

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# February 2019

## ASSISTED LIVING CALENDAR



<p><b>8:30 WALKING TO WELLNESS</b> <sup>3</sup>  <b>9:00 CHISHOLM HEIGHTS CHURCH SERVICE</b>  <b>10:00 LIGHT &amp; LIVELY</b>  <b>10:30 CHRONICLES / NOSTALGIA</b>  <b>11:00 LOBBY SOCIAL</b>  <b>2:00 DOMINOS CLUB</b>  <b>4:00 COMMUNION</b></p>	<p><b>8:30 WALKING TO WELLNESS</b> <sup>4</sup>  <b>9:00 DAILY BREAD DEVOTION</b>  <b>9:15 CHRONICLES / NOSTALGIA</b>  <b>9:30 LIGHT &amp; LIVELY</b>  <b>10:30 SENIOR CENTER PARLOR GAMES</b>  <b>2:00 BINGO</b>  <b>4:15 INSPIRATIONAL STORIES</b>  <b>7:00 EVENING EXERCISE</b></p>	<p><b>8:30 WALKING TO WELLNESS</b> <sup>5</sup>  <b>9:00 DAILY BREAD</b>  <b>9:15 CHRONICLES / NOSTALGIA</b>  <b>9:30 LIGHT &amp; LIVELY</b>  <b>10:00 WALMART / DOLLERTREE</b>  <b>10:30 MARY &amp; FRIENDS</b>  <b>2:00 JEOPARDY TRIVIA</b>  <b>4:30 INSPIRATIONAL STORIES</b>  <b>6:30 EVENING EXERCISE</b></p> <p style="text-align: center;"><small>Chinese New Year</small></p>	<p><b>8:30 WALKING TO WELLNESS</b> <sup>6</sup>  <b>9:00 DAILY BREAD</b>  <b>9:15 CHRONICLES / NOSTALGIA</b>  <b>9:30 LIGHT &amp; LIVELY</b>  <b>10:00 DOMINOS CLUB</b>  <b>2:00 BINGO</b>  <b>4:30 GATHAN GRAHAM'S MUSIC</b>  <b>6:00 LUTHERAN CHURCH</b>  <b>6:30 EVENING EXERCISE</b></p>	<p><b>8:30 WALKING TO WELLNESS</b> <sup>7</sup>  <b>9:00 DAILY BREAD</b>  <b>9:15 CHRONICLES / NOSTALGIA</b>  <b>9:30 LIGHT &amp; LIVELY</b>  <b>10:00 PARLOR GAMES</b>  <b>2:00 FRESH FRUITS</b>  <b>4:30 STORIES OF INSPIRATION</b>  <b>6:00 CHISHOLM HEIGHTS</b>  <b>6:30 EVENING EXERCISE</b></p>	<p><b>8:30 WALKING TO WELLNESS</b> <sup>8</sup>  <b>9:00 DAILY BREAD</b>  <b>9:15 CHRONICLES / NOSTALGIA</b>  <b>9:30 LIGHT &amp; LIVELY</b>  <b>10:00 DOMINOS CLUB</b>  <b>1:00 STAFF CHRISTMAS PARTY</b>  <b>4:30 STORIES OF INSPIRATION</b>  <b>6:30 EVENING EXERCISE</b></p>	<p><b>8:30 WALKING TO WELLNESS</b> <sup>9</sup>  <b>9:00 DAILY BREAD</b>  <b>9:15 CHRONICLES / NOSTALGIA</b>  <b>9:30 LIGHT &amp; LIVELY</b>  <b>2:00 HAPPY HOUR</b>  <b>3:00 PARLOR GAMES</b>  <b>4:30 STORIES OF INSPIRATION</b>  <b>6:30 EVENING EXERCISE</b></p> <p style="text-align: center;"><small>Groundhog Day</small></p>
<p><b>8:30 WALKING TO WELLNESS</b> <sup>10</sup>  <b>9:00 CHISHOLM HEIGHTS CHURCH SERVICE</b>  <b>10:00 LIGHT &amp; LIVELY</b>  <b>10:30 CHRONICLES / NOSTALGIA</b>  <b>11:00 LOBBY SOCIAL</b>  <b>2:00 DOMINOS CLUB</b>  <b>4:00 COMMUNION</b></p>	<p><b>8:30 WALKING TO WELLNESS</b> <sup>11</sup>  <b>9:00 DAILY BREAD DEVOTION</b>  <b>9:15 CHRONICLES / NOSTALGIA</b>  <b>9:30 LIGHT &amp; LIVELY</b>  <b>10:30 SENIOR CENTER PARLOR GAMES</b>  <b>2:00 BINGO</b>  <b>4:15 INSPIRATIONAL STORIES</b>  <b>7:00 EVENING EXERCISE</b></p>	<p><b>8:30 WALKING TO WELLNESS</b> <sup>12</sup>  <b>9:00 DAILY BREAD</b>  <b>9:15 CHRONICLES / NOSTALGIA</b>  <b>9:30 LIGHT &amp; LIVELY</b>  <b>10:00 WALMART / DOLLERTREE</b>  <b>10:30 MARY &amp; FRIENDS</b>  <b>2:00 JEOPARDY TRIVIA</b>  <b>4:30 INSPIRATIONAL STORIES</b>  <b>6:30 EVENING EXERCISE</b></p>	<p><b>8:30 WALKING TO WELLNESS</b> <sup>13</sup>  <b>9:00 DAILY BREAD</b>  <b>9:15 CHRONICLES / NOSTALGIA</b>  <b>9:30 LIGHT &amp; LIVELY</b>  <b>10:00 DOMINOS CLUB</b>  <b>2:00 BINGO</b>  <b>3:30 ICE CREAM</b>  <b>4:00 STORIES OF INSPIRATION</b>  <b>6:00 LUTHERAN CHURCH</b>  <b>6:30 EVENING EXERCISE</b></p>	<p><b>8:30 WALKING TO WELLNESS</b> <sup>14</sup>  <b>9:00 DAILY BREAD</b>  <b>9:15 CHRONICLES / NOSTALGIA</b>  <b>9:30 LIGHT &amp; LIVELY</b>  <b>10:00 PARLOR GAMES</b>  <b>2:00 FRESH FRUITS</b>  <b>4:30 STORIES OF INSPIRATION</b>  <b>6:00 CHISHOLM HEIGHTS</b>  <b>6:30 EVENING EXERCISE</b></p> <p style="text-align: center;"><small>Valentine's Day</small></p>	<p><b>8:30 WALKING TO WELLNESS</b> <sup>15</sup>  <b>9:00 DAILY BREAD</b>  <b>9:15 CHRONICLES / NOSTALGIA</b>  <b>9:30 LIGHT &amp; LIVELY</b>  <b>10:00 CHRONICLES / NOSTALGIA</b>  <b>2:00 BINGO</b>  <b>3:30 DOMINOS CLUB</b>  <b>4:30 STORIES OF INSPIRATION</b>  <b>6:30 EVENING EXERCISE</b></p>	<p><b>8:30 WALKING TO WELLNESS</b> <sup>16</sup>  <b>9:00 DAILY BREAD</b>  <b>9:15 CHRONICLES / NOSTALGIA</b>  <b>9:30 LIGHT &amp; LIVELY</b>  <b>2:00 HAPPY HOUR</b>  <b>3:00 PARLOR GAMES</b>  <b>4:30 STORIES OF INSPIRATION</b>  <b>6:30 EVENING EXERCISE</b></p>
<p><b>8:30 WALKING TO WELLNESS</b> <sup>17</sup>  <b>9:00 CHISHOLM HEIGHTS CHURCH SERVICE</b>  <b>10:00 LIGHT &amp; LIVELY</b>  <b>10:30 CHRONICLES / NOSTALGIA</b>  <b>11:00 LOBBY SOCIAL</b>  <b>2:00 DOMINOS CLUB</b>  <b>4:00 COMMUNION</b>  <b>4:30 GATHAN GRAHAM</b></p>	<p><b>8:30 WALKING TO WELLNESS</b> <sup>18</sup>  <b>9:00 DAILY BREAD DEVOTION</b>  <b>9:15 CHRONICLES / NOSTALGIA</b>  <b>9:30 LIGHT &amp; LIVELY</b>  <b>10:30 SENIOR CENTER PARLOR GAMES</b>  <b>2:00 BINGO</b>  <b>4:15 INSPIRATIONAL STORIES</b>  <b>7:00 EVENING EXERCISE</b></p> <p style="text-align: center;"><small>Presidents' Day (US)</small></p>	<p><b>8:30 WALKING TO WELLNESS</b> <sup>19</sup>  <b>9:00 DAILY BREAD</b>  <b>9:15 CHRONICLES / NOSTALGIA</b>  <b>9:30 LIGHT &amp; LIVELY</b>  <b>10:00 WALMART / DOLLERTREE</b>  <b>10:30 MARY &amp; FRIENDS</b>  <b>2:00 JEOPARDY TRIVIA</b>  <b>4:30 INSPIRATIONAL STORIES</b>  <b>6:30 EVENING EXERCISE</b></p>	<p><b>8:30 WALKING TO WELLNESS</b> <sup>20</sup>  <b>9:00 DAILY BREAD</b>  <b>9:15 CHRONICLES / NOSTALGIA</b>  <b>9:30 LIGHT &amp; LIVELY</b>  <b>10:00 DOMINOS CLUB</b>  <b>2:00 BINGO</b>  <b>3:30 ICE CREAM</b>  <b>4:00 STORIES OF INSPIRATION</b>  <b>6:00 LUTHERAN CHURCH</b>  <b>6:30 EVENING EXERCISE</b></p>	<p><b>8:30 WALKING TO WELLNESS</b> <sup>21</sup>  <b>9:00 DAILY BREAD</b>  <b>9:15 CHRONICLES / NOSTALGIA</b>  <b>9:30 LIGHT &amp; LIVELY</b>  <b>10:00 PARLOR GAMES</b>  <b>2:00 FRESH FRUITS</b>  <b>4:30 STORIES OF INSPIRATION</b>  <b>6:00 CHISHOLM HEIGHTS</b>  <b>6:30 EVENING EXERCISE</b></p>	<p><b>8:30 WALKING TO WELLNESS</b> <sup>22</sup>  <b>9:00 DAILY BREAD</b>  <b>9:15 CHRONICLES / NOSTALGIA</b>  <b>9:30 LIGHT &amp; LIVELY</b>  <b>10:00 DOMINOS CLUB</b>  <b>1:00 STAFF CHRISTMAS PARTY</b>  <b>4:30 STORIES OF INSPIRATION</b>  <b>6:30 EVENING EXERCISE</b></p>	<p><b>8:30 WALKING TO WELLNESS</b> <sup>23</sup>  <b>9:00 DAILY BREAD</b>  <b>9:15 CHRONICLES / NOSTALGIA</b>  <b>9:30 LIGHT &amp; LIVELY</b>  <b>2:00 HAPPY HOUR</b>  <b>3:00 PARLOR GAMES</b>  <b>4:30 STORIES OF INSPIRATION</b>  <b>6:30 EVENING EXERCISE</b></p>
<p><b>8:30 WALKING TO WELLNESS</b> <sup>24</sup>  <b>9:00 CHISHOLM HEIGHTS CHURCH SERVICE</b>  <b>10:00 LIGHT &amp; LIVELY</b>  <b>10:30 CHRONICLES / NOSTALGIA</b>  <b>11:00 LOBBY SOCIAL</b>  <b>2:00 DOMINOS CLUB</b>  <b>4:00 COMMUNION</b></p>	<p><b>8:30 WALKING TO WELLNESS</b> <sup>25</sup>  <b>9:00 DAILY BREAD DEVOTION</b>  <b>9:15 CHRONICLES / NOSTALGIA</b>  <b>9:30 LIGHT &amp; LIVELY</b>  <b>10:30 SENIOR CENTER PARLOR GAMES</b>  <b>2:00 BINGO</b>  <b>4:15 INSPIRATIONAL STORIES</b>  <b>7:00 EVENING EXERCISE</b></p>	<p><b>8:30 WALKING TO WELLNESS</b> <sup>26</sup>  <b>9:00 DAILY BREAD</b>  <b>9:15 CHRONICLES / NOSTALGIA</b>  <b>9:30 LIGHT &amp; LIVELY</b>  <b>10:00 WALMART / DOLLERTREE</b>  <b>10:30 MARY &amp; FRIENDS</b>  <b>2:00 JEOPARDY TRIVIA</b>  <b>4:30 INSPIRATIONAL STORIES</b>  <b>6:30 EVENING EXERCISE</b></p>	<p><b>8:30 WALKING TO WELLNESS</b> <sup>27</sup>  <b>9:00 DAILY BREAD</b>  <b>9:15 CHRONICLES / NOSTALGIA</b>  <b>9:30 LIGHT &amp; LIVELY</b>  <b>10:00 DOMINOS CLUB</b>  <b>2:00 BINGO</b>  <b>3:30 ICE CREAM</b>  <b>4:00 STORIES OF INSPIRATION</b>  <b>6:00 LUTHERAN CHURCH</b>  <b>6:30 EVENING EXERCISE</b></p>	<p><b>8:30 WALKING TO WELLNESS</b> <sup>28</sup>  <b>9:00 DAILY BREAD</b>  <b>9:15 CHRONICLES / NOSTALGIA</b>  <b>9:30 LIGHT &amp; LIVELY</b>  <b>10:00 PARLOR GAMES</b>  <b>2:00 FRESH FRUITS</b>  <b>4:30 STORIES OF INSPIRATION</b>  <b>6:00 CHISHOLM HEIGHTS</b>  <b>6:30 EVENING EXERCISE</b></p>	<p style="text-align: center;"><b>HAPPY VALENTINES DAY!</b></p> 	