

MUSTANG ARBOR HOUSE TIMES



April 2019

1st April Fools Day

14th Palm Sunday

19th Good Friday

21st Easter

22nd Earth Day

Interesting Facts about April

- April was the second month in an early Roman calendar, but became the fourth when the ancient Romans started using January as the first month.
- April is named for the Greek goddess of love, Aphrodite.
- The name for the month of April originally came for *Aprilis* which means to open.
- Small animals that hibernate are usually coming out of their burrows in April. The birds fly back northward and settle down to have their families. The bees and butterflies begin to gather nectar from the first flowers of the season.
- In some parts of the world, it is planting time, while in other parts, it is the harvest season.
- April is Humor Month, so laugh it up!
- The birthstone for April is the diamond.
- The zodiac signs are Aries (March 21 – April 19) and Taurus (April 20-May 20).

The birth flowers for the month of April are the sweet pea and the daisy.



4/11 Eycile Young

4/17 Ed Maschino

4/21 Montie Adams



APRIL

seasonal produce list

VEGETABLES

Artichokes
Asparagus
Broccoli Leeks
Cabbage Lettuce
Carrots Onions
Celery Parsnips
Collard Greens Potatoes
Garlic Radishes
Green Peas Spinach
Kale Sweet Potatoes
Swiss Chard

FRUITS

Apples
Avocado
Bananas
Citrus
Pineapple
Rhubarb
Strawberries

UPROOT KITCHEN



Birthstone: Diamond



Birth Flower: Daisy

April Fool's Day Word Search

GHTYREWSDGTIOYHNDVFFRRTWQXC
PVCXZESXCARFRTGVNBKJUYTG
ABDGTVBNPLINKIOHJYWTQEDKJL
RYADCXCRSLCVSVBTYHBNSEXAOH
AWEWQH IYUFKINMLKJHGMPGHJKH
DGLITLFBVOERTDXCVNGRMOIUEJ
EVS CDRTGZORXZXRTPRANKLOIBV
TEIXCBUWV L GIESZVNCNB TU YTCP
YNMFDRTYESXRWQWR TDCVFGT PRJ
OIUJNTRYFDVCEEWISVNMHG B AAN
MKLOUOREWASTXC CRTBYVBW NEDX
QVERZEZVXYAHUAIBHIUJHKYNTC
ERTYKTFGSRVSLVBGTYUISNKB NM
NAS CERFEBDXJCCFR TGV TBS JIOL
OOIGTYUEVBOCVFR TYKEKT IHN ZX
IREDYTLNBKUYTDGBVRUETRDC LX
TXCDEETVEBNJUHNUVGRBNGMLAG
IIUJCNZSWRFVCWSEZUJNV TYGCV
DHB NBFRT RFCXBNLITKUHBVPRIP
AUYHGBVURWETRDCXLEBHYITFMG
RFG TREWNWXCZXS DRBORBDSEIOV
TBP GQEDTDXCMJIUJYOPYHDGCD
IGTIFHIOEWQWBHDNUOFB MUDYJ
VB JOKESTERVBGTYHNTYOIU DCXC
FRTGT YHNB JI IKFEWWQSCPLFGTT
ZXQWDGLLMKUJNCVBGETREIUJHY

All Fool's Day
April
Celebrate
Comical
Dumbfound
Foolish
Hoaxes
Joke

Mislead
Parade
Practical Jokes
Prank
Pretend
Stunt
Tradition
Trickery

Bonus Challenge:
Find 3 names for a
practical joker
1.
2.
3.

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Printable April Fool's Day Word Search

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The Arbor House Philosophy is based on the belief that each resident is entitled to the highest quality of life through wellness services that work to promote independence, healthy lifestyles, dignity, and a sense of security. The right of each resident to determine his/her need is respected at each level of care, and promoted by providing services in ways that recognize individuals needs and preferences. A partnership exists between residents and staff to promote individual's independence while providing the necessary support to function at his/her highest level.



850 N. Clear Springs Rd.
Mustang, OK 73064

Our Staff

EXECUTIVE DIRECTOR.....CRISTY DAVIS
Director of Nursing.....Lynne Zepeda
Wellness Coordinator.....Tonda Morris
Dietary Manager.....Sandy Wilson
Engagement CoordinatorDoug McCollough
CD Assistants.....Allison Shepard
Maintenance.....Jamey Foote
Housekeeping:.....Jennifer Garza
Rn Consultant.....Shelly Jones