

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2019

*Luck is what happens when preparation meets opportunity!!*

<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Simple Pleasures 11:00 Wellness Time 1:00 Rest and Relaxation 2:00 Snack &amp; Sunroom Lemonade Social 4:00 Bean Bag Toss 6:00 Sing Spiritual Hymns</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Reminiscing with treasures 11:00 Wellness Time 1:00 Rest &amp; Relaxation Time 2:00 Afternoon Snack 2:30 Color Creation 3:00 Karaoke Fun 5:30 Evening Tea Time &amp; Movie</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Noodle Polo 11:00 Wellness Time 1:00 Rest &amp; Relaxation Time 2:00 Afternoon Snack 2:30 Glamorous Spa Day 5:30 Hot Tea Social 7:00 Quiet Moments</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Simple Pleasure 11:00 Wellness Time 1:00 Rest &amp; Relaxation Time 2:00 Brag Time-Pictures &amp; Stories of Loved Ones 4:00 Music Melodies 7:00 Quiet Moments</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Music for the Soul 11:00 Wellness Time 1:30 Rest &amp; Relaxation Time 2:00 Afternoon Snack 2:30 Painting with Laughter 5:30 Movie &amp; Puffcorn 7:00 Quiet Moments</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Remember when..... 11:00 Wellness Time 1:00 Rest &amp; Relaxation Time 2:00 <b>Mad Hatter Tea Time!!!</b> 3:00 Ultimate Dance Party 5:30 Evening Tea Time with Memories &amp; Laughter</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Simple Pleasures 11:00 Wellness Time 1:00 Rest and Relaxation 2:00 Snack 2:30 Crazy Parachute Fun 5:30 Warm Drink and Movie 7:00 Quiet Moments</p>
<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Simple Pleasures 11:00 Wellness Time 1:00 Rest &amp; Relaxation Time 2:00 Snack 2:30 Music Moments 3:00 Painting from the Past 5:30 Sing Spiritual Hymns</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Ring Toss 11:00 Wellness Time 1:00 Rest and Relaxation 2:00 <b>Snacking &amp; Crafting with Angela</b> 3:00 Karaoke Kraziness 5:30 Evening Tea and Movie</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Story Time 11:00 Wellness Time 1:00 Rest &amp; Relaxation Time 2:00 Afternoon Snack 2:30 Noodle Polo 5:30 Sunroom Social &amp; Stroll Down Memory Lane</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Music Moments-Make the Band (fun with instruments) 11:00 Wellness Time 1:00 Rest and Relaxation 2:00 Healthy Snack Creations 3:00 Painting with laughter 5:30 Reminiscing with Treasures</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Hot Potato 1:00 Rest &amp; Relaxation 2:00 <b>Cooking with Chef-Edible Art!!</b> 4:00 Music Moments 5:30 Movie and Puffcorn 7:00 Quiet Moments</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Beach Ball Fun 11:00 Wellness Time 1:00 Rest and Relaxation 2:00 Afternoon Snack 2:30 Bubble Mania 5:30 Evening Tea and Movie 7:00 Quiet Moments</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack Music for the Soul 11:00 Wellness Time 1:00 Rest and Relaxation 2:00 Snack 2:30 Arts &amp; Crafts 5:30 Warm Drink and Movie 6:00 Pampering Time 7:00 Quiet Moments</p>
<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Jokers Wild, time to laugh! 11:00 Wellness Time 1:00 Rest and Relaxation 2:00 <b>Shamrock Social</b> 3:00 Music Moments 5:30 Sing Spiritual Hymns 7:00 Quiet Moments</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Simple Pleasures 11:00 Wellness Time 1:00 Rest and Relaxation 2:00 Afternoon Snack 2:30 Ring Toss 3:00 Karaoke Dance Party 5:30 Evening Tea and Movie</p>	<p>9:00 Exercise 9:30 Devotion 10:00 <b>Music with Suzanne Gregg</b> 11:00 Wellness Time 1:00 Rest and Relaxation 2:00 Afternoon Snack 2:30 Glamorous Spa Day 5:30 Hot Tea Social 7:00 Quiet Moments</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Creative Creations 11:00 Wellness Time 1:00 Rest and Relaxation 2:00 Afternoon Snack 3:00 Parachute Fun!!! 5:30 Reminiscing with Treasures 7:00 Evening Tea Time</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Simple Pleasures 11:00 Wellness Time 1:00 <b>Gathan Graham</b> 2:00 Afternoon Snack 3:00 Music for the Soul 5:30 Hot Tea Social 7:00 Quiet Moments</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Simple Pleasures 11:00 Wellness Time 1:00 Story Time 2:00 Afternoon Snack 2:30 Table Games 3:00 Music Madness 5:30 Quiet Moments</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Games 11:00 Wellness Time 1:00 Rest and Relaxation 2:00 Movie Matinee 5:30 Warm Drink Social with Memories and Laughter 7:00 Quiet Moments</p>
<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Simple Pleasures 11:00 Wellness Time 1:00 Rest and Relaxation 2:00 Snack &amp; Sunroom Lemonade Social 4:00 Bean Bag Toss 6:00 Sing Spiritual Hymns</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Reminiscing with treasures 11:00 Wellness Time 1:00 Rest &amp; Relaxation Time 2:00 Afternoon Snack 2:30 Arts &amp; Crafts 3:00 Karaoke Fun 5:30 Evening Tea Time &amp; Movie</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Noodle Polo 11:00 Wellness Time 1:00 Rest &amp; Relaxation Time 2:00 Afternoon Snack 2:30 Glamorous Spa Day 5:30 <b>Music &amp; Mocktail Social</b> 7:00 Quiet Moments</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Simple Pleasure 11:00 Wellness Time 1:00 Rest &amp; Relaxation Time 2:00 Brag Time-Pictures &amp; Stories of Loved Ones 4:00 Music Melodies 7:00 Quiet Moments</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Music for the Soul 11:00 Wellness Time 1:30 Rest &amp; Relaxation Time 2:00 <b>Resident Birthday Party!!!</b> 2:30 Painting with Laughter 5:30 Movie &amp; Puffcorn 7:00 Quiet Moments</p>	<p>9:00 Exercise &amp; Devotion 10:00 Snack 10:30 Simple Pleasures 11:00 Wellness Time 2:00 Afternoon Snack 2:30 Table Games 3:00 Music Madness <b>5:00 March Madness Family Night</b></p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Games 11:00 Wellness Time 1:00 Rest and Relaxation 2:00 Movie Matinee 5:30 Warm Drink Social with Memories and Laughter 7:00 Quiet Moments</p>
<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Simple Pleasures 11:00 Wellness Time 1:00 Rest &amp; Relaxation Time 2:00 Snack 2:30 Music Moments 3:00 Painting from the Past 5:30 Sing Spiritual Hymns</p>	<p style="text-align: center;"><i>Celebrating March Birthdays:</i> <i>Hazel Winslow 3/16; Etola Renolds 3/26; Maria Ryland 3/29; Honor Vaughn 3/30; George Cockrum 3/31.</i> <i>Staff: Shonta Patterson 3/20 &amp; Stacy Davis 3/28</i></p>					<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Simple Pleasures 11:00 Wellness Time 1:00 Rest and Relaxation 2:00 Snack 2:30 Music Moments 3:00 Painting from the Past 5:30 Sing Spiritual Hymns</p>

