

Bluebonnet

Arbor House of Marble Falls

OCTOBER 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00 Morning stretches 9:30 Folk Songs 10:00 Cooking with Friends 10:30 Snack Chat 11:00 Mandalas 2:00 Music Expression 2:30 Snack Chat 3:00 Reminiscing Fall 3:30 Sewing Circle 4:00 Sensory Clay 6:00 Devotionals 6:30 Leg Massage 7:00 Snack Chat	2 9:00 Morning stretches 9:30 Morning Hymns 10:00 Name that Flavor 10:30 Snack Chat 11:00 Bird Picture 2:00 Hand Massage 2:30 Snack Chat 3:00 Book Club 3:30 Fabric connection 4:00 Jewelry Box 6:00 Spiritual Paintings 6:30 Facial Scrubs 7:00 Snack Chat	3 9:00 Morning stretches 9:30 Folk Songs 10:00 Cooking with Friends 10:30 Snack Chat 11:00 Color my World 2:00 Poetry Club 2:30 Snack Chat 3:00 Memories in the Making 4:00 Setting the Table 6:00 Devotionals 6:30 Pedicures 7:00 Snack Chat	4 9:00 Morning stretches 9:30 Morning Hymns 10:00 Aroma Massage 10:30 Snack Chat 11:00 Water Colors 2:00 Sensory Box 2:30 Snack Chat 3:00 Taking Care of the Baby 3:30 Sewing Circle 4:00 Afternoon Scroll 6:00 Prayers 6:30 Hand Massage 7:00 Snack Chat	5 9:00 Morning stretches 9:30 Health Clinic 10:00 Cooking with Friends 10:30 Snack Chat 11:00 Mandalas 2:00 Reminiscing with Family Photos 2:30 Snack Chat 3:00 Afternoon Tea with Friends 3:30 Fabric Connections 4:00 Bible Scriptures 6:00 Poetry Club 6:30 Leg Massage 7:00 Snack Chat	6 9:00 Morning stretches 9:30 Morning Hymns 10:00 Manicures 10:30 Snack Chat 11:00 Color my World 2:00 Poetry Club 2:30 Snack Chat 3:00 Flower Arrangements 3:30 Mix and Match 4:00 Jewelry Box 6:00 Spiritual Paintings 6:30 Gentle Massage 7:00 Snack Chat
7 9:00 Morning stretches 9:30 Worship Songs 10:00 Matinee with Snack 11:00 Mandalas 2:00 Poetry Club 2:30 Snack Chat 3:00 Flash Back Songs 3:30 Fabric Connections 4:00 Flower Arrangements 6:00 Devotionals 6:30 Hand Massage 7:00 Snack Chat	8 9:00 Morning stretches 9:30 Folk Songs 10:00 Cooking with Friends 10:30 Snack Chat 11:00 Water Colors 2:00 Sensory Box 2:30 Snack Chat 3:00 Book Club 3:30 Hand Massages 4:00 Setting the Table 6:00 Prayers 6:30 Leg and Foot Massage 7:00 Snack Chat	9 9:00 Morning stretches 9:30 Morning Hymns 10:00 Aroma Massage 10:30 Snack Chat 11:00 Garden Planning 2:00 Flower Arrangements 2:30 Snack Chat 3:00 Afternoon Walk 3:30 Sewing Circle 4:00 Fabric Connections 6:00 Spiritual Paintings 6:30 Head Massage 7:00 Snack Chat	10 9:00 Morning stretches 9:30 Folk Songs 10:00 Cooking with Friends 10:30 Snack Chat 11:00 Music Expression 2:00 Aroma Connections 2:30 Snack Chat 3:00 Memories in the Making 4:00 Knitting Circle 6:00 Poetry Club 6:30 Gentle Massage 7:00 Snack Chat	11 9:00 Morning stretches 9:30 Morning Hymns 10:00 Name the Flavor 10:30 Snack Chat 11:00 Pumpkin Decorations 2:00 Music Expression 2:30 Snack Chat 3:00 Book Club 3:30 Setting the Table 4:00 Afternoon Scroll 6:00 Spiritual Songs 6:30 Hand Massage 7:00 Snack Chat	12 9:00 Morning stretches 9:30 Health Clinic 10:00 Cooking with Friends 10:30 Snack Chat 11:00 Color my World 2:00 Sensory Box 2:30 Snack Chat 3:00 Drinks on the Porch 3:30 Sewing Circle 4:00 Taking Care of the Baby 6:00 Prayers 6:30 Leg Massage 7:00 Snack Chat	13 9:00 Morning stretches 9:30 Morning Hymns 10:00 Pedicures 10:30 Snack Chat 11:00 Color my World 2:00 Flower Arrangements 2:30 Snack Chat 3:00 Flash Back Songs 3:30 Fabric Connections 4:00 Setting the Table 6:00 Devotionals 6:30 Gentle Massage 7:00 Snack Chat
14 9:00 Morning stretches 9:30 Worship Songs 10:00 Matinee with Snack 11:00 Dahlia Paper Flower 2:00 Birthday Celebration 2:30 Snack Chat 3:00 Poetry Club 3:30 Fabric Connections 4:00 Bean Bag Toss 6:00 Devotionals 6:30 Hand Massage 7:00 Snack Chat	15 9:00 Morning stretches 9:30 Folk Songs 10:00 Cooking with Friends 10:30 Snack Chat 11:00 Color my World 2:00 Aroma Connections 2:30 Snack Chat 3:00 Flower Arrangements 3:30 Setting the Table 4:00 Balloon Bash 6:00 Prayers 6:30 Leg and Foot Massage 7:00 Snack Chat	16 9:00 Morning stretches 9:30 Morning Hymns 10:00 Aroma Massage 10:30 Snack Chat 11:00 Water Colors 2:00 Sensory Box 2:30 Snack Chat 3:00 Flash Back Songs 3:30 Sewing Circle 4:00 Afternoon Scroll 6:00 Prayers 6:30 Hand Massage 7:00 Snack Chat	17 9:00 Morning stretches 9:30 Folk Songs 10:00 Cooking with Friends 10:30 Snack Chat 11:00 Flower Arrangement 2:00 Sensory Box 2:30 Snack Chat 3:00 Memories in the Making 4:00 Chair Yoga 6:00 Poetry Club 6:30 Pedicures 7:00 Snack Chat	18 9:00 Morning stretches 9:30 Folk Songs 10:00 Color my World 10:30 Snack Chat 11:00 Leaf Painting 2:00 Sensory Box 2:30 Snack Chat 3:00 Reminisce of Afternoon Scrolls 3:30 Flash Back Songs 4:00 Chair Yoga 6:00 Poetry Club 6:30 Pedicures 7:00 Snack Chat	19 9:00 Morning stretches 9:30 Health Clinic 10:00 Cooking with Friends 10:30 Snack Chat 11:00 Water Color 2:00 Medicare 2:30 Snack Chat 3:00 Drinks on the Porch 3:30 Sewing Circle 4:00 6:00 Prayers 6:30 Hand Soak and Massage 7:00 Snack Chat	20 9:00 Morning stretches 9:30 Morning Hymns 10:00 Music Expression 10:30 Snack Chat 11:00 Poetry Club 2:00 Flower Arrangements 2:30 Snack Chat 3:00 Fall Garden Planning 3:30 Mix and Match 4:00 Balloon Bash 6:00 Devotionals 6:30 Leg Massage 7:00 Snack Chat
21 9:00 Morning stretches 9:30 Worship Songs 10:00 Matinee with Snack 11:00 Color my World 2:00 Music Expression 2:30 Snack Chat 3:00 Sensory Clay 3:30 Sewing Circle 4:00 Afternoon Walk 6:00 Prayers 6:30 Gentle Massage 7:00 Snack Chat	22 9:00 Morning stretches 9:30 Folk Songs 10:00 Cooking with Friends 10:30 Snack Chat 11:00 Feeling Sculpture 2:00 Hand Massage 2:30 Snack Chat 3:00 Fabric Connection 3:30 Setting the Table 4:00 Reminiscence with Family Photos 6:00 Devotional 6:30 Leg and Foot Massage 7:00 Snack Chat	23 9:00 Morning stretches 9:30 Folk Songs 10:00 Hand Massage 10:30 Snack Chat 11:00 Mandalas 2:00 Sensory Box 2:30 Snack Chat 3:00 Book Club 3:30 Knitting Circle 4:00 Bowling 6:00 Poetry 6:30 Head Massage 7:00 Snack Chat	24 9:00 Morning stretches 9:30 Folk Songs 10:00 Cooking with Friends 10:30 Snack Chat 11:00 Tile Creations 2:00 Leg Massage 2:30 Snack Chat 3:00 Memories in the Making 4:00 Taking Care of the Baby 6:00 Poetry Club 6:30 Pedicures 7:00 Snack Chat	25 9:00 Morning stretches 9:30 Folk Songs 10:00 Fabric Connection 10:30 Snack Chat 11:00 Water Color 2:00 Sensory Box 2:30 Snack Chat 3:00 Flower Arrangements 3:30 Sewing Circle 4:00 Leg Massages 6:00 Devotionals 6:30 Gentle Massage 7:00 Snack Chat	26 9:00 Morning stretches 9:30 Health Clinic 10:00 Cooking with Friends 10:30 Snack Chat 11:00 Feeling Sculpture 2:00 Aroma Connections 2:30 Snack Chat 3:00 Drinks on the Porch 3:30 Setting the Table 4:00 Sensory Clay 6:00 Poetry Club 6:30 Hand Soak and Massage 7:00 Snack Chat	27 9:00 Morning stretches 9:30 Morning Hymns 10:00 Pedicures 10:30 Snack Chat 11:00 Music Expression 2:00 Sensory 2:30 Snack Chat 3:00 Fabric Connection 3:30 Mix and Match 4:00 Dance Along 6:00 Prayer 6:30 Leg Massage 7:00 Snack Chat

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9:00 Morning stretches
 9:30 Worship Songs
 10:00 Matinee with Snack
 11:00 Color my World
 2:00 Music Expression
 2:30 Snack Chat
 3:00 Flash Back Songs
 3:30 Sewing Circle
 4:00 Poetry Club
 6:00 Prayers
 6:30 Gentle Massage
 7:00 Snack Chat

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9:00 Morning stretches
 9:30 Folk Songs
 10:00 Cooking with Friends
 10:30 Snack Chat
 11:00 Water Colors
 2:00 Sensory Box
 2:30 Snack Chat
 3:00 Book Club
 3:30 Mix and Match
 4:00 Bird Photos
 6:00 Prayers
 6:30 Leg and Foot Massage
 7:00 Snack Chat

30

9:00 Morning stretches
 9:30 Morning Hymns
 10:00 Name that Flavor
 10:30 Snack Chat
 11:00 Title Creation
 2:00 Hand Massage
 2:30 Snack Chat
 3:00 Book Club
 3:30 Fabric connection
 4:00 Hand Massages
 6:00 Spiritual Paintings
 6:30 Facial Scrubs
 7:00 Snack Chat

31

9:00 Morning stretches
 9:30 Folk Songs
 10:00 Cooking with Friends
 10:30 Snack Chat
 11:00 Music Expression
 2:00 Aroma Connections
 2:30 Snack Chat
 3:00 Memories in the Making
 4:00 Knitting Circle
 6:00 Poetry Club
 6:30 Gentle Massage
 7:00 Snack Chat

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BEGONIA

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OCTOBER 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00 Let's get Physical 9:30 Songs to Remember 10:00 What's in the Bag 10:30 Snack Chat 11:00 Paper Dahlia Flowers 2:00 Question Ball 2:30 Snack Chat 3:00 Making Letters for Home 3:30 Finish the Phase 4:00 Dance Along 6:00 Prayers 6:30 Facial and Hand Scrub 7:00 Snack Chat	2 9:00 Let's get Physical 9:30 Songs to Remember 10:00 Cooking with Friends 10:30 Snack Chat 11:00 Water Colors 2:00 Parachute 2:30 Snack Chat 3:00 Group Scrapbooking 3:30 What's that Smell 4:00 Chair Pilates 6:00 Evening Garden Walks 6:30 Hand massage 7:00 Snack Chat	3 9:00 Let's get Physical 9:30 Songs to Remember 10:00 Music Expression 10:30 Snack Chat 11:00 Bead Jewelry 2:00 Bowling 2:30 Snack Chat 3:00 Memories in the Making 4:00 Yard Darts 6:00 Prayers 6:30 Facial and Hand Scrub 7:00 Snack Chat	4 9:00 Let's get Physical 9:30 Songs to Remember 10:00 Cooking with Friends 10:30 Snack Chat 11:00 Flower Arrangements 2:00 Bean Bag Toss 2:30 Snack Chat 3:00 Group Scrapbooking 3:30 Trivia 4:00 Chair Yoga 6:00 Devotional Readings 6:30 Gentle Massage 7:00 Snack Chat	5 9:00 Let's get Physical 9:30 Health Clinic 10:00 Name the Flavor 10:30 Snack Chat 11:00 Tile Creations 2:00 Balloon Bash 2:30 Snack Chat 3:00 Afternoon Tea with Friends 3:30 What's that sound 4:00 Dance Along 6:00 Prayers 6:30 Pedicure Medicare's 7:00 Snack Chat	6 9:00 Let's get Physical 9:30 Songs to Remember 10:00 Cooking with Friends 10:30 Snack Chat 11:00 Poetry Club 2:00 Question Balls 2:30 Snack Chat 3:00 Dream Making 3:30 Mix and Match 4:00 Pilates 6:00 Spiritual Painting 6:30 Leg Massage 7:00 Snack Chat
7 9:00 Let's get Physical 9:30 Worship Songs 10:00 Cooking with Friends 10:30 Snack Chat 11:00 Color my World 2:00 Bowling 2:30 Snack Chat 3:00 Poetry Club 3:30 Junk Drawer Detectives 4:00 Dance Along 6:00 Evening Walks 6:30 TV Land 7:00 Snack Chat	8 9:00 Let's get Physical 9:30 Songs to Remember 10:00 Name the Flavor 10:30 Snack Chat 11:00 Reminiscing Fall 2:00 Question Ball 2:30 Snack Chat 3:00 Pumpkin Making 3:30 A to Z 4:00 Chair Yoga 6:00 Color my World 6:30 Facial Massage 7:00 Snack Chat	9 9:00 Let's get Physical 9:30 Songs to Remember 10:00 Cooking with Friends 10:30 Snack Chat 11:00 Water Colors 2:00 Bean Bag Toss 2:30 Snack Chat 3:00 Making Letters 3:30 Mix and Match 4:00 Pilates 6:00 Devotional Reading 6:30 Leg Massage 7:00 Snack Chat	10 9:00 Let's get Physical 9:30 Songs to Remember 10:00 What's in the bag 10:30 Snack Chat 11:00 Halloween Treat Bag 2:00 Balloon Bash 2:30 Snack Chat 3:00 Memories in the Making 4:00 Bean Bag Toss 6:00 Prayers 6:30 Pedicures 7:00 Snack Chat	11 9:00 Let's get Physical 9:30 Songs to Remember 10:00 Cooking with Friends 10:30 Snack Chat 11:00 Poetry Club 2:00 Parachute 2:30 Snack Chat 3:00 Making Napkins 3:30 Trivia 4:00 Chair Yoga 6:00 Spiritual Paining 6:30 Hand Scrub and soak 7:00 Snack Chat	12 9:00 Let's get Physical 9:30 Health Clinic 10:30 Snack Chat 11:00 Leaf Painting 2:00 question Ball 2:30 Snack Chat 3:00 Drinks on the Porch 3:30 State Capitals 4:00 Dance Along 6:00 Color my world 6:30 Medicare 7:00 Snack Chat	13 9:00 Let's get Physical 9:30 Songs to Remember 10:00 Cooking with Friends 10:30 Snack Chat 11:00 Flower Arrangements 2:00 Balloon Bash 2:30 Snack Chat 3:00 Music Expression 3:30 Puzzles and Games 4:00 Walk in the Garden 6:00 Prayers 6:30 Hand massage 7:00 Snack Chat
14 9:00 Let's get Physical 9:30 Worship songs 10:00 Cooking with Friends 10:30 Snack Chat 11:00 Water Colors 2:00 Flower Arrangements 2:30 Snack Chat 3:00 Poetry Club 3:30 Junk Drawer Detectives 4:00 Yahtzee 6:00 Color my World 6:30 TV Land 7:00 Snack Chat	15 9:00 Let's get Physical 9:30 Songs to Remember 10:00 Name the Flavor 10:30 Snack Chat 11:00 Finish the Phase 2:00 Dominos 2:30 Snack Chat 3:00 Hangman 3:30 Pumpkin Decorations 4:00 Yard Darts 6:00 Prayers 6:30 Facial and Hand Scrub 7:00 Snack Chat	16 9:00 Let's get Physical 9:30 Songs to Remember 10:00 Cooking with Friends 10:30 Snack Chat 11:00 Bead Jewelry 2:00 Question Ball 2:30 Snack Chat 3:00 Celebration of Halloween 3:30 A to Z 4:00 Bean Bag Toss 6:00 Evening Walks 6:30 Hand Soak 7:00 Snack Chat	17 9:00 Let's get Physical 9:30 Songs to Remember 10:00 Music Expression 10:30 Snack Chat 11:00 Crossword Puzzles 2:00 Parachute 2:30 Snack Chat 3:00 Memories in the Making 4:00 Pilates 6:00 Spiritual Painting 6:30 Leg Massage 7:00 Snack Chat	18 9:00 Let's get Physical 9:30 Songs to Remember 10:00 Cooking with Friends 10:30 Snack Chat 11:00 Color my World 2:00 Parachute 2:30 Snack Chat 3:00 Hangman 3:30 Puzzle Match 4:00 Volleyball 6:00 Devotional Readings 6:30 Gentle Massage 7:00 Snack Chat	19 9:00 Let's get Physical 9:30 Health Clinic 10:00 Aroma Connections 10:30 Snack Chat 11:00 Bead Jewelry 2:00 Balloon Bash 2:30 Snack Chat 3:00 Drinks with Friends 3:30 Trivia 4:00 Balloon Bash 6:00 Prayers 6:30 Pedicures 7:00 Snack Chat	20 9:00 Let's get Physical 9:30 Songs to Remember 10:00 Cooking with Friends 10:30 Snack Chat 11:00 Mandela's 2:00 Parachute 2:30 Snack Chat 3:00 Table Arrangements 3:30 State and Capitals 4:00 Bowling 6:00 Color my World 6:30 Leg Massage 7:00 Snack Chat
21 9:00 Let's get Physical 9:30 Worship Songs 10:00 Cooking with Friends 10:30 Snack Chat 11:00 Poetry Club 2:00 Balloon Bash 2:30 Snack Chat 3:00 Afternoon Garden Drinks 3:30 A to Z 4:00 Chair Yoga 6:00 Color my World 6:30 TV Land 7:00 Snack Chat	22 9:00 Let's get Physical 9:30 Songs to Remember 10:00 Name the Flavor 10:30 Snack Chat 11:00 Flower Arrangements 2:00 Question Ball 2:30 Snack Chat 3:00 Pumpkin Yard Decorations 3:30 States and Capitals 4:00 Dance Along 6:00 Prayers 6:30 Pedicures 7:00 Snack Chat	23 9:00 Let's get Physical 9:30 Songs to Remember 10:00 Cooking with Friends 10:30 Snack Chat 11:00 Water Colors 2:00 Fabric Connections 2:30 Snack Chat 3:00 Mandalas 3:30 Finish the Phase 4:00 Volleyball 6:00 Spiritual Paintings 6:30 Facial Scrub 7:00 Snack Chat	24 9:00 Let's get Physical 9:30 Songs to Remember 10:00 Making Music 10:30 Snack Chat 11:00 Glass Sun Catchers 2:00 Afternoon Walks 2:30 Snack Chat 3:00 Memories in the Making 4:00 Yard Darts 6:00 Devotional Reading 6:30 Leg Massage 7:00 Snack Chat	25 9:00 Let's get Physical 9:30 Songs to Remember 10:00 Cooking with Friends 10:30 Snack Chat 11:00 Flower Arrangement 2:00 Reading Club 2:30 Snack Chat 3:00 Yahtzee 3:30 Junk Drawer Detective 4:00 Balloon Bash 6:00 Poetry Club 6:30 Hand Soak 7:00 Snack Chat	26 9:00 Let's get Physical 9:30 Health Clinic 10:00 Aroma Massage 10:30 Snack Chat 11:00 Garden Planning 2:00 Crossword 2:30 Snack Chat 3:00 Afternoon Garden Drinks 3:30 Yard Darts 4:00 Question Ball 6:00 Prayer 6:30 Gentle Massage 7:00 Snack Chat	27 9:00 Let's get Physical 9:30 Songs to Remember 10:00 Cooking with Friends 10:30 Snack Chat 11:00 Color my World 2:00 Question Ball 2:30 Snack Chat 3:00 Poetry Club 3:30 A to Z 4:00 Chair Pilates 6:00 Spiritual Songs 6:30 pedicures 7:00 Snack Chat

