

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2019

EVERGREEN

<p>7 Coffee Hour 9 Sittercise 9:30 Today, In History 10 VR Church service 11 Memory Box 11:30 Laugh Out Loud Yoga 1-1:45 Boring Stories 2 Nature Walk Outside 2:30 Finish the Sentence 3 Tea Time 3:30 STARZ Music 4 Aromatherapy 4:30 Helping Hands 6 Sing OUT LOUD 6:30 Reminiscing 7 Hand massages</p>	<p>3 7 Coffee Hour 9 Paula leads Balloon Ball 9:30 Fill In The Blank 10-11 BURNETTE FOLK DUO 11 Taste Test Challenge 11:30 Our Daily Bread 1-1:45 Quiet Moments 2 Chair YOGA with Balloon ball 2:30 MIM 3:30 Scent Sensory 4 Pen pals 4:30 Set the Table 6 Creative Minds 6:30 Name 10 (whiteboard) 7 Drum Circle 7:30 Rock & Roll (yarn Rolling)</p>	<p>4 7 Breakfast Club 9 Karate CHOP 9:30 Today, In History 10 MIM 11 Clinic Trip 11:30 Pray With Me 1-1:45 Easy Listening 2 Piano with Karen 3 Charity Work 3:30 Laugh Out Loud yoga 4 Treats & Trivia 4:30 Ready The Room 6 With all my Art 6:30 Card Games 7 Nail Care 7:30 Sit & Knit Chinese New Year</p>	<p>5 7 Coffee Hour 9 Sittercise (weights optional) 9:30 Fill In the Blank- Trivia 10 Church With Pastor Jim 10:45 Meet & Greet 11 Tea Party 11:30 Reminisc social 1-1:45 Quiet Moments 2 Piano with Karen 3 Sewing workshop 3:30 Talk Gossip 4 Stretch Circle 4:30 Wash Up 6 Sing Out Loud with me! 6:30 Flower Arranging 7 Reading Round Table 7:30 Boring Stories</p>	<p>6 7 Coffee Hour 9 Sittercise (weights optional) 9:30 Voice Exercises/ Vocal warm-up 10 Today, In History 10:30 YOU'VE GOT MAIL 11 Kiss the Cook 1-1:45 Easy Listening 2 Shake it up- body warm ups 2:30 Music Therapy w/Kris 3:30 Count your blessings (discussion) 4 Facials- Masks 4:30 Helping Hands 6 What's your Story? 6:30 Game night!! 7 Our Daily Bread 7:30 Unwind and Relax</p>	<p>7 7 Coffee Hour 9 Coloring Comfort 9:30 Name 10 (white board) 10 Music Starz Studio 11 Smell, touch taste 11:30 Helping Hands 1-1:45 Quiet Moments 2- Postcards to/from Friends (Pen Pal) 2:30- Measure, Mix & Bake 3:30 Pictionary 4 Gentle massage 4:30 Set UP tables 6 Clean Sweep 6:30 UNO 7 Scripture Reading 7:30 MOVIE NIGHT (popcorn)</p>	<p>1 7 Coffee Hour 9 Coloring Comfort 9:30 Stretch our limbs 10 Voice Exercises/ Vocal warm-up 11 Today, In History 11:30 Clean Freaks 1-1:45 Simple Pleasures 2 Weight lifting- Sittercise 2:30 Categories- Name 10 (White Board) 3 Treats and Topics 3:30 BINGO 4 Nail Painting 4:30 Towel Therapy set up 6 Clear the table/clean sweep 6:30 Evening stroll & sing 7 Name that Tune 7:30 Chill OUT Groundhog Day</p>
<p>7 Coffee Hour 9 Sittercise 9:30 Today, In History 10 VR Church service 11 Memory Box 11:30 Laugh Out Loud Yoga 1-1:45 Boring Stories 2 Nature Walk Outside/inside 2:30 Finish the Sentence 3 Tea Time 3:30 STARZ Music 4 Aromatherapy 4:30 Helping Hands 6 Sing OUT LOUD 6:30 Reminiscing 7 Hand massages</p>	<p>10 7 Coffee Hour 9 Paula leads Balloon Ball 9:30 Fill In The Blank 10 Tharell plays guitar 11 Taste Test Challenge 11:30 Our Daily Bread 1-1:45 Quiet Moments 2 Chair YOGA with Balloon ball 2:30 MIM 3:30 Scent Sensory 4 Pen pals 4:30 Set the Table 6 Creative Minds 6:30 Name 10 (whiteboard) 7 Drum Circle 7:30 Rock & Roll (yarn Rolling)</p>	<p>11 7 Breakfast Club 9 Karate CHOP 9:30 Today, In History 10 MIM 11 Clinic Trip 11:30 Pray With Me 1-1:45 Easy Listening 2 Piano with Karen 3 Charity Work 3:30 Laugh Out Loud yoga 4 Treats & Trivia 4:30 Ready The Room 6 With all my Art 6:30 Card Games 7 Nail Care 7:30 Sit & Knit</p>	<p>12 7 Coffee Hour 9 Sittercise (weights optional) 9:30 Fill In the Blank- Trivia 10 Church With Pastor Jim 10:45 Meet & Greet 11 Tea Party 11:30 Reminisc so 1-1:45 Quiet Moments 2 Piano with Karen 3 Sewing workshop 3:30 Talk Gossip 4 Stretch Circle 4:30 Wash Up 6 Sing Out Loud with me! 6:30 Flower Arranging 7 Reading Round Table 7:30 Boring Stories</p>	<p>13 7 Coffee Hour 9 Sittercise (weights optional) 9:30 Voice Exercises/ Vocal warm-up 10 Today, In History 10:30-11:30 YOU'VE GOT MAIL/Valentines exchange 1-1:45 Easy Listening 2 Karen on piano /Paula Directs choir practice 2:30 Fill in the blank 3 Gossip Girls 3:30 Count your blessings (discussion) 4 Facials- Masks 4:30 Helping Hands 6 What's your Story? 6:30 Game night!! 7 Our Daily Bread 7:30 Unwind and Relax</p>	<p>14 7 Coffee Hour 9 Coloring Comfort 9:30 Name 10 (white board) 10 Music Starz Studio 11 smell, touch taste 11:30 Helping Hands 1-1:45 Quiet Moments 2- Postcards to/from Friends (Pen Pal) 2:30- Measure, Mix & Bake 3:30 Pictionary 4 Gentle massage 4:30 Set UP tables 6 Clean Sweep 6:30 UNO 7 Scripture Reading 7:30 MOVIE NIGHT (popcorn)</p>	<p>15 7 Coffee Hour 9 Coloring Comfort 9:30 Stretch our limbs 10 Voice Exercises/ Vocal warm-up 11 Today, In History 11:30 Clean Freaks 1-1:45 Simple Pleasures 2 Weight lifting- Sittercise 2:30 categories- Name 10 (White Board) 3 Treats and Topics 3:30 BINGO 4 Nail Painting 4:30 Towel Therapy set up 6 Clear the table/clean sweep 6:30 Evening stroll & sing 7 Name that Tune 7:30 Chill OUT</p>
<p>7 Coffee Hour 9 Sittercise 9:30 Today, In History 10 VR Church service 11 Memory Box 11:30 Laugh Out Loud Yoga 1-1:45 Boring Stories 2 Nature Walk Outside/inside 2:30 Finish the Sentence 3 Tea Time 3:30 STARZ Music 4 Aromatherapy 4:30 Helping Hands 6 Sing OUT LOUD 6:30 Reminiscing 7 Hand massages</p>	<p>17 7 Coffee Hour 9 Paula leads Balloon Ball 9:30 Fill In The Blank 10 Brad Ackland performs as Frank Sinatra 11 Taste Test Challenge 11:30 Our Daily Bread 1-1:45 Quiet Moments 2 Chair YOGA with Balloon ball 2:30 MIM 3:30 Scent Sensory 4 Pen pals 4:30 Set the Table 6 Creative Minds 6:30 Name 10 (whiteboard) 7 Drum Circle 7:30 Rock & Roll (yarn Rolling) Presidents' Day (US)</p>	<p>18 7 Breakfast Club 9 Karate CHOP 9:30 Today, In History 10 MIM 11 Clinic Trip 11:30 Pray With Me 1-1:45 Easy Listening 2 Piano with Karen 3 Charity Work 3:30 Laugh Out Loud yoga 4 Treats & Trivia 4:30 Ready The Room 6 With all my Art 6:30 Card Games 7 Nail Care 7:30 Sit & Knit</p>	<p>19 7 Coffee Hour 9 Sittercise (weights optional) 9:30 Fill In the Blank- Trivia 10 Church With Pastor Jim 10:45 Meet & Greet 11 Tea Party 11:30 Reminisc social 1-1:45 Quiet Moments 2 Piano with Karen 3 Sewing workshop 3:30 Talk Gossip 4 Stretch Circle 4:30 Wash Up 6 Sing Out Loud with me! 6:30 Flower Arranging 7 Reading Round Table 7:30 Boring Stories</p>	<p>20 7 Coffee Hour 9 Sittercise (weights optional) 9:30 Voice Exercises/ Vocal warm-up 10 Today, In History 10:30 YOU'VE GOT MAIL 11 Kiss the Cook 1-1:45 Easy Listening 2 Karen on piano /Paula Directs choir practice 2:30 Fill in the blank 3 Gossip Girls 3:30 Count your blessings (discussion) 4 Facials- Masks 4:30 Helping Hands 6 What's your Story? 6:30 Game night!! 7 Our Daily Bread 7:30 Unwind and Relax</p>	<p>21 7 Coffee Hour 9 Coloring Comfort 9:30 Name 10 (white board) 10 Music Starz Studio 11 smell, touch taste 11:30 Helping Hands 1-1:45 Quiet Moments 2- Postcards to/from Friends (Pen Pal) 2:30- Measure, Mix & Bake 3:30 Pictionary 4 Gentle massage 4:30 Set UP tables 6 Clean Sweep 6:30 UNO 7 Scripture Reading 7:30 MOVIE NIGHT (popcorn)</p>	<p>22 7 Coffee Hour 9 Coloring Comfort 9:30 Stretch our limbs 10 Voice Exercises/ Vocal warm-up 11 Today, In History 11:30 Clean Freaks 1-1:45 Simple Pleasures 2 Weight lifting- Sittercise 2:30 categories- Name 10 (White Board) 3 Treats and Topics 3:30 BINGO 4 Nail Painting 4:30 Towel Therapy set up 6 Clear the table/clean sweep 6:30 Evening stroll & sing 7 Name that Tune 7:30 Chill OUT</p>
<p>7 Coffee Hour 9 Sittercise 9:30 Today, In History 10 VR Church service 11 Memory Box 11:30 Laugh Out Loud Yoga 1-1:45 Boring Stories 2 Nature Walk Outside/inside 2:30 Finish the Sentence 3 Tea Time 3:30 STARZ Music 4 Aromatherapy 4:30 Helping Hands 6 Sing OUT LOUD 6:30 Reminiscing 7 Hand massages</p>	<p>24 7 Coffee Hour 9 Paula leads Balloon Ball 9:30 Fill In The Blank 10 Daily Chronicles 11 Taste Test Challenge 11:30 Our Daily Bread 1-1:45 Quiet Moments 2 Chair YOGA with Balloon ball 2:30 MIM 3:30 Scent Sensory 4 Pen pals 4:30 Set the Table 6 Creative Minds 6:30 Name 10 (whiteboard) 7 Drum Circle 7:30 Rock & Roll (yarn Rolling)</p>	<p>25 7 Breakfast Club 9 Karate CHOP 9:30 Today, In History 10 MIM 11 Clinic Trip 11:30 Pray With Me 1-1:45 Easy Listening 2 Piano with Karen 3 Charity Work 3:30 Laugh Out Loud yoga 4 Treats & Trivia 4:30 Ready The Room 6 With all my Art 6:30 Card Games 7 Nail Care 7:30 Sit & Knit</p>	<p>26 7 Coffee Hour 9 Sittercise (weights optional) 9:30 Fill In the Blank- Trivia 10 Church With Pastor Jim 10:45 Meet & Greet 11 Tea Party 11:30 Reminisc social 1-1:45 Quiet Moments 2 Piano with Karen 3 Sewing workshop 3:30 Talk Gossip 4 Stretch Circle 4:30 Wash Up 6 Sing Out Loud with me! 6:30 Flower Arranging 7 Reading Round Table 7:30 Boring Stories</p>	<p>27 7 Coffee Hour 9 Sittercise (weights optional) 9:30 Voice Exercises/ Vocal warm-up 10 Today, In History 10:30 YOU'VE GOT MAIL 11 Kiss the Cook 1-1:45 Easy Listening 2 Karen on piano /Paula Directs choir practice 2:30 Fill in the blank 3 Gossip Girls 3:30 Count your blessings (discussion) 4 Facials- Masks 4:30 Helping Hands 6 What's your Story? 6:30 Game night!! 7 Our Daily Bread 7:30 Unwind and Relax</p>	<p>28 7 Coffee Hour 9 Coloring Comfort 9:30 Name 10 (white board) 10 Music Starz Studio 11 smell, touch taste 11:30 Helping Hands 1-1:45 Quiet Moments 2- Postcards to/from Friends (Pen Pal) 2:30- Measure, Mix & Bake 3:30 Pictionary 4 Gentle massage 4:30 Set UP tables 6 Clean Sweep 6:30 UNO 7 Scripture Reading 7:30 MOVIE NIGHT (popcorn)</p>	<p>23 7 Coffee Hour 9 Coloring Comfort 9:30 Stretch our limbs 10 Voice Exercises/ Vocal warm-up 11 Today, In History 11:30 Clean Freaks 1-1:45 Simple Pleasures 2 Weight lifting- Sittercise 2:30 categories- Name 10 (White Board) 3 Treats and Topics 3:30 BINGO 4 Nail Painting 4:30 Towel Therapy set up 6 Clear the table/clean sweep 6:30 Evening stroll & sing 7 Name that Tune 7:30 Chill OUT</p>

ARBOR HOUSE
2215 ROCKBROOK DRIVE
LEWISVILLE, TX 75067
LICENSE # 103138

*Engagements are subject to change