







# Arbor House of Marble Falls January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Please note the schedule is subject to change to meet the needs of our residents.</b></p>		<p><b>1. New Year's Day</b>            9:00 Silver Sneakers            10:00 Devotions            10:15 Exercise            11:00 Skip Bo            2:30 Color Your World            3:30 Game On            4:00 Helping Hands: Set Dining Room Tables</p>	<p><b>2.</b>            9:00 Silver Sneakers            10:00 Devotions            10:15 Exercise            11:00 Lunch Out : Bella Sera in MFalls            11:00 Spinners            2:00 Bible Study            2:00 Skip Bo            3:00 Bingo            4:00 Helping Hands: Dining Room Tables</p>	<p><b>3.</b>            9:00 Silver Sneakers            10:00 Devotions            10:15 Exercise            11:00 Mexican Train Dominoes            12:30 Food Council Meeting            2:30 Thursday Matinee Movie in the back living room            3:00 Color Your World            4:00 Scrabble</p>	<p><b>4.</b>            9:00 Silver Sneakers            10:00 Devotions            10:15 Exercise            11:00 MFalls Senior Center            11:00 Dominoes            2:00 Learn to Play: Chinese Checkers            3:30 Happy Hour</p>	<p><b>5.</b>            9:00 Silver Sneakers            10:00 Devotions            10:15 Exercise            11:00 Chinese Checkers            2:00 Mexican Train Dominoes            3:00 Bingo            4:00 Helping Hands: Dining Room Tables</p>
<p><b>6.</b>            9:00 Silver Sneakers            10:00 Devotions            10:15 Exercise            11:00 Game On            2:30 Arena of Peace Cowboy Church Service            4:00 Helping Hands: Dining Room Tables            6:00 Sunday Night Movie in the back living room</p>	<p><b>7.</b>            9:00 Silver Sneakers            10:00 Devotions            10:15 Exercise            11:00 MFalls Senior Center            11:00 Chinese Checkers            1:20 Shopping @ Walmart            2:00 Skip Bo w/ Friends            2:45 Pie Happy Hour @ Bluebonnet Cafe            4:00 Helping Hands: Dining Room Tables</p>	<p><b>8.</b>            9:00 Silver Sneakers            10:00 Devotions            10:15 Exercise            11:00 Chinese Checkers            1:30 Helping Hands: Set up for Cooking            2:30 Cooking w/April: Ultra Goopy Peanut Butter Cookies            3:00 Yahtzee            4:00 Helping Hands: Dining Room Tables</p>	<p><b>9.</b>            9:00 Silver Sneakers            10:00 Devotions            10:15 Exercise            11:00 Lunch Out : Café 2300 in Burnet            11:00 ChineseCheckers            2:00 Bible Study            2:00 Skip Bo            3:00 Bingo            4:00 Helping Hands: Dining Room Tables</p>	<p><b>10.</b>            9:00 Silver Sneakers            10:00 Devotions            10:15 Exercise            11:00 Chinese Checkers            1:30 Helping Hands: Set Up for Party            3:00 January Birthday Party w/Luke Holmquist            4:00 Spill &amp; Spell            6:00 Thursday Night Movie in the back living room</p>	<p><b>11.</b>            9:00 Silver Sneakers            10:00 Devotions            10:15 Exercise            11:00 MFalls Senior Center            11:00 Chinese Checkers            2:00 Learn to Play: Chinese Checkers            3:30 LRC Happy Hour</p>	<p><b>12.</b>            9:00 Silver Sneakers            10:00 Devotions            10:15 Exercise            11:00 Chinese Checkers            2:30 Connect 4 Game            3:00 Bingo            4:00 Helping Hands: Dining Room Tables</p>
<p><b>13.</b>            9:00 Silver Sneakers            10:00 Devotions            10:15 Exercise            11:00 St. Peter's Lutheran Church Service            2:30 Game-On            4:00 Helping Hands: Dining Room Tables            6:00 Sunday Night Movie in the back</p>	<p><b>14.</b>            9:00 Silver Sneakers            10:00 Devotions            10:15 Exercise            11:00 MFalls Senior Center            11:00 Game-On            1:20 Shopping @ HEB            2:00 UNO            3:30 Manicures            4:00 Helping Hands: Set Dining Room Tables</p>	<p><b>15.</b>            9:00 Silver Sneakers            10:00 Devotions            10:15 Exercise            11:00 UNO            1:30 Helping Hands: Set up for Encompass Health Talk            2:30 Encompass Health Talk : Depression            3:30 Chinese Checkers</p>	<p><b>16.</b>            9:00 Silver Sneakers            10:00 Devotions            10:15 Exercise            11:00 Lunch Out : Taste of Thyme in MFalls            11:00 ChineseCheckers            2:00 Bible Study            2:00 Skip Bo            3:00 Bingo            4:00 Helping Hands: Dining Room Tables</p>	<p><b>17.</b>            9:00 Silver Sneakers            10:00 Devotions            10:15 Exercise            11:00 Mexican Train Dominoes            2:30 Thursday Matinee Movie in the back living room            3:00 Color Your World            4:00 Helping Hands: Set Dining Room Tables</p>	<p><b>18.</b>            9:00 Silver Sneakers            10:00 Devotions            10:15 Exercise            11:00 MFalls Senior Center            11:00 Dominoes            2:00 Learn to Play: Spill &amp; Spell            3:30 Happy Hour w/George Winfield</p>	<p><b>19.</b>            9:00 Silver Sneakers            10:00 Devotions            10:15 Exercise            11:00 Spill &amp; Spell            2:00 Mexican Train Dominoes            3:00 Bingo            4:00 Helping Hands: Dining Room Tables</p>

<p><b>20. Sunday</b>  <b>Nina B. Birthday</b>  9:00 Silver Sneakers  10:00 Devotions  10:15 Exercise  11:00 <b>Spill &amp; Spell</b>  3:00 <b>First Baptist Church Service</b>  4:00 <b>Helping Hands: Set Dining Room Tables</b>  6:00 <b>Sunday Night Movie in the back living room</b></p>	<p><b>21. Monday</b>  <b>Martin Luther King Jr. Day</b>  9:00 Silver Sneakers  10:00 Devotions  10:15 Exercise  11:00 <b>MFalls Senior Center</b>  11:00 <b>Spill &amp; Spell</b>  1:20 <b>Shopping @ WalMart</b>  2:00 <b>UNO</b>  3:30 <b>Manicures</b>  4:00 <b>Helping Hands: Set Dining Room Tables</b></p>	<p><b>22. Tuesday</b>  9:00 Silver Sneakers  10:00 Devotions  10:15 Exercise  11:00 <b>Spill &amp; Spell</b>  1:30 <b>Helping Hands: Set up for Arbor House Sale</b>  2:30 <b>Arbor House Sale</b>  3:30 <b>Spill &amp; Spell</b>  4:00 <b>Helping Hands: Set Dining Room Tables</b></p>	<p><b>23. Wednesday</b>  9:00 Silver Sneakers  10:00 Devotions  10:15 Exercise  11:00 <b>Lunch Out : Trail Blazers in Burnet</b>  11:00 <b>Spill &amp; Spell</b>  2:00 <b>Bible Study</b>  2:00 <b>Spill &amp; Spell</b>  3:00 <b>Bingo</b>  4:00 <b>Helping Hands: Dining Room Tables</b></p>	<p><b>24. Thursday</b>  9:00 Silver Sneakers  10:00 Devotions  10:15 Exercise  11:00 <b>Spill &amp; Spell</b>  2:30 <b>Thursday Matinee Movie in the back living room</b>  3:00 <b>Color Your World</b>  4:00 <b>Scrabble</b></p>	<p><b>25. Friday</b>  9:00 Silver Sneakers  10:00 Devotions  10:15 Exercise  11:00 <b>MFalls Senior Center</b>  11:00 <b>Dominoes</b>  2:00 <b>Learn to Play: Spill &amp; Spell</b>  3:30 <b>Happy Hour</b></p>	<p><b>26. Saturday</b>  9:00 Silver Sneakers  10:00 Devotions  10:15 Exercise  11:00 <b>Spill &amp; Spell</b>  2:00 <b>Connect 4 Game</b>  3:00 <b>Bingo</b>  4:00 <b>Helping Hands: Dining Room Tables</b></p>
<p><b>27.</b>  9:00 Silver Sneakers  10:00 Devotions  10:15 Exercise  11:00 <b>Game On</b>  2:30 <b>First United Methodist Church Service</b>  4:00 <b>Helping Hands: Set Dining Room Tables</b>  6:00 <b>Sunday Night Movie in the back living room</b></p>	<p><b>28.</b>  9:00 Silver Sneakers  10:00 Devotions  10:15 Exercise  11:00 <b>MFalls Senior Center</b>  11:00 <b>Game-On</b>  1:20 <b>Shopping @ HEB</b>  2:00 <b>UNO</b>  3:30 <b>Manicures</b>  4:00 <b>Helping Hands: Set Dining Room Tables</b></p>	<p><b>29.</b>  9:00 Silver Sneakers  10:00 Devotions  10:15 Exercise  11:00 <b>UNO</b>  1:30 <b>Set Up for Crafts</b>  2:30 <b>Craft Corner: Candy Heart Wreath</b>  3:30 <b>Spill &amp; Spell</b>  4:00 <b>Helping Hands: Set Dining Room Tables</b></p>	<p><b>30.</b>  9:00 Silver Sneakers  10:00 Devotions  10:15 Exercise  11:00 <b>Lunch Out : Wingman BBQ in MFalls</b>  11:00 <b>Spinners</b>  2:00 <b>Bible Study</b>  2:00 <b>Scrabble</b>  3:00 <b>Bingo</b>  4:00 <b>Helping Hands: Dining Room Tables</b></p>	<p><b>31.</b>  9:00 Silver Sneakers  10:00 Devotions  10:15 Exercise  11:00 <b>Spinners</b>  2:30 <b>Set Up for Resident Council</b>  3:30 <b>Resident Council Meeting</b>  6:00 <b>Thursday Night Movie in the Theater</b></p>		
			<p><b>Nina B.....1-20</b></p>	