



Assisted Living Community Waco, Texas September 2018

Your Arbor House Leadership Team

Carrie Pullin

carrie@arborhouseliving.com
Executive Director

Kristi Burger, LVN

kristi@arborhouseliving.com
Director of Nursing

Alisa Gayle

alisa@arborhouseliving.com
Community Relations Director

Lori Davis

lori@arborhouseliving.com
Resident Services Coordinator

Christy Ocampo

cocampo@arborhouseliving.com
Engagement Coordinator

Matt Reynolds

matthew@arborhouseliving.com
Maintenance Manager

Arbor House of Waco

2418 Marketplace Drive
Waco, Texas 76711
Main: 254-294-8672
Fax: 254-294-8655

Arbor Gardens Happenings



Happy October! Fall has arrived and that means we will have more fun activities this month here at Arbor Gardens.

Grandparent's Day was celebrated last month with so much fun. We enjoyed making wonderful treats at our cooking club. Our residents love sharing with and helping others. We have been very blessed to enjoy each other's life stories and the many engagements that fill our days.

This month, our Halloween Pajama Party is on October 26th at 2 p.m. Families and friends are always welcome to be part of our celebration. Oktoberfest Cookout will be scheduled by the end of the month for the EMS, Police Officers, Fire Marshalls that are always there to help our Arbor House family!

To all our volunteers, we want to let you know what an outstanding job you're doing with our residents. You all are such an important part of our community. Thank you so much!!!

Grandparents Day Celebration

Joy and Anabelle enjoying the party!



“ Click, Click first before I eat my Chili dog “
— Bill



Ruth loves to smile at the camera!



“ Arbor House Cookies were so yummy... my fifth! ”
—Shirley



“ Meet our awesome Best Friends in Arbor Gardens... Marvalous, Naomi, Ciera, Alexius! Thank you, ladies for all your hard work. ”
— Love, Joy & Anabelle



Bill, Chuck, and Dean loved our delicious foods at the party!

Engagement Wish List

If you have any of the following items laying around the house not being utilized, we can use them here at Arbor House! Any donations are greatly appreciated.

- *Board Games
- *Scrap Book Papers
- *DVD's
- *Any Crafting Materials
- *Ribbons

L
I
F
E

I
N

M
O
T
I
O
N

Chris spoiling her mom, Mildred, on her birthday!



Dancing 101 with Gary & Marvalous!

Peggy & Breanne trying to finish the puzzle!



You're doing a great job, Dorothy!



Thank you, Nona, Vivian, Quincy & Nancy for our cute Fall centerpieces!
— Jena



Happy Birthday, Shirley!

Note from the DON, Kristi Burger

As we get older the fear of falling becomes more prevalent. There are steps that each of us can do to prevent falling. Daily exercises, decluttering our rooms, and wearing leather shoes on carpet instead of rubber are all great ways to promote safety. We encourage residents to use their pendant for assistance as needed as well. If you notice you are feeling weaker or maybe your gait is more impaired we can get home health to come in for different services for fall prevention. Everyone has their own plan already in place. If you would like to discuss a fall prevention plan for yourself or loved one, please feel free to contact me.



At Arbor House Assisted Living Waco, our personalized services are designed for those who desire the finer things in life. Since we believe life improves with age, we have created special services and carefree environment that promotes independence and dignity without all of the concerns associated with maintaining a home. The array of fine services we offer reflect our goal of enhancing quality of life for our residents. Most importantly, our services are delivered with respect and sensitivity. We understand that individual needs vary, so our personalized services are tailored to meet the

specific needs of each resident. Whether it be a hobby, exercise, or leisure, we offer our residents the opportunity to pursue individual desires. Arbor House offers a choice of private suites designed to meet diverse needs and tastes. Our spacious and inviting accommodations await and welcome the personal touches and cherished collectibles that truly make a house a home. Our residents enjoy the outdoors in our beautifully appointed courtyards. All the best in life in the company of good friends, the indulgence of gracious amenities, and the security of caring, personalized services await you at Arbor House. We invite you to become a part of our special residence dedicated to providing you with the best in life.



Arbor House of Waco
2418 Marketplace
Waco, Texas 76711
Main: 254/294-8672
Fax: 254/294-8655
www.arborhouseliving.com



@ Arbor House Assisted Living