

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2019

## Happy New Year!!!!

	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Bowling Fun 11:00 Wellness Time 1:00 Rest &amp; Relaxation Time 2:00 Afternoon Snack 2:30 Glamorous Spa Day 5:30 Hot Tea Social 7:00 Quiet Moments</p> <p style="text-align: center;">New Year's Day</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Bubble Mania 11:00 Wellness Time 1:00 Rest &amp; Relaxation Time 2:00 Painting with Laughter 4:00 Music Memories 5:30 Reminiscing with treasures 7:00 Quiet Moments</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Music for the Soul 11:00 Wellness Time 1:00 Rest &amp; Relaxation Time 2:00 Afternoon Snack 2:30 Fly Ball!! 5:30 Movie &amp; Puffcorn 7:00 Quiet Moments</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Letters to Loved Ones 11:00 Wellness Time 1:00 Rest &amp; Relaxation Time 2:00 Afternoon Snack 3:00 Ultimate Dance Party 5:30 Evening Tea Time with Memories &amp; Laughter</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Simple Pleasures 11:00 Wellness Time 1:00 Rest and Relaxation 2:00 Snack 2:30 Crazy Parachute Fun 5:30 Warm Drink and Movie 7:00 Quiet Moments</p>	
<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Simple Pleasures 11:00 Wellness Time 1:00 Rest and Relaxation 2:00 Snack &amp; Sunroom Lemonade Social 4:00 Bean Bag Toss 6:00 Sing Spiritual Hymns 7:00 Quiet Moments</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Reminiscing with treasures 11:00 Wellness Time 1:00 Rest &amp; Relaxation Time 2:00 Afternoon Snack 2:30 Color Creation 3:00 Karaoke Fun 5:30 Evening Tea Time &amp; Movie 7:00 Quiet Moments</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Noodle Polo 11:00 Wellness Time 1:00 Rest &amp; Relaxation Time 2:00 Afternoon Snack 2:30 Glamorous Spa Day 5:30 Hot Tea Social 7:00 Quiet Moments</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Simple Pleasure 11:00 Wellness Time 1:00 Rest &amp; Relaxation Time 2:00 Brag Time-Pictures &amp; Stories of Loved Ones 4:00 Music Melodies 7:00 Quiet Moments</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Music for the Soul 11:00 Wellness Time 1:30 Rest &amp; Relaxation Time 2:00 Afternoon Snack 2:30 Painting with Laughter 5:30 Movie &amp; Puffcorn 7:00 Quiet Moments</p>	<p>9:00 Exercise 9:30 Devotion 10:00 <b>Mad Hatter Tea Time- friends &amp; family come &amp; join in the madness!!!!</b> 11:00 Wellness Time 1:00 Rest &amp; Relaxation Time 2:00 Afternoon Snack 3:00 Ultimate Dance Party 5:30 Evening Tea Time with Memories &amp; Laughter</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Simple Pleasures 11:00 Wellness Time 1:00 Rest and Relaxation 2:00 Snack 2:30 Crazy Parachute Fun 5:30 Warm Drink and Movie 7:00 Quiet Moments</p>
<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Simple Pleasures 11:00 Wellness Time 1:00 Rest &amp; Relaxation Time 2:00 Snack 2:30 Music Moments 3:00 Painting from the Past 5:30 Sing Spiritual Hymns 7:00 Quiet Moments</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Ring Toss 11:00 Wellness Time 1:00 Rest and Relaxation 2:00 Afternoon Snack 3:00 Karaoke Kraziness 5:30 Evening Tea and Movie 7:00 Quiet Moments</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Story Time 11:00 Wellness Time 1:00 Rest &amp; Relaxation Time 2:00 Afternoon Snack 2:30 Glamorous Spa Day 5:30 Sunroom Social &amp; Stroll Down Memory Lane 7:00 Quiet Moments</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Music Moments-Make the Band (fun with instruments) 11:00 Wellness Time 1:00 Rest and Relaxation 2:00 Healthy Snack Creations 3:00 Painting with laughter 5:30 Reminiscing with Treasures 7:00 Warm Drink Evening Social</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Hot Potato 1:00 <b>Gathan Graham</b> 1:30 Afternoon Snack 2:30 Bowling Fun 4:00 Music Moments 5:30 Movie and Puffcorn 7:00 Quiet Moments</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Beach Ball Fun 11:00 Wellness Time 1:00 Rest and Relaxation 2:00 Afternoon Snack 2:30 Bubble Mania 5:30 Evening Tea and Movie 7:00 Quiet Moments</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack Music for the Soul 11:00 Wellness Time 1:00 Rest and Relaxation 2:00 Snack 2:30 Arts &amp; Crafts 5:30 Warm Drink and Movie 6:00 Pampering Time 7:00 Quiet Moments</p>
<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Jokers Wild, time to laugh! 11:00 Wellness Time 1:00 Rest and Relaxation 2:00 Healthy Snack Creations 3:00 Music Moments 5:30 Sing Spiritual Hymns 7:00 Quiet Moments</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Simple Pleasures 11:00 Wellness Time 1:00 Rest and Relaxation 2:00 Afternoon Snack 2:30 Ring Toss 3:00 Karaoke Dance Party 5:30 Evening Tea and Movie</p> <p style="text-align: center;">Martin Luther King Day Tu B'Shevat</p>	<p>9:00 Exercise 9:30 Devotion 10:00 <b>Music with Suzanne Gregg</b> 11:00 Wellness Time 1:00 Rest and Relaxation 2:00 Afternoon Snack 2:30 Glamorous Spa Day 5:30 Hot Tea Social 7:00 Quiet Moments</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Creative Creations 11:00 Wellness Time 1:00 Rest and Relaxation 2:00 Afternoon Snack 3:00 Parachute Fun!!! 5:30 Reminiscing with Treasures 7:00 Evening Tea Time</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Simple Pleasures 11:00 Wellness Time 1:00 Rest and Relaxation 2:00 Afternoon Snack 3:00 Music for the Soul 5:30 <b>Glitz &amp; Glam Mocktail Social</b> 7:00 Quiet Moments</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Simple Pleasures 11:00 Wellness Time 1:00 Story Time 2:00 Afternoon Snack 2:30 Table Games 3:00 Music Madness <b>5:00 All Shook Up Friends &amp; Family Elvis Party!!</b></p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Games 11:00 Wellness Time 1:00 Rest and Relaxation 2:00 Movie Matinee 5:30 Warm Drink Social with Memories and Laughter 7:00 Quiet Moments</p>
<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Simple Pleasures 11:00 Wellness Time 1:00 Rest and Relaxation 2:00 Snack &amp; Sunroom Lemonade Social 4:00 Bean Bag Toss 6:00 Sing Spiritual Hymns 7:00 Quiet Moments</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Simple Pleasure 11:00 Wellness Time 1:00 Rest &amp; Relaxation Time 2:00 Afternoon Snack 2:30 Color Creation Crafting 3:00 Karaoke Fun 5:30 Evening Tea Time &amp; Movie 7:00 Quiet Moments</p> <p style="text-align: center;">Australia Day (observed)</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Bowling Fun 11:00 Wellness Time 1:00 Rest &amp; Relaxation Time 2:00 Afternoon Snack 2:30 Fly Ball 5:30 Hot Tea Social 7:00 Quiet Moments</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Noodle Polo 11:00 Wellness Time 1:00 Rest &amp; Relaxation Time 2:00 Creating with Chef-Tasty Treats 4:00 Music Memories 5:30 Reminiscing with treasures 7:00 Quiet Moments</p>	<p>9:00 Exercise 9:30 Devotion 10:00 Snack 10:30 Music for the Soul 11:00 Wellness Time 1:00 Rest &amp; Relaxation Time 2:00 <b>Resident Birthday Party</b> 2:30 Painting with Laughter 5:30 Movie &amp; Puffcorn 7:00 Quiet Moments</p>	<p style="text-align: center;"><i>Celebrating January Birthdays:</i></p> <p><i>Millie Spenny 1/11; Mary Parks 1/16; Lorene McMahan 1/19; Bill Schulz 1/6; Ada Brandon 1/02; Betty Anderson 1/29; Kathryn Jeffries 1/14; Mary Pratt 1/25</i></p> <p><i>Staff: Veta Sanders 01/15</i></p>	