

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HAPPY EASTER! FROM OUR FAMILY TO YOURS!	8:30 WALKING TO WELLNESS ¹ 9:00 DAILY BREAD DEVOTION 9:15 CHRONICLES / NOSTALGIA 9:30 LIGHT & LIVLEY 10:30 SENIOR CENTER 2:00 BINGO 3:00 DELANNA DOES NAILS 4:15 INSPIRATIONAL STORIES 7:00 EVENING EXERCISE	8:30 WALKING TO WELLNESS ² 9:00 DAILY BREAD 9:15 CHRONICLES / NOSTALGIA 9:30 LIGHT & LIVELY 10:00 WALMART / DOLLERTREE 10:30 MARY & FRIENDS 1:00 YISKAH PLAYS THE HARP 2:00 JEOPARDY TRIVIA 4:30 INSPIRATIONAL STORIES 6:30 EVENING EXERCISE	8:30 WALKING TO WELLNESS ³ 9:00 DAILY BREAD 9:15 CHRONICLES / NOSTALGIA 9:30 LIGHT & LIVELY 10:00 DOMINOS CLUB 2:00 BINGO <u>4:30 GATHAN GRAHAM'S MUSIC</u> 6:00 LUTHERAN CHURCH 6:30 EVENING EXERCISE	8:30 WALKING TO WELLNESS ⁴ 9:00 DAILY BREAD 9:15 CHRONICLES / NOSTALGIA 9:30 LIGHT & LIVELY 10:00 PARLOR GAMES 2:00 FRESH FRUITS 4:30 STORIES OF INSPIRATION 6:00 CHISHOLM HEIGHTS 6:30 EVENING EXERCISE	8:30 WALKING TO WELLNESS ⁵ <u>9:00 CORD & MARK DEVOTION</u> 9:30 LIGHT & LIVELY 10:00 CHRONICLES / NOSTALGIA 2:00 BINGO 3:30 DOMINOS CLUB 4:30 STORIES OF INSPIRATION 6:30 EVENING EXERCISE	8:30 WALKING TO WELLNESS ⁶ 9:00 DAILY BREAD 9:15 CHRONICLES / NOSTALGIA 9:30 LIGHT & LIVELY 2:00 HAPPY HOUR 3:00 PARLOR GAMES 4:30 STORIES OF INSPIRATION 6:30 EVENING EXERCISE
	<small>All Fools' Day</small>					
8:30 WALKING TO WELLNESS ⁷ 9:00 CHISHOLM HEIGHTS CHURCH SERVICE 10:00 LIGHT & LIVELY 10:30 CHRONICLES / NOSTALGIA 11:00 LOBBY SOCIAL 2:00 DOMINOS CLUB 4:00 COMMUNION	8:30 WALKING TO WELLNESS ⁸ 9:00 DAILY BREAD DEVOTION 9:15 CHRONICLES / NOSTALGIA 9:30 LIGHT & LIVLEY 10:00 CORNELL / SOUTHPOINT COFFEE & DONUTS 10:30 SENIOR CENTER 2:00 BINGO 4:15 INSPIRATIONAL STORIES 7:00 EVENING EXERCISE	8:30 WALKING TO WELLNESS ⁹ 9:00 DAILY BREAD 9:15 CHRONICLES / NOSTALGIA 9:30 LIGHT & LIVELY 10:00 WALMART / DOLLERTREE 10:30 MARY & FRIENDS 2:00 JEOPARDY TRIVIA 4:30 INSPIRATIONAL STORIES 6:30 EVENING EXERCISE	8:30 WALKING TO WELLNESS ¹⁰ 9:00 DAILY BREAD 9:15 CHRONICLES / NOSTALGIA 9:30 LIGHT & LIVELY 10:00 DOMINOS CLUB 2:00 BINGO 3:30 ICE CREAM 4:00 STORIES OF INSPIRATION 6:00 LUTHERAN CHURCH	8:30 WALKING TO WELLNESS ¹¹ 9:00 DAILY BREAD 9:15 CHRONICLES / NOSTALGIA 9:30 LIGHT & LIVELY 10:00 DAVE CANTWELL 1:45 DAVE ROSCO 4:30 STORIES OF INSPIRATION 6:00 CHISHOLM HEIGHTS 6:30 EVENING EXERCISE	8:30 WALKING TO WELLNESS ¹² 9:00 DAILY BREAD 9:15 CHRONICLES / NOSTALGIA 9:30 LIGHT & LIVELY 10:00 JENINFER W/PCH FINGER FOODS 2:00 BINGO 4:30 STORIES OF INSPIRATION 6:30 EVENING EXERCISE	8:30 WALKING TO WELLNESS ¹³ 9:00 DAILY BREAD 9:15 CHRONICLES / NOSTALGIA 9:30 LIGHT & LIVELY 2:00 HAPPY HOUR 3:00 PARLOR GAMES 4:30 STORIES OF INSPIRATION 6:30 EVENING EXERCISE
8:30 WALKING TO WELLNESS ¹⁴ 9:00 CHISHOLM HEIGHTS CHURCH SERVICE 10:00 LIGHT & LIVELY 10:30 CHRONICLES / NOSTALGIA 11:00 LOBBY SOCIAL 2:00 DOMINOS CLUB 4:00 COMMUNION	8:30 WALKING TO WELLNESS ¹⁵ 9:00 DAILY BREAD DEVOTION 9:15 CHRONICLES / NOSTALGIA 9:30 LIGHT & LIVLEY 10:30 SENIOR CENTER 2:00 BINGO 3:00 DELANNA DOES NAILS 4:15 INSPIRATIONAL STORIES 7:00 EVENING EXERCISE	8:30 WALKING TO WELLNESS ¹⁶ 9:00 DAILY BREAD 9:15 CHRONICLES / NOSTALGIA 9:30 LIGHT & LIVELY 10:00 WALMART / DOLLERTREE 2:00 JEOPARDY TRIVIA 4:30 INSPIRATIONAL STORIES 6:30 EVENING EXERCISE	8:30 WALKING TO WELLNESS ¹⁷ 9:00 DAILY BREAD 9:15 CHRONICLES / NOSTALGIA 9:30 LIGHT & LIVELY 10:00 CHAPLAIN KELLY MARTIN 2:00 BINGO 3:30 ICE CREAM 4:00 STORIES OF INSPIRATION 6:00 LUTHERAN CHURCH	8:30 WALKING TO WELLNESS ¹⁸ 9:00 DAILY BREAD 9:15 CHRONICLES / NOSTALGIA 9:30 LIGHT & LIVELY 10:00 PARLOR GAMES 2:00 FRESH FRUITS 3:00 RESIDENT COUNCIL 4:30 STORIES OF INSPIRATION 6:00 CHISHOLM HEIGHTS	8:30 WALKING TO WELLNESS ¹⁹ <u>9:00 CORD & MARK DEVOTION</u> 9:30 LIGHT & LIVELY 10:00 CHRONICLES / NOSTALGIA 10:30 ANGELA'S EASTER CRAFT 2:00 BINGO 3:30 DOMINOS CLUB 4:30 STORIES OF INSPIRATION 6:30 EVENING EXERCISE	8:30 WALKING TO WELLNESS ²⁰ 9:00 DAILY BREAD 9:15 CHRONICLES / NOSTALGIA 9:30 LIGHT & LIVELY 2:00 HAPPY HOUR 3:00 PARLOR GAMES 4:30 STORIES OF INSPIRATION 6:30 EVENING EXERCISE
<small>Palm Sunday</small>					<small>Good Friday</small>	
9:00 CHISHOLM HEIGHTS CHURCH SERVICE ²¹ 10:00 LIGHT & LIVELY 10:30 CHRONICLES / NOSTALGIA 11:00 LOBBY SOCIAL 1:00 WEST METRO CHURCH OF 2:00 DOMINOS CLUB 4:00 COMMUNION 4:30 GATHAN GRAHAM	8:30 WALKING TO WELLNESS ²² 9:00 DAILY BREAD DEVOTION 9:15 CHRONICLES / NOSTALGIA 9:30 LIGHT & LIVLEY 10:30 SENIOR CENTER 2:00 BINGO 4:15 INSPIRATIONAL STORIES 7:00 EVENING EXERCISE	8:30 WALKING TO WELLNESS ²³ 9:00 DAILY BREAD 9:15 CHRONICLES / NOSTALGIA 9:30 LIGHT & LIVELY 10:00 WALMART / DOLLERTREE 2:00 JEOPARDY TRIVIA 4:30 INSPIRATIONAL STORIES 6:30 EVENING EXERCISE	8:30 WALKING TO WELLNESS ²⁴ 9:00 DAILY BREAD 9:15 CHRONICLES / NOSTALGIA 9:30 LIGHT & LIVELY 10:00 DOMINOS CLUB 1:30 CATHERINE FULLER 2:00 BINGO 4:00 STORIES OF INSPIRATION 6:00 LUTHERAN CHURCH	8:30 WALKING TO WELLNESS ²⁵ 9:00 DAILY BREAD 9:15 CHRONICLES / NOSTALGIA 9:30 LIGHT & LIVELY 10:00 PARLOR GAMES 2:00 FRESH FRUITS 4:30 STORIES OF INSPIRATION 6:00 CHISHOLM HEIGHTS 6:30 EVENING EXERCISE	8:30 WALKING TO WELLNESS ²⁶ 9:00 DAILY BREAD 9:15 CHRONICLES / NOSTALGIA 9:30 LIGHT & LIVELY 10:00 JENINFER W/PCH FINGER FOODS 2:00 BINGO 4:30 STORIES OF INSPIRATION 6:30 EVENING EXERCISE	8:30 WALKING TO WELLNESS ²⁷ 9:00 DAILY BREAD 9:15 CHRONICLES / NOSTALGIA 9:30 LIGHT & LIVELY 2:00 HAPPY HOUR 3:00 PARLOR GAMES 4:30 STORIES OF INSPIRATION 6:30 EVENING EXERCISE
<small>Easter Sunday</small>	<small>Earth Day</small>				<small>Arbor Day</small>	
8:30 WALKING TO WELLNESS ²⁸ 9:00 CHISHOLM HEIGHTS CHURCH SERVICE 10:00 LIGHT & LIVELY 10:30 CHRONICLES / NOSTALGIA 11:00 LOBBY SOCIAL 2:00 DOMINOS CLUB 4:00 COMMUNION	8:30 WALKING TO WELLNESS ²⁹ 9:00 DAILY BREAD DEVOTION 9:15 CHRONICLES / NOSTALGIA 9:30 LIGHT & LIVLEY 10:30 SENIOR CENTER 2:00 BINGO 4:15 INSPIRATIONAL STORIES 7:00 EVENING EXERCISE	8:30 WALKING TO WELLNESS ³⁰ 9:00 DAILY BREAD 9:15 CHRONICLES / NOSTALGIA 9:30 LIGHT & LIVELY 10:00 WALMART / DOLLERTREE 2:00 JEOPARDY TRIVIA 4:30 INSPIRATIONAL STORIES 6:30 EVENING EXERCISE	 <p style="font-size: 2em; color: #00AEEF; font-family: cursive;">April 2019</p> <p style="font-size: 1.5em; font-weight: bold; letter-spacing: 0.2em;">ARBOR HOUSE ASSISTED LIVING</p>			