To Play            03:30 <b>FR</b> Happy Hour            04:00 <b>PR</b> Helping Hands</p>	<p><b>Armed Forces Day</b> <b>18</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            11:00 <b>MI</b> Game-On            02:15 <b>PR</b> Helping Hands : Set up for Bingo            03:00 <b>FR</b> Bingo            04:00 <b>PR</b> Helping Hands</p>
<p><b>19</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            03:00 <b>HR</b> First Baptist Church Service            04:00 <b>PR</b> Helping Hands            06:00 <b>DR</b> Sunday Night Movie</p>	<p><b>20</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            11:00 <b>FR</b> MFalls Senior Center            01:30 <b>PR</b> Shopping            02:00 <b>FR</b> Game-On            03:30 <b>MI</b> Manicures            04:00 <b>PR</b> Helping Hands</p>	<p><b>21</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            02:30 <b>MI</b> Encompass Home Health Talk            03:00 <b>DR</b> Color Your World            04:00 <b>PR</b> Helping Hands</p>	<p><b>22</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            11:00 <b>FR</b> Lunch Out            02:00 <b>HR</b> Bible Study            02:15 <b>PR</b> Helping Hands : Set up for Bingo            03:00 <b>FR</b> Bingo            04:00 <b>PR</b> Helping Hands</p>	<p><b>23</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            03:00 <b>FR</b> Arbor House Sale            04:00 <b>PR</b> Helping Hands            06:00 <b>DR</b> Movie Night</p>	<p><b>24</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            11:00 <b>FR</b> MFalls Senior Center            02:00 <b>MI</b> Learn To Play            03:30 <b>FR</b> Happy Hour            04:00 <b>PR</b> Helping Hands</p>	<p><b>25</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            02:15 <b>PR</b> Helping Hands : Set up for Bingo            03:00 <b>FR</b> Bingo            04:00 <b>PR</b> Helping Hands</p>
<p><b>26</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            02:30 <b>HR</b> First United Methodist Church Service            04:00 <b>PR</b> Helping Hands            06:00 <b>DR</b> Sunday Night Movie</p>	<p><b>Memorial Day</b> <b>27</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            11:00 <b>MI</b> Game-On            11:00 <b>FR</b> MFalls Senior Center            01:30 <b>PR</b> Shopping            02:00 <b>FR</b> Game-On            03:30 <b>MI</b> Manicures            04:00 <b>PR</b> Helping Hands</p>	<p><b>Charlene A. Birthday</b> <b>28</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            11:00 <b>MI</b> Game-On            02:30 <b>DR</b> Craft Corner            03:00 <b>DR</b> Color Your World            04:00 <b>PR</b> Helping Hands</p>	<p><b>29</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            11:00 <b>FR</b> Lunch Out            02:00 <b>HR</b> Bible Study            02:15 <b>PR</b> Helping Hands : Set up for Bingo            03:00 <b>FR</b> Bingo            04:00 <b>PR</b> Helping Hands</p>	<p><b>30</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            02:30 <b>PR</b> Helping Hands : Set up for Resident Council            03:00 <b>DR</b> Color Your World            03:30 <b>PR</b> Resident Council Meeting            04:00 <b>PR</b> Helping Hands            06:00 <b>DR</b> Movie Night</p>	<p><b>31</b></p> <p>09:00 <b>BO</b> Silver Sneakers            10:00 <b>HR</b> Devotions            10:15 <b>BO</b> Exercise            11:00 <b>MI</b> Game-On            11:00 <b>FR</b> MFalls Senior Center            02:00 <b>MI</b> Learn To Play            03:30 <b>FR</b> Happy Hour            04:00 <b>PR</b> Helping Hands</p>	

