

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2019

## EVERGREEN.

<p>7 Coffee Hour 9 Sittercise 9:30 Today, In History <b>10 VR Church service</b> 11 Memory Box 11:30 Laugh Out Loud Yoga 1-1:45 Boring Stories 2 Nature Walk Outside/inside 2:30 Finish the Sentence 3 Tea Time 3:30 <b>STARZ Music</b> 4 Aromatherapy 4:30 Helping Hands 6 Sing OUT LOUD</p>	<p>7 Coffee Hour <b>9 Paula leads Balloon Ball</b> 9:30 Fill In The Blank <b>10:30-11:30 BURNETTE FOLK DUO</b> 11:30 Our Daily Bread 1-1:45 Quiet Moments 2 Chair YOGA with Balloon ball <b>2:30 MIM St.Paddy's day</b> 3:30 Scent Sensory 4 Pen pals 4:30 Set the Table 6 Creative Minds 6:30 Name 10 (whiteboard) 7 Drum Circle</p>	<p>7 <b>Breakfast Club</b> 9 Karate CHOP 9:30 Today, In History 10 MIM- Mardi Gras Theme <b>11 Clinic Trip</b> 11:30 Pray With Me 1-1:45 Easy Listening <b>2 Piano with Karen</b> 3 Charity Work 3:30 Laugh Out Loud yoga 4 Treats &amp; Trivia 4:30 Ready The Room 6 With all my Art</p>	<p>7 Coffee Hour <b>9 Sittercise (weights optional)</b> 9:30 Fill In the Blank- Trivia <b>10 Church With Pastor Jim</b> 10:45 Meet &amp; Greet <b>11 Tea Party</b> 11:30 Reminisce social 1-1:45 Quiet Moments <b>2 Piano with Karen</b> 3 Sewing workshop 3:30 Talk Gossip 4 Stretch Circle 4:30 Wash Up 6 Sing Out Loud with me</p>	<p>7 Coffee Hour 9 Sittercise (weights optional) <b>9:30 Voice Exercises/ Vocal warm-up</b> 10 Today, In History <b>10:30 YOU'VE GOT MAIL</b> 11 Kiss the Cook 1-1:45 Easy Listening <b>2 Shake it up- body warm ups</b> <b>2:30 Music Therapy w/Kris</b> 3:30 Count your blessings (discussion) 4 Facials- Masks 4:30 Helping Hands 6 What's your Story? 6:30 Game night!!</p>	<p>7 Coffee Hour 9 Coloring Comfort 9:30 Name 10 (white board) <b>10 Music Starz Studio</b> 11 Smell, touch taste 11:30 Helping Hands 1-1:45 Quiet Moments 2- Postcards to/from Friends (Pen Pal) 2:30- Measure, Mix &amp; Bake 3:30 Pictionary 4 Gentle massage 4:30 Set UP tables 6 Clean Sweep 6:30 UNO 7 Scripture Reading 7:30 MOVIE NIGHT (popcorn)</p>	<p>7 Coffee Hour 9 Coloring Comfort 9:30 Stretch our limbs <b>10 Voice Exercises/ Vocal warm-up</b> 11 Today, In History 11:30 Clean Freaks 1-1:45 Simple Pleasures 2 Weight lifting- Sittercise 2:30 Catagories- Name 10 (White Board) 3 Treats and Topics 3:30 BINGO 4 Nail Painting 4:30 Towel Therapy set up 6 Clear the table/clean sweep 6:30 Evening stroll &amp; sing 7 Name that Tune 7:30 Chill OUT</p>
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